Girls and women have full and equal rights and should have equal benefits and opportunities. Special attention should be given to the problems that women and vulnerable and disadvantaged groups, including people affected by HIV/AIDS, face in getting food.

Some facts about my country

There are about 27 million people living in Uganda. The country is rich in natural resources and produces enough food to feed its population. However, four out of five people live on less than one dollar a day. One out of five, or about 4.5 million Ugandans, are hungry. They are the poor, refugees, women and children, orphans and families living with HIV/AIDS. Food insecurity and poverty are highest in the countryside where nine out of ten people live.

Women in Uganda produce eighty per cent of the food, but have no right to own land. Over 1 million people are living with HIV/AIDS and 880 thousand children are orphaned by it. Currently, Uganda has a very strong HIV/AIDS prevention campaign and is one of the few countries that has actually reduced the rate of HIV/AIDS infection.

Read our story to find out...

How we got the chance to go to school, just like our brother.

What we did to warn our community about the dangers of HIV/AIDS.

How good nutrition and health care can help people with HIV/AIDS.
No One Left Behind

IN A SMALL VILLAGE IN THE SOUTH OF UGANDA
MRS. MUBANGA STANDS OUTSIDE HER HUT.

Joseph! Time to go to school! Tina, Jane! Go and fetch some water and firewood please.

I would also like to go to school but father said he has only got enough money to pay Joseph’s school fee.

Bye!
See you!

Ever since we had to leave school, all we have been doing is fetch water, collect firewood, weed and make sure Joseph has his meals.

And then we will have to get married at 14 or 15 like Mary... Mother’s project is our last hope!

Water, wood, kitchen; water, wood, kitchen... I am so tired and bored...

IN THE MEANTIME, MRS. MUBANGA ATTENDS A TRAINING COURSE.

We shall supply you with some hens and equipment for your chicken shelter. Good luck!

Thank you! I shall do my best.

Congratulations Mrs. Mubanga! You have successfully finished our training course and you are ready to start raising and selling your own chickens.
A year later Mrs. Mubanga's shelter has 50 chickens. The family has built a new house and the girls are back in school.

I am off to the market to sell the eggs.

Okay, see you later.

Joseph, girls! Time to go to school!

May I take some eggs for Alice and Fred, mama?

Sure, and invite them for dinner tonight.

See you later, mama!

ON THE WAY TO SCHOOL TINA AND JANE SEE A NEW WATER POINT.

Isn't it great?! No more walking for hours to get water!
**Uganda**

**Latrine:** a specific area used as a toilet
**No One Left Behind**

**THE LESSONS ARE ALMOST FINISHED...**

OK, enough for today. See you all tomorrow. Theatre group may stay. Your director Ms. Bagambe is coming soon.

All of us have to do our best to avoid HIV/AIDS. It is everybody’s responsibility. Our whole nation is working to overcome this terrible disease. There are educational programmes, information campaigns, new testing services and better treatment.

Let's go and see Alice after the theatre group. I have got some eggs for her.

TODAY THE GIRLS REHEARSE A PUPPET SHOW ABOUT THE PREVENTION OF AIDS.

Hello, girls! How are you today?

Maybe she needs some help...

Our puppet show is not just fun, it is very important for teaching our community. It might prevent the spread of HIV/AIDS!

In Uganda there are a lot of children who lost their parents to AIDS. Today we will rehearse a puppet show.

**HIV:** Human Immunodeficiency Virus - infection which may cause AIDS

**AIDS:** Acquired Immunodeficiency Syndrome - a group of diseases caused by HIV infection
This is a story of Brenda, a 16-year old girl whose dream is to become a nurse.

Brenda’s parents are poor and cannot send her to a nursing school. One day a rich businessman offers to pay her fee. In return, Brenda has to become his “girlfriend”.

But Brenda is strong. She says no and walks away.

HIV/AIDS is a killer in Brenda’s village and she wants to avoid it. She was taught that she can do so by putting off sex.

But the “sugar daddy” continues to bother Brenda.

*sugar daddy*: a wealthy older man who gives a young person expensive gifts in return for friendship or sex
Leave me alone! Sex can be dangerous these days! No gift is worth my life!

Do you know that prisons are filling up with men who try to have sex with young girls? I am going to report you to the police! It will bring shame on you, a married man!

Okay, okay, Brenda. I was just joking! No need to report to the police. I shall leave you alone, but please do not say anything to the police.

Well done, girls! The show will be a great success, I am sure.

But what really matters is that you will talk openly about HIV/AIDS. I know, it is not easy to talk about AIDS. But this is the only way to fight the deadly disease.

And now let us close with our usual song.
Junior Farmer Field and Life School: teaching children and young adults about growing food, nutrition, health and HIV/AIDS
That is too bad! Your brother needs to eat three good meals a day and snacks in between. Even if he does not feel like eating! Here, take these eggs. There is enough for both of you.

Is he drinking plenty of water?

A cup or two a day...

That is nothing! He needs to replace lost water. Let us prepare a drink for him.

By the way, talking about doctors... Fred needs to see the doctor. Adults and children living with HIV/AIDS should receive special medical care. The government is working to expand the treatment.

Jane, where did you learn this?

She wants to be a doctor!

Tomorrow you will take Fred to the doctor, Alice.

But that will be tomorrow. Tonight come to our house for dinner and bring Fred with you!

We are having chicken.

Thank you so much for caring about us! You are real friends!

The End
Have you thought about...
- how mother’s project changed the life of Tina and Jane’s family?
- how going to school can help Tina and Jane have a better future?

Is it fair that...
- women have fewer chances than men to go to school, own land, inherit property, get a loan?
- some girls have to sell their bodies and risk getting HIV/AIDS in order to survive?
- people living with HIV/AIDS are discriminated against?

Everyone can do something
Find someone near you who needs help and support and do what you can to help them.

So, what do YOU think?
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Thank you!
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The Food and Agriculture Organization of the United Nations (FAO) was founded in 1945 to help countries improve nutrition and agriculture and better the lives of rural people.

With 190 members, FAO works across the globe to fight poverty and hunger and achieve food security - access by all people at all times to the food they need to lead active and healthy lives.

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The World Association of Girl Guides and Girl Scouts (WAGGGS) is a worldwide movement providing non-formal education where girls and young women develop leadership and life skills through self-development, challenge and adventure. Girl Guides and Girl Scouts learn by doing. The World Association brings together Girl Guiding and Girl Scouting Associations in 144 countries. It is the voice of girls and young women who influence issues they care about and build a better world.

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Read our stories about everyone’s right to have enough food to eat every day

Learn why people are hungry and malnourished

Learn how clean water is needed for good food and health

Discover what we need to be able to make the right food choices

Know that we all have equal rights and should have equal benefits and opportunities

Get involved! We are all responsible for helping end hunger

Discover that people have the right to have a say in decisions and actions that affect their right to food

See how some actions take away our access to food

See what can be done to help people who need food but cannot get it themselves

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