STEVIOL GLYCOSES

Prepared at the 73rd JECFA (2010) and published in FAO JECFA Monographs 10 (2010), superseding specifications prepared at the 69th JECFA (2008) and published in FAO JECFA Monographs 5 (2008). An ADI of 0 - 4 mg/kg bw (expressed as steviol) was established at the 69th JECFA (2008).

SYNONYMS
INS no. 960

DEFINITION
The product is obtained from the leaves of Stevia rebaudiana Bertoni. The leaves are extracted with hot water and the aqueous extract is passed through an adsorption resin to trap and concentrate the component steviol glycosides. The resin is washed with a solvent alcohol to release the glycosides and the product is recrystallized from methanol or aqueous ethanol. Ion exchange resins may be used in the purification process. The final product may be spray-dried.

Stevioside and rebaudioside A are the component glycosides of principal interest for their sweetening property. Associated glycosides include rebaudioside B, rebaudioside C, rebaudioside D, rebaudioside F, dulcoside A, rubusoside and steviolbioside which are generally present in preparations of steviol glycosides at levels lower than stevioside or rebaudioside A.

Chemical name
- **Stevioside**: 13-[(2-O-β-D-glucopyranosyl-β-D-glucopyranosyl)oxy]kaur-16-en-18-oic acid, β-D-glucopyranosyl ester
- **Rebaudioside A**: 13-[(2-O-β-D-glucopyranosyl-3-O-β-D-glucopyranosyl-β-D-glucopyranosyl)oxy]kaur-16-en-18-oic acid, β-D-glucopyranosyl ester

C.A.S. number
- Stevioside: 57817-89-7
- Rebaudioside A: 58543-16-1

Chemical formula
- Stevioside: C_{38}H_{60}O_{18}
- Rebaudioside A: C_{44}H_{70}O_{23}
The nine named steviol glycosides:

<table>
<thead>
<tr>
<th>Compound name</th>
<th>R1</th>
<th>R2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stevioside</td>
<td>β-Glc</td>
<td>β-Glc-β-Glc(2→1)</td>
</tr>
<tr>
<td>Rebaudioside A</td>
<td>β-Glc</td>
<td>β-Glc-β-Glc(2→1)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>β-Glc(3→1)</td>
</tr>
<tr>
<td>Rebaudioside B</td>
<td>H</td>
<td>β-Glc-β-Glc(2→1)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>β-Glc(3→1)</td>
</tr>
<tr>
<td>Rebaudioside C</td>
<td>β-Glc</td>
<td>β-Glc-α-Rha(2→1)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>β-Glc(3→1)</td>
</tr>
<tr>
<td>Rebaudioside D</td>
<td>β-Glc-β-Glc(2→1)</td>
<td>β-Glc-β-Glc(2→1)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>β-Glc(3→1)</td>
</tr>
<tr>
<td>Rebaudioside F</td>
<td>β-Glc</td>
<td>β-Glc-β-Xyl(2→1)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>β-Glc(3→1)</td>
</tr>
<tr>
<td>Dulcoside A</td>
<td>β-Glc</td>
<td>β-Glc-α-Rha(2→1)</td>
</tr>
<tr>
<td>Rubusoside</td>
<td>β-Glc</td>
<td>β-Glc</td>
</tr>
<tr>
<td>Steviolbioside</td>
<td>H</td>
<td>β-Glc-β-Glc(2→1)</td>
</tr>
</tbody>
</table>

Steviol (R1 = R2 = H) is the aglycone of the steviol glycosides. Glc, Rha and Xyl represent, respectively, glucose, rhamnose and xylose sugar moieties.

Formula weight
Stevioside: 804.88
Rebaudioside A: 967.03
**Assay**
Not less than 95% of the total of the nine named steviol glycosides on the dried basis.

**DESCRIPTION**
White to light yellow powder, odourless or having a slight characteristic odour. About 200 - 300 times sweeter than sucrose.

**FUNCTIONAL USES**
Sweetener

**CHARACTERISTICS**

**IDENTIFICATION**

<table>
<thead>
<tr>
<th>Property</th>
<th>Specification</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Solubility</strong> (Vol. 4)</td>
<td>Freely soluble in water</td>
</tr>
<tr>
<td><strong>Stevioside and rebaudioside A</strong></td>
<td>The main peak in the chromatogram obtained by following the procedure in Method of Assay corresponds to either stevioside or rebaudioside A.</td>
</tr>
<tr>
<td><strong>pH</strong> (Vol. 4)</td>
<td>Between 4.5 and 7.0 (1 in 100 solution)</td>
</tr>
</tbody>
</table>

**PURITY**

<table>
<thead>
<tr>
<th>Property</th>
<th>Specification</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total ash</strong> (Vol. 4)</td>
<td>Not more than 1%</td>
</tr>
<tr>
<td><strong>Loss on drying</strong> (Vol. 4)</td>
<td>Not more than 6% (105°, 2h)</td>
</tr>
<tr>
<td><strong>Residual solvents</strong> (Vol. 4)</td>
<td>Not more than 200 mg/kg methanol and not more than 5000 mg/kg ethanol (Method I in Vol. 4, General Methods, Organic Components, Residual Solvents)</td>
</tr>
<tr>
<td><strong>Arsenic</strong> (Vol. 4)</td>
<td>Not more than 1 mg/kg</td>
</tr>
<tr>
<td><strong>Lead</strong> (Vol. 4)</td>
<td>Not more than 1 mg/kg</td>
</tr>
</tbody>
</table>

**METHOD OF ASSAY**
Determine the percentages of the individual steviol glycosides by HPLC (Vol. 4) under the following conditions.

**Reagents**
Acetonitrile: more than 95% transmittance at 210 nm.

**Standards**
Stevioside: more than 99.0% purity on the dried basis.
Rebaudioside A: more than 99.0% purity on the dried basis.
Mixture of nine steviol glycosides standard solution: Containing stevioside, rebaudioside A, rebaudioside B, rebaudioside C, rebaudioside D, rebaudioside F, dulcoside A, rubusoside and
steviolbioside. This solution is diluted with water-acetonitrile (7:3) accordingly and is used for the confirmation of retention times. Standards are available from Wako Pure Chemical Industries, Ltd. Japan and ChromaDex, USA.

**Standard solution**
Accurately weigh 50 mg of stevioside and rebaudioside A standard into each of two 50-ml volumetric flasks. Dissolve and make up to volume with water-acetonitrile (7:3).

**Sample solution**
Accurately weigh 50-100 mg of sample into a 50-ml volumetric flask. Dissolve and make up to volume with water-acetonitrile (7:3).

**Procedure**
Inject 5 μl of sample solution under the following conditions.
Column: Capcell pak C18 MG II (Shiseido Co.Ltd) or Luna 5μ C18(2) 100A (Phenomenex) or equivalent (length: 250 mm; inner diameter: 4.6 mm, particle size: 5μm)
Mobile phase: 32:68 mixture of acetonitrile and 10 mmol/L sodium phosphate buffer (pH 2.6)
Flow rate: 1.0 ml/min
Detector: UV at 210 nm
Column temperature: 40°
Record the chromatogram for about 30 min.

**Identification of the peaks and Calculation**
Identify the peaks from the sample solution by comparing the retention time with the peaks from the mixture of nine steviol glycosides standard solution (see under figure). Measure the peak areas for the nine steviol glycosides from the sample solution. Measure the peak area for stevioside and rebaudioside A from their standard solutions.
Calculate the percentage of each of the eight steviol glycosides except rebaudioside A in the sample from the formula:

\[
%X = \left(\frac{W_S}{W}\right) \times \left(\frac{f_x A_x}{A_S}\right) \times 100
\]

Calculate the percentage of rebaudioside A in the sample from the formula:

\[
%\text{Rebaudioside A} = \left(\frac{W_R}{W}\right) \times \left(\frac{A_x}{A_S}\right) \times 100
\]

where
X is each steviol glycoside;
W_S is the amount (mg) calculated on the dried basis of stevioside in the standard solution;
W_R is the amount (mg) calculated on the dried basis of rebaudioside A in the standard solution;
W is the amount (mg) calculated on the dried basis of sample in the sample solution;
A_S is the peak area for stevioside from the standard solution;
A_R is the peak area for rebaudioside from the standard solution;
\( A_X \) is the peak area of \( X \) for the sample solution; and 
\( f_X \) is the ratio of the formula weight of \( X \) to the formula weight of stevioside: 1.00 (stevioside), 1.20 (rebaudioside A), 1.00 (rebaudioside B), 1.18 (rebaudioside C), 1.40 (rebaudioside D), 1.16 (rebaudioside F), 0.98 (dulcoside A), 0.80 (rubusoside) and 0.80 (steviolbioside).

Calculate the percentage of total steviol glycosides (sum the nine percentages).

Figure. Chromatogram of mixture of nine steviol glycosides standard solution

- Column: Capcell pak C\textsuperscript{18} MG II
- Concentration: 0.5 mg/ml each except rebaudioside F (about 0.1 mg/ml)