The prevalence of adult obesity in the world is not uniform. In 2016, the top 20 countries with the highest prevalence of obesity were primarily located in the Pacific Islands, the Near East, and North Africa (Figure 57). Among these, Nauru had the highest proportion of the population being obese, at 61 percent. Multiple forms of malnutrition coexist in many of these countries; for example, in Egypt, the prevalence of child stunting was 22.3 percent in 2014 (Table 45), while the prevalence of adult obesity was 32 percent in 2016 (Table 46).

Source: FAOSTAT
https://doi.org/10.4060/cb1329en-fig56

FIGURE 56.
PREVALENCE OF OBESITY IN THE ADULT POPULATION, TOP COUNTRIES (2016)

Source: FAOSTAT
https://doi.org/10.4060/cb1329en-fig57