PART I – General information

INTRODUCTION
In many areas of the world, finding the type of timber needed to build a good quality wooden boat is becoming a problem. As a result, fibreglass reinforced plastic (FRP) is beginning to be used by many wooden boat builders; however, their skills in working with this material are not always as good as their woodworking skills.

Because FRP laminate is not transparent, it can be difficult to determine whether structural quality of the laminate is good or bad. When delivered from the boatbuilder, the surface appearance of the laminate could be good, while the deeper layers may be of poor quality or strained from fatigue. Too often such faults are only detected by fishermen suddenly and far out at sea, too late for preventive action.

What is fibreglass reinforced plastic?
Fibreglass reinforced plastic, or FRP, is a composite of several materials (mainly fibreglass fibres and resin) laid down in alternating layers and hardened to form a solid laminate. For comparison, wood fibres in a tree are held together by their natural glue, Lignin. Similarly in FRP, layers of fibreglass material are glued together with polyester resin. Both in a tree and in fibreglass reinforced plastic laminate, the fibres give strength to the structure, and lignin and resin hold the fibres together, creating stiffness, and distributing the load among the fibres.

If put together correctly, the laminate can be both strong and stiff with good resistance to fatigue and the influence of water. If constructed poorly, the laminate might still look good on the surface, but due to its poor quality, could degrade and collapse in half the expected lifetime or even less.

This basic manual concentrates on the process of preparing the mould and constructing an FRP boat by glueing together layers of bonded fibreglass fibres called chopped strand mat (CSM) with a resin called General Purpose Orthoptalic Polyester (Polyester). The fibreglass could also be glued together with other resins, like vinylester or epoxy.

The chemical, oil-based resin is toxic and flammable: therefore, safety considerations are important when working with this material. These precautions are set out in the following pages.
MATERIAL DESCRIPTION AND HANDLING

FIGURE 2
Fibreglass – CSM (chopped strand mat)

Chopped strand mat (CSM) consists of randomly oriented fibres from 25 to 50 mm (1–2 inches) in length, held together with a styrene soluble PVA binder.

The types of CSM to be used for the 4.5 m MDV-1 are 300 g/m² and 450 g/m². The 300 g/m² CSM is mainly used for the “skin coat” or “first layer”, instead of a surface tissue, and the 450 g/m² is used for the “bulk layers”.

It is very important to keep the CSM dry and free from contamination.

FIGURE 3
Polyester resin

The most commonly used polyester resin is a GP (General Purpose) Ortho-Polyester. This resin, when mixed with 1 percent of methyl ethyl keytone peroxide (MEKP) catalyst, typically has a gel time of 8-15 minutes at 30 ºC. When stored in the dark and below 25 ºC, the resin can remain stable for six months.

When stored at standard tropical temperatures, stability will be reduced to three to four months from production date (as shown on the label attached to the drum).
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FIGURE 4
Gelcoat/topcoat

Date of production is written on the container label, and storing stability is the same as for polyester resin.

The gelcoat comes unpigmented but colour can be added. Use no more than 10 percent and mix thoroughly at slow speed using a “blender” attachment on a power drill, prior to application. Add no more than 2 percent hardener to the gelcoat.

Topcoat is made by mixing 4 percent of wax into the prepared gelcoat. Topcoat will air-dry on the surface and is often used as a finish coat.

FIGURE 5
Hardener/catalyst

The hardener, also called catalyst, is used to make the polyester cure. It is extremely corrosive, and special care must be taken in handling and storage. Wear safety glasses and rubber gloves for personal protection.

When hardener and resin are mixed, the chemical reaction generates heat (exotherm). If hardener is spilled in quantity, it may react quickly with other materials and cause a fire. Hardener should be stored separately from polyester.

If accelerator is used to make a fast-cure “fixing putty”, the accelerator must be mixed thoroughly with the putty before hardener is added. Mixing accelerator and hardener together will cause an explosion. When temperatures are near to 37 ºC, follow the manufacturer’s advice and use a minimum 1 percent of hardener which will result in a shorter geltime. For ease of working, prepare this mixture in smaller batches.
Acetone

Acetone is a liquid solvent, much used to dissolve and remove polyester from brushes, rollers and other tools before the polyester sets up or cures. Acetone can be absorbed through skin and stored in the body. It also removes the natural oils that keep skin flexible and healthy. Extensive use of acetone over long periods without proper protection can have serious health implications. Direct contact should be avoided by the use of protective gloves when working with acetone. Hands should not be washed in acetone.
Styrene
Styrene is a standard ingredient in polyester resin. It is also a solvent and can be used to lower the viscosity of polyester and gelcoat. While styrene is also necessary for the curing process, more than 5 percent should not be used. Higher amounts can unbalance the curing process and weaken the finished laminate. When repairing old laminates, a light styrene wipe prior to laminating can improve the bond between old and the new polyester laminates. Styrene is also effective for cleaning moulds.

Polyurethane foam
Pourable polyurethane foam (PU) may be used inside thwarts and other hollow cavities for floatation. To make the foam, two liquids, delivered in separate cans A and B, must be mixed in equal amounts (1:1) for proper expansion and cure. The amount of liquid needed to achieve the desired volume should be confirmed before use. Typically, 1.6 kg of mixed liquid expands into approximately one cubic foot of foam. PU foam also comes in blocks and sheets in variable densities. Polyester resin can be applied directly onto cured PU foam.

Expanded polystyrene (styrofoam)
This material can also be used for floatation. Styrofoam is generally the cheapest foam available and comes in blocks and sheets. However, it is easily damaged by solvents and melts on contact with acetone, styrene and gasoline. This means that it is not practical to laminate directly on Styrofoam without isolating it with solvent-proof plastic. Expanded Polystyrene also absorbs water when exposed for long periods. It therefore has to be waterproofed, for example, with bitumen emulsion.

Material storage
Precautions to be taken when handling and storing FPR materials include the following:

1. Materials received should always be checked against those ordered from the supplier. It should never be assumed that what arrives is what was ordered. Lot number and date of production and/or expiry must be checked as soon as the containers arrive. If the product is old or of a different quality than ordered, it should be returned at cost to the supplier. Such cross-checking is important because if the boat breaks down due to use of inappropriate raw materials, the boat owner will blame the builder not the supplier.

**BOX 1**

GOOD VENTILATION IS EXTREMELY IMPORTANT WHEN WORKING WITH POLYESTER RESIN, STYRENE AND ACETONE! THE FUMES CAN BE HARMFUL TO HEALTH.

WHEN PU FOAM IS CURING, ICOCYANATE GASES DEVELOP THAT ARE ALSO HARMFUL IF INHALED.

Note that discarded chemicals, hardened resins, and foams all have short- and/or long-term negative effects on the environment.
2. The supplier should be asked for technical data sheets for each product which should then be retained for future reference (example given in Appendix 5). Data sheets should give all the physical and technical properties required by the boat designer to produce a quality product. Resins can vary widely in characteristics such as viscosity and strength. Data sheets also provide key information like proper mixing ratios and the critical temperature ranges suitable for laminating.

3. Fibreglass (chopped strand mat) should be kept dry and clean. This is of great importance but difficult to achieve in a hot and humid climate. The fibreglass mat should be kept in a dry and ventilated room. If there is much dust or contamination in the air or if there is a possibility of rain, cover the material in plastic.

4. Polyester and gelcoat should, if possible, be stored at less than 25 ºC. The shelf life becomes greatly reduced at higher temperatures.

5. Thorough mixing of gelcoat and resins, in their original container, is required before use. According to existing standards, resin is supposed to be mixed for 10 minutes every day to keep additives from separating and settling to the bottom of the drum. If not stirred before use, additives in gelcoat sometimes separate and rise to the top of the container.

6. For best results when doing the lamination, the raw materials, the mould and the working environment, should all be at the same temperature.

If the temperature is much above 30 ºC, for example 37 ºC, geltime will be shortened. If the temperature is considerably lower than 30 ºC, risk of insufficient curing is high. Lower temperatures and high humidity can also cause “aligatoring” (wrinkling) of the gelcoat.

If air humidity rises to above 80 percent, the binder in the CSM will absorb moisture and the reinforcement (CSM) will get “wet”, that is to say, lose its strength.

A common solution to many of these problems is for lamination work to be done in the morning before the sun gets too hot or the humidity rises.
Facilities
In a tropical climate, FRP materials must be stored in conditions as dark and cold as possible to ensure maximum shelf-life.

In colder climates, if the materials are stored near 0 °C or colder, remember that a drum of polyester takes approximately one week at room temperature (18 to 23 °C) to warm up to working temperature.
TOOLS TO BE USED
Apart from the moulds themselves a few specialized hand tools are necessary.

- **FIGURE 11**
  Storage of FRP materials

- **FIGURE 12**
  Work area

  It is very important to protect the work area and FRP materials from the influence of the sun, wind and rain.

  Similar care is important for storage of the raw materials.

  If a shelter like the one shown at left is not possible, a temporary shelter should be constructed using for instance, canvas.

- **FIGURE 13**
  This picture shows examples of some tools used when building a 4.5 m fishing boat.

  - The **brushes** are best for applying gelcoat but can also be used for getting polyester resin into tight corners and onto small details.
  - **Resin rollers** of different sizes can be used. They should be made of materials that will not be damaged by solvents.
  - A variety of **compacting rollers** are employed for different applications. The rollers must be used firmly but not too hard. Compacting must stop as soon as the resin starts to gel. Continued use of rollers at this time will only create air bubbles not remove them.
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FIGURE 14

The 60 (or courser) grit sandpaper is used to sand the laminate first. The 80 and 120 grit sandpapers are used for medium finish work.

Wet sandpaper should be in these grits: 240, 400, 600, 800, 1000, and 1200. These are intended for finish work on the mould and on the gelcoat of the hull.

FIGURE 15

Funnels are handy for pouring polyester safely into smaller containers when larger buckets are not being used.

Transparent measuring containers of several sizes are useful for measuring polyester and gelcoat.

A weight scale is an alternative for measuring small amounts of gelcoat and polyester and also for weighing fibreglass.

FIGURE 16

A variety of syringes can be used for correctly measuring very small amounts of hardener.

A typical cap from a soda bottle can usually hold around 5ml of hardener.
Rubber mallets are useful for careful tapping of moulds to help with demoulding.

A regular hammer is more useful for driving in wooden wedges inserted around the edge of the mould.

Combination wrenches are used for mounting bolts and nuts on the fender and with cleats, eye bolts and u-bolt.

A spanner (adjustable wrench) is also handy for holding bolts and nuts during tightening.

Two sizes of masking tape are used for a variety of tasks. It can be used to keep two different colours of gelcoat separate on the hull during construction or when isolating an area for repair operations. Tape is also handy for securing a plastic cover used for protection against dust or rain.

Scrapers with handles are used for spreading putty.

A regular knife or utility-type knife with extra blades can be used for cutting dry reinforcement (CSM) or “soft” laminate from edges.

Screwdrivers are needed for mounting stainless steel cleats and drain plugs.

CSM can also be cut with scissors or torn gently by hand.

A wood chisel is handy for removing bumps and cured strands of fibreglass.

A regular hammer is more useful for driving in wooden wedges inserted around the edge of the mould.

Combination wrenches are used for mounting bolts and nuts on the fender and with cleats, eye bolts and u-bolt.

A spanner (adjustable wrench) is also handy for holding bolts and nuts during tightening.
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FIGURE 20

A wood saw can be used for cutting foam.

A hacksaw can be used for cutting both cured laminate and stainless steel bolts.

FIGURE 21

An electric drill should be available with a full set of twist bits and flat wood bits of different sizes for countersinking the 6 mm bolts for wooden fenders.

Hard metal hole saw attachments are used with the electric drill for making larger holes in the FRP laminate.

FIGURE 22

Electric disc grinders are mainly used for sanding away damaged FRP, but also for abrading the laminate prior to assembly and to improve secondary bonding. They can be be fitted with rubber backing discs for use with 40 grit sandpaper.

Carborundum cutting and grinding discs can be attached and used for cutting or grinding cured laminate and cutting off stainless steel bolts.

The machine at the right of exhibit is excellent for flattening large areas.
Fishing boat construction: 4. Building an undecked fibreglass reinforced plastic boat

**FIGURE 23**

Belt sanders are excellent for sanding in preparation for repairs and for getting into tight corners.

**FIGURE 24**

A power saw with a laminated hard metal blade, like the one shown at here, is useful for cutting both wood and FRP laminate.

**FIGURE 25**

Brushing gelcoat on to the black surface of the mould is shown at left.

The picture below shows use of a gelcoat thickness or wet film gauge.

**BASIC LAMINATE BUILDING**

1. Prepare the mould by either applying release wax and polishing or applying mould release agent as described in Figure 6. The next step in building an FRP boat is the preparation and application of gelcoat. After the gelcoat has been mixed with
the right amount of hardener, as stated on the data sheet, it is important that the right thickness be applied either by rolling, brushing or spraying. An ideal total thickness of this layer of gelcoat is between 0.4 and 0.8 mm. Gelcoat thickness can be measured using a simple “wet film gauge” obtained from the gelcoat supplier. A gelcoat thickness gauge can also be made from a piece of metal. For practical reference, a generous layer of gelcoat applied by brush is around 0.25 to 0.3 mm so that two layers should be sufficient.

This initial layer of gelcoat must be properly cured before lamiation can start. It is best to wait three to four hours for curing to be complete. If laminating starts sooner than one and a half hours after gelcoating, there is a danger that the polyester will soften up the gelcoat causing it to wrinkle. This effect is called “aligatoring”.

To achieve a good primary bond between gelcoat and polyester resin, the lamination process should be started as soon as possible after four hours and definitely within 24 hours of gelcoat application. This rule also applies for the “open time” (working time) of the polyester to ensure a good primary bond between laminate layers. (Primary bond is discussed in more detail in Part III – Maintenance and repair). Precautions should be taken against contamination of the gelcoat surface. If a mould with fresh gelcoat is left overnight in an open shed, the mould should be covered with light plastic. This is especially important in wet or windy weather or other conditions that might result in gelcoat contamination.

All required materials should be prepared before starting to laminate over gelcoat. The fibreglass resin should be thoroughly stirred and at room temperature before hardener is added and mixed. Once resin is mixed with hardener, all steps needed to build a layer of laminate must be completed quickly as the mixture can be worked for only 10–15 minutes. Suppliers should provide a technical paper detailing how long polyester at a certain temperature with a specific amount of hardener can be worked. An example of a technical data paper for general purpose ortho polyester is attached as Appendix 5.

2. Only mix as much polyester and hardener as can be applied to the fibreglass mat in the time available. A small amount of polyester mixed in large container, as shown in Figure 27, is less likely to start gelling early than if the same amount of polyester is mixed in a small container. The difference in gell time is caused by increased exotherm buildup. This problem can also occur if laminates are too thick.

3. Follow the initial steps set out in the section Material description and handling and make sure you use the correct amount of hardener for a good cure.

![FIGURE 27](image)

A handy tool for measuring hardener can be made by attaching a piece of steel wire to a bottle cap. A syringe can be used to measure the exact amount contained in the bottle cap.

A typical cap from a soda bottle will hold 5 ml of hardener. To measure 1 percent of hardener by volume, one capful is sufficient for 500 ml (1/2 litre) of polyester.
A coat of polyester resin should always be applied before laying on the fibreglass mat. The metal roller is effective for working out any air bubbles and for compacting the resin and fibreglass layers together.

If measuring polyester resin with a one litre instead of a one kilogram measure, the fractional difference between volume and weight is close enough to say one kilogram equals one litre. For either measure, there will be no significant loss of quality when working with these materials on a sturdy structure such as the MDV-1 boat.

4. The first layer, or “skin coat”, consists of resin and a 300 g mat. There should be no bumps or contamination on the cured gelcoat prior to starting the lamination. It is vital that all air bubbles are carefully worked out and the first layer is allowed to cure for 4 to 6 hours, maybe even overnight, before the next layer is added. For the skin coat, it is especially important that the fibreglass mat be torn (as shown in Figure 28), rather than cut. For this layer, the pieces of mat should be placed edge to edge with no overlap. This technique provides a smooth transition between the skin coat and subsequent layers, and does not interfere with the structure of the boat. Since the skin coat is not a structural layer, joining fibreglass pieces together in this way does not interfere with overall strength of the final product.
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Figure 30 shows the right amount of fibreglass (chopped strand mat) and polyester to use in a CSM laminate, and how to stagger/overlap the pieces of fibreglass mat in a structural layer.

5. Continuous visual inspection is very important for quality control. A close watch must be kept to detect surface contamination and trapped air. If the fibreglass is too wet, the laminate will turn white. If the exotherm builds up too quickly, the color of the laminate will change and appear aerated/foamy. If too much polyester has been used, wet puddles will occur. The boat builder is usually the only person who can detect and correct such faults, and when the next layer of laminate is in place, the faults will be invisible. If such faults are not corrected immediately, the finished new boat will already have minor, or major, weaknesses.

6. For construction of the 4.5 m MDV-1 fishing boat, only CSM is used for ease of working and not woven roving. A main concern when laminating is to assemble each layer at the proper time interval. The laminate should be allowed to cool down after the curing process (exotherm) before starting on the next two layers but the work must be completed within 24 hours. The topic of primary and secondary bonding and preparation of the surface to be laminated are set out in more detail in Part III under “Repairing structural damage”.

FIGURE 30
Fibreglass to polyester resin volume
HEALTH AND SAFETY ISSUES

Personal and environmental safety when working with fibreglass reinforced plastics

Personal safety

1. Eye safety
   In all industrial environments, protection is needed to prevent objects or chemicals from getting into workers’ eyes. When working with fibreglass reinforced plastics, care is needed to avoid both chemical hazards including anything from eye irritation to severe corrosion, and physical hazards such as irritation from airborne particulates.
   For example, the catalyst/hardener (MEK peroxide) is a severely corrosive liquid. Grinders produce many dangerous airborne particles. In both cases, eye protection mainly in the form of goggles should be worn when working with FRP materials.

2. Breathing safety
   One of the most obvious and important organs to protect in a boatbuilding plant is the lungs. Most boatyards have mechanical ventilation to keep the levels of volatiles, or hazardous fumes, and dust, below an acceptable level. Even if fans/extractors are operating, a suitable respirator should be worn when there is direct
exposure to hazards such as Styrene fumes and fibreglass dust. There may be no immediate indication that exposure to such hazards is having an effect, but in the long term fibreglass dust will collect in the lungs, causing breathing problems and eventually result in lung collapse. The styrene fumes from polyester can cause nerve problems and possible brain damage while the isocyanides released by the curing of polyurethane are poisonous, and the amines released during the curing of epoxy have been linked to cancer.

When working with volatile fumes in a closed area with poor or no ventilation, such as inside a boat, respirators with an external source of fresh air must be worn for protection. Failure to use such protection can result in chemical lung inflammation.

3. Hearing safety
Being exposed to loud sounds, constantly or even periodically, can eventually lead to permanent hearing loss. Ear protection should always be used whenever a power tool, such as a grinder or other noisy machinery is in operation. For safety reasons, extra attention to communications and location of co-workers is necessary when ear protection is in use otherwise you will not always hear if somebody tries to talk to you.

4. Walking and climbing safety
Uncured fibreglass and resin are very slippery. Spills on the floor, steps and scaffolding used for climbing can result in severe falls and other accidents.
Especially when working on larger boats, ease of access wet laminate without causing damage is important. Care is needed when construction and using steps and ladders. Electrical cables can also cause tripping.

**FIGURE 35**
Watch your step!!

Walking on narrow planks and stepping on wet slippery fibreglass must be done with great care.

5. Hand and finger safety
Fibreglass boat construction requires fully functioning hands and fingers. Boatbuilding careers can be lost once hands and/or fingers are damaged or lost.
Disc grinders and power saws should always be equipped with a suitable guard. Although wearing gloves is a very important protection from chemicals and abrasion, they can sometimes hamper the ability to work safely with power tools. It is necessary to balance work so that maximum protection against chemicals and power tools is achieved.

**FIGURE 36**

This photo shows proper use of long sleeved gloves when applying resin.

These workers are also wearing half-mask respirators for protection against volatile fumes like styrene.

Boatbuilders should always have available a generous supply of industrial gloves capable of withstanding the solvents being used.
6. Skin safety
Invisible threats can be just as dangerous as visible ones.
Direct contact with solvents like styrene and acetone must be avoided. They can be absorbed into skin and ultimately the bloodstream. This absorption can result from directly touching the liquids or when the air is heavily polluted with solvents during the use of spray equipment. The effects of repeated, direct contact with solvents are cumulative and long term.

7. Fire hazard safety
Smoking and open fire should not be permitted in a boatbuilding plant or boatyard.
Most materials used for FRP construction are highly volatile and can catch fire quickly. Everyone in the workplace must take responsibility for eliminating fire hazards. The combined effect of smoking cigarettes and inhaling volatile fumes greatly increases negative health risks.
Electrical appliances and power tools must be used with care. Electrical cables represent major risks, including poor wire condition and loose contacts that can cause explosions or start fires. Air powered tools are safer.
Any leakage or spillage of catalyst can pose a significant fire hazard whether spraying or hand laminating.
When too much catalyst is used, or when too much time is spent on some laminating details, resin may begin to set-up in the bucket (early “kick off”). In such circumstances, the exotherm can quickly build up and a fire might result unless the bucket is removed to a safe place and water is put on top of the resin.
Abnormal exotherm build up can also happen when saturated wet fibreglass is discarded into a waste container. Rags, wet with solvent, should not be discarded into the same container.
Mixing accelerator and catalyst (promoter and initiator) together causes explosions.

Workshop safety
1. Controlling dust and fumes
When sanding, the most effective way of controlling dust is at the source. An extraction fan/dust collector with a large hose diameter, or a vacuum cleaner (preferably a “HEPA VAC”) connected to a hose attachment on the grinder itself, is required.
Because it is very difficult to eliminate all dust at the source, a combination of approaches can be useful in maintaining a good working environment in a workshop where several operations are being executed at the same time. In a boatbuilding plant, the most effective approach is to carry out as much of the sanding and grinding as is practically possible in a separate room.

To control fumes, there should always be some sort of air extraction and ventilation in the area where work with painting, gelcoat or laminating takes place. This arrangement minimises the part of the boatbuilding plant where respirators are required.

2. Controlling fire hazards

3. Reducing waste and disposal of material

Plans and good routines for waste disposal are necessary to minimize fire hazards and pollution. Local authorities have regulations on how to handle the hazardous waste. Money can often be saved by separating hazardous and non-hazardous waste.

Careful management of raw materials to avoid wastage also saves money!

4. Raw material storage

Ideally, all raw materials should be stored in separate rooms to retain quality prior to use and for safety reasons. In particular, it is important to keep the catalyst in a separate room from the polyester and gelcoat, to reduce the potential hazard of fire.

5. Documentation

All technical data sheets requested from and given by the supplier for each material purchased, should include everything needed to handle the chemical in a safe way. It is recommended that all technical data sheets be collected in a binder, kept in a safe place and be available to all personnel who may potentially be exposed to these chemicals.