

# CODEX ALIMENTARIUS COMMISSION



Food and Agriculture  
Organization of the  
United Nations



World Health  
Organization

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Agenda Item 5.4

CRD21

## JOINT FAO/WHO FOOD STANDARDS PROGRAMME

### CODEX COMMITTEE ON FATS AND OILS

#### Twenty-Sixth Session

Kuala Lumpur, Malaysia, 25 February- 01 March 2019

(Comments from United States)

#### UNITED STATES

For Agenda Item 5.4, the U.S presents the following information on Avocado Oil

<b>Fatty Acid</b>	<b>%</b>
6:0	ND
8:0	ND
10:0	ND
12:0	ND
14:0	ND-0.1
16:0	4.0-20.0
16:1	0.1-10.0
17:0	ND-0.1
17:1	ND-0.1
18:0	ND-2.7
18:1	55.0-76.0
18:2	9.0-20.0
18:3	ND-2.0
20:0	0.1-0.5
20:1	ND-0.5
20:2	ND
22:0	ND-0.5
22:1	ND-0.1
22:2	ND
24:0	ND-0.2
24:1	ND-0.2
<b>Sterols</b>	<b>%</b>
Cholesterol	ND-0.2
Brassicasterol	ND-2.0
Campesterol	5.0-18.0
Stigmasterol	ND-6.0
Sitosterol	45.0-94.0
Delta-5-avenasterol	3.0-10.0
Delta-7-stigmastenol	ND-13.0*
Delta-7-avenastenol	ND-5.0
Others	ND-15.0
Total sterols (mg/kg)	2500-5500