

FOOD CONSUMPTION

The sample may represent households or individuals, depending on the survey (specified in foot-note).
The time period may be 24-hour or 7-day period preceding the interview (or otherwise specified).

Indicator	Definition	Data source	Web page access source	French term
Average food consumption of major food groups	Average intake of major food groups expressed in grams (g) per person a day.	Data locally available	–	Consommation alimentaire moyenne des principaux groupes d'aliments
Energy intake	Total energy intake, expressed in kilocalorie (kcal) per person a day.	Data locally available	–	Apport énergétique
Percentage of energy from protein	Share of energy provided by protein in the total energy intake.	Data locally available	–	Pourcentage de l'énergie provenant des protéines
Percentage of energy from lipid	Share of energy provided by lipid in the total energy intake.	Data locally available	–	Pourcentage de l'énergie provenant des lipides
Protein (g)	Protein intake expressed in grams (g) per person a day.	Data locally available	–	Protéines (g)
Percentage protein from animal origin	Share of protein provided by foods of animal origin in the total protein intake.	Data locally available	–	Pourcentage de protéines d'origine animale
Lipid (g)	Lipid intake expressed in grams (g) per person a day.	Data locally available	–	Lipides (g)
Percentage lipid from animal origin	Share of lipid provided by foods of animal origin in the total lipid intake.	Data locally available	–	Pourcentage de lipides d'origine animale
Percentage of energy intake provided by the major foods groups	Share of energy provided by each food group in the total energy intake.	Data locally available	–	Pourcentage de l'apport énergétique provenant des principaux groupes d'aliments