Improving nutrition, and ensuring everyone has access to a healthy diet, is not the responsibility of the individual alone. Nutrition is a public issue that must be addressed primarily by governments in collaboration with other stakeholders, including civil society, the private sector and academia.

MALNUTRITION HAS MANY FORMS

Stunting
161 million children under 5 have low height-for-age because of chronic hunger

Wasting
51 million children under 5 have low weights-for-height because of acute hunger

Micronutrient deficiencies
More than 2 billion people are deficient in micronutrients like vitamin A, iodine, iron & zinc

Overweight
42 million children under 5 are overweight

Obesity
More than 500 million adults are obese

WHAT NEEDS TO BE DONE

Eradicate hunger and prevent all forms of malnutrition

Increase investments in effective interventions and actions to improve people’s diets and nutrition at all stages of life

Implement coherent public policies across relevant sectors, from production to consumption

Make food systems more sustainable

Provide consumers with clear nutrition information so they can make informed food choices

Protect, promote and support breastfeeding

Protect consumers, especially children, from inappropriate marketing and publicity of food

Use the Framework for Action to implement the above commitments

Post•2015
Integrate the vision of the Rome Declaration on Nutrition into the post-2015 development agenda

WORKING TOGETHER FOR BETTER NUTRITION

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MORE THAN 500 MILLION ADULTS ARE OBESIVE

161 MILLION CHILDREN UNDER 5 HAVE LOW HEIGHT-FOR-AGE BECAUSE OF CHRONIC HUNGER