

WORLDFOOD DIETARY ASSESSMENT SYSTEM

The WorldFood Dietary Assessment System is designed to facilitate rapid dietary assessment using an IBM-compatible personal computer. A list of 1800 foods reported in six countries (Egypt, Kenya, Mexico, Senegal, India, and Indonesia) has been compiled and can be accessed through user-friendly menus. Users can specify foods and amounts in a one-day diet using a menu-driven food selection process. The system provides totals for 48 nutrients and percents of internationally recommended intakes for 21 nutrients. The program was designed by Drs Doris Calloway and Suzanne Murphy at the University of California, Berkeley, with funding from USAID, UNU and INFOODS. The current version was prepared by Sybille Bunch and Suzanne Murphy. The program is now in the public domain for free distribution.

- [Overview](#)
- User's Guide: In [Word](#) format, in [Rich Text](#) format, or in [Word Perfect](#) format
- [WorldFood Programme](#) (free download)