

NORWAY
Alesund 0711 R



GUIDE TO DELEGATES

34th Session of the Codex Committee on Fish and Fishery Products

WELCOME TO ÅLESUND



It gives us great pleasure to welcome you to Ålesund, the town and district on the 62nd latitude.

The town of Ålesund is the administrative centre of Ålesund Municipality, as well as the principal shipping town of the Sunnmøre district. Ålesund Municipality has a population of 46 000 as of October 2014. It is a seaport, and is noted for its unique concentration of Art Nouveau architecture.



GENERAL INFORMATION

The 34th Session of the Codex Committee on Fish and Fishery Products will be held from October 19th – 24th 2015 in Ålesund, Norway.

The Session will begin at 09:30, Monday, October 19th. The Session will be conducted in English, French and Spanish.

On Sunday there will be two working groups:

COP Scallops: 9:00 – 12:00

COP Sturgeon Caviar: 14:00 – 17:00

There will be a seminar for first time delegates from 18:00-19:00.

ONLINE PRE-REGISTRATION

All participants should provide their information (names and addresses) through the online registration system by accessing the following link, latest by 19th September 2015 :

www.codexalimentarius.org/login

Login and password for the online registration have been provided to all Codex Contact Points and Codex Point of Observers Organizations. If the login and password have not been received, please contact codex@fao.org

Only in case of technical difficulty, the registration form should be sent directly to the CCFFP Secretariat CCFFP@mattilsynet.no

DOCUMENTS

The documents for the session are available in English, French and Spanish and will be placed on the Codex website as soon as they are prepared. NB! We kindly remind you to obtain all documentation from the Codex website prior to the meeting.

<http://www.codexalimentarius.org>

Do remember to bring them with you as we will not provide paper copies of documents at the meeting. However documents which are not to be found on the Codex website prior to the meeting will be available to all delegates in the original language.

VENUE HOTEL



All meetings and registration will take place at the venue hotel: Scandic Parken Hotel,

<http://www.scandichotels.no>

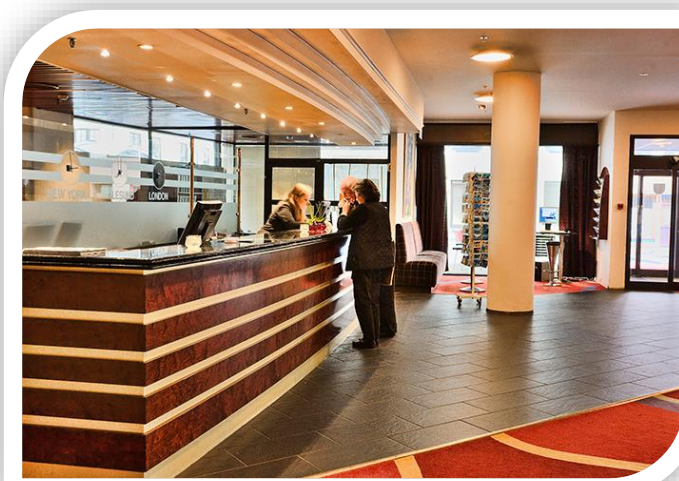
Storgata16
6001 Ålesund

parken@parkenhotel.no
with ref.nr. 407416

Tel: +47 70 13 23 00.
We have made a block reservation, available until 1st September and delegates are asked to make their reservations directly to the hotel. The price for a single room with breakfast is NOK 895.- for a double room the price is 1145.-

The hotel is located centrally in Ålesund.

We have also provided a list of other hotels in Ålesund.



Onsite registration desk

Registration facilities will be open on

Saturday: 18:00-19:00

Sunday:

08:00 -10:00

13:00 -14:00

17:00 - 18:00

Monday from 8:30 -

GETTING THERE

VISAS

Participants are advised to inquire at the nearest Norwegian Embassy or Consulate to determine whether visas or other documents are required to enter Norway. This should be done 1-2 month before arrival in Norway.

Basically all foreign citizens need visas to visit Norway. However there are exceptions from this demand.

For the information of exemption of entry visa to Norway, please check the link below:

<http://www.udi.no/en/word-definitions/persons-who-do-not-need-a-visa-to-visit-norway-/#link-708>

TRANSFERS

Transport from Ålesund Airport, Vigra.

Ålesund Airport, Vigra is about 18 km from the center of Ålesund. The city center can be reached by bus and the trip takes about 20 minutes. The company is Nettbuss.

Price: One way NOK 80,-

The Airport bus Nettbuss does not drive to the hotels in Ålesund, but stops at 3 places in the town centre; Skateflua, Rutebilstasjon and Blixvalen. You may need a taxi from the bus stop to your hotel; the venue hotel or other.

Nettbuss does not correspond with flight arrival, but you can find the timetable here <http://www.frammr.no/Portals/0/Dokumenter/Buss/45671FlybussVIGRA2014-2015.pdf>

TAXI

Taxi services from the Airport to the hotel is about NOK 450,- one way.

Two different companies:

Ring Taxi – tel: 07012

Ålesund Taxi – tel: 70 10 30 00

CURRENCY, BANKS AND FOREIGN EXCHANGE

Coin denominations: NOK 1, NOK 5, NOK 10, NOK 20

Note denominations: NOK 50, NOK 100, NOK 200, NOK 500, NOK 1000

Currency exchange facilities are available at all banks, during working hours.

ATM's are widely available. Major credit cards are accepted at most shops, hotels and restaurants. Master Card, Diners Club, Visa and American Express are the most common credit cards.

ELECTRICAL POWER SUPPLY

Norway's public mains power supply is 220 volts AS and uses The Euro plug (Type C & F)

CLIMATE

Ålesund temperatures are moderate (in Norwegian conditions). Temperatures are moderated by the sea, so it doesn't get bitterly cold in the winter nor stifling hot in the summer.

The temperature is usually between +7C°/44F - +10C°/50F during October. But we might also be surprised by higher temperatures.

Like most coastal towns, Ålesund is very windy, and Autumn and Winter often bring storms. The weather is very changeable. A day with a beautiful start may end up with the exact opposite. The weather changes are sudden, and while it may be warm and fresh in one part of the community, another part may be cold and windy.

It is necessary to bring warm clothes, boots, mittens/gloves, scarf, cap/hat and a good, warm weatherproof jacket.

TIME ZONE

Norway is in the Central European Time Zone.

Central European Standard Time (CET) is 1 hour ahead of Greenwich Mean Time (GMT+1)

SOS/EMERGENCIES:

Ambulance: 113

Fire: 110

Police: 112

Medical emergencies: Phone 70 14 31 13

Emergency dentist: Phone 70 10 46 70 (Opening hours: Monday to Friday 08.00-18.00, Saturday 12.00 – 13.00 and Sunday 17.00 – 18.00). Except this times, contact Medical emergencies at phone 70 14 31 13.

WELCOME TO NORWAY AND ÅLESUND

Ålesund is beautifully situated on several islands on the coast of Sunnmøre, and is the gateway to some of the world's most famous fjords and natural attractions. The town has a strong and vibrant history, dating back to the Viking era, even though it wasn't granted municipal status until 1848.

The town was devastated in an enormous fire on January 23rd 1904, and as 850 houses burnt down, more than 10.000 people were left homeless.

In the years to follow, Ålesund was rebuilt in the Art Nouveau style that characterizes the town today with its many turrets, ornaments and colourful facades. A museum celebrating this architectural style saw the light of day the summer of 2003.



In Ålesund you can find a variety of exciting attractions, restaurants, shops and activities.

The town has a strong tradition in the maritime industry, and is considered the fishery capital of Norway. Ålesund is also one of the world's largest export harbours when it comes to "klippfisk", i.e dried and salted codfish. Enjoy a savoury meal made from this delicacy in one of Ålesund's many fine restaurants; it is a meal to remember!

THINGS TO DO IN ÅLESUND

VISIT FJELLSTUA

Fjellstua is Ålesund's oldest cafee (opened in 1903) and one of the most popular attractions in the city. There are 418 steps from the Town Park up to the Fjellstua at Aksla, which is the town mountain in Ålesund . Fjellstua has great views over the city and the surrounding islands.



A STROLL IN THE CITY CENTER

Ålesund is internationally known for its distinctive Art Nouveau architecture with turrets, spiers and imaginative ornamentation on the house facades. The architecture in the center of Ålesund is the result of the disastrous fire in 1904, when the city was laid waste.



ÅLESUND AQUARIUM - ATLANTERHAVSPARKEN

Discover the Wonders of the Norwegian Coast. Only a few minutes by car from the center of Ålesund, where Breisundet meets the Atlantic ocean, you can find Atlanterhavsparken, one of the largest saltwater-aquariums in northern Europe. Here at Tueneset you will find an architectural gem, integrated into the coastal nature between ocean and land, officially opened by the Norwegian King and Queen in 1998.



ALTERNATIVE ACCOMMODATION

Acomodation	Address	Contact details	Contact details	Contact details	Room, incl. Breakfast	Comments
Thon Hotel Ålesund	Kongens gate 27 6002 Ålesund	Phone +47 70 12 29 38	http://www.thonhotels.no/hoteller/land/norge/alesund/thon-hotel-alesund/	aalesund@thonhotels.no with ref.nr. 277479	Single room: NOK 750,- Double room: NOK 1.000,-	Distance from venue: 7 min walk/400 meters
Scandic Scandinavie Hotel	Løvenvoldgata 8 6002 Ålesund	Phone +47 70 15 78 00	https://www.rica.no/hoteller/alesund/rica-hotel-scandinavie/	post@hotelscandinavie.no with ref. nr. 34478	Single room: NOK 795,- Double room: NOK 1.045,-	Distance from venue: 1 min walk/100 meters
First Hotel Atlantica	Rasmus Rønnebergsgate 4 6002 Ålesund	Phone +47 70 11 73 00	http://www.firsthotels.no/Vare-Hotell/Hotell-i-Norge/Alesund/First-Hotel-Atlantica/?gclid=CLNgSbPI2cMCFWvicgodZYcACA&gclsrc=aw.ds	atlantica@firsthotels.no Code: Codex	Single room: NOK 850,- Double room: NOK 1.100,-	Distance from venue: 8 min walk/550 meters
Quality Hotel Waterfront	Nedre Strandgate 25-27 6004 Ålesund	Phone +47 70 11 19 21	www.nordicchoicehotels.no/Quality/Quality-hotel-Waterfront-Alesund	g.waterfront@choice.no Code: Codex	Single room: NOK 995,- Double room: NOK 1.095,-	Distance from venue: 12 min walk/870 meters
Hotel Scandic Ålesund	Molovegen 6 6001 Ålesund	Phone +47 21 61 45 00	http://www.scandichotels.com/Hotels/Norway/Alesund/Scandic-Alesund/#.VL0bldrKyHs	alesund@scandichotels.com	Single room: NOK 995,- Double room: NOK 1.095,-	Distance from venue: 15 min walk/900 meters
Clarion Collection Hotel Bryggen	Apotekergata 1-3 6004 Ålesund	Phone +47 70 10 33 00	https://www.nordicchoicehotels.no/clarion-collection-hotel-bryggen/	bryggen@choice.no Code: Codex	Single room: NOK 1.090,- Double room: NOK 1.190,-	Distance from venue: 10 min walk/820 meters
Radisson Blu Hotel Ålesund	Sorenskriver Bullsgt. 7 6002 Ålesund	Phone +47 70 16 00 00	http://www.radissonblu.com/hotel-alesund	alesund@radissonblu.com	Single room: NOK 825,- Double room: NOK 925,-	Distance from venue: 8 min walk/436 meters
Hotel Brosundet	Apotekergata 5 6004 Ålesund	Phone +47 70 11 45 00	http://www.brosundet.no/	post@brosundet.no Code: Codex	Single room: NOK 1.030,- Double room: NOK 1.230,-	Distance from venue: 9 min walk/780 meters

Due to availability, prices might be adjusted.