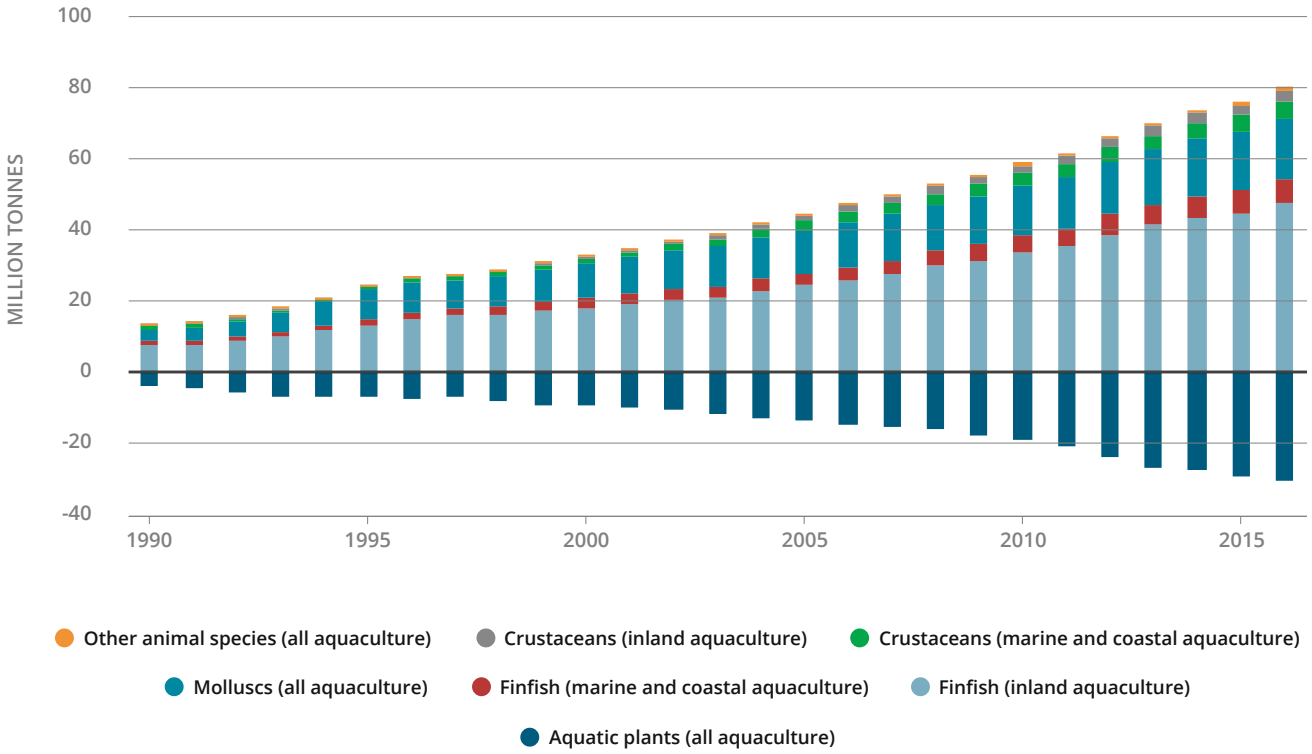World aquaculture of food fish and aquatic plants, 1990-2016