

Voices of the Hungry

FOOD INSECURITY EXPERIENCE SCALE

ONE METRIC FOR THE WORLD

How food insecurity is experienced

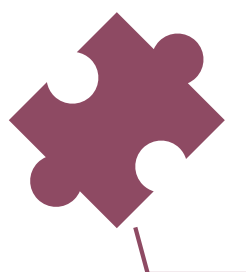
Research shows that people all over the world experience food insecurity in a similar way.



- 1) Uncertainty regarding ability to obtain food
- 2) Decreasing food QUALITY and VARIETY
- 3) Reduced QUANTITY of food consumed
- 4) Experiencing HUNGER

A piece that was missing

For a deeper understanding of the potential determinants and consequences of food insecurity, data from the Food Insecurity Experience Scale (FIES) can be used with other indicators.



WHAT is the FIES

The FIES is a validated tool to measure the severity of food security at individual or household level. After being endorsed by experts, it is now applied in over 140 countries. The FIES is available for governments, NGOs etc. for national or local surveys.

REASONS to use the FIES

The FIES provides reliable information about the severity of people's food insecurity quickly and at low cost by asking eight simple questions about their access to adequate food.



The FIES brings us a step closer to hearing the voices of the people who struggle every day to have access to safe and nutritious food.



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www.fao.org/in-action/voices-of-the-hungry