



Hawthorn

- Worldwide around 1,250 varieties available
- In Mongolia three types are grown





Hawthorn

- Hawthorn is used to protect against the early stages of heart disease, for pressure or tightness in chest. It's also useful for those recovering from a heart attack.





Cowberry

- In addition to the fruits wild leaves of cowberry often used to heal the cold
- The leaves contain around 60 percent of vitamin C

Cowberry



- The fruits of cowberry can be conserved for a long period.
- The fruits are also used for the cosmetic purposes



Cedar nuts



- Cedar nuts are rich by protein and unsaturated fatty acid, which are easily digestible.
- Cedar nuts is very tasty.
- But nutrition information not available and more research is needed



Seabuckthorn



Early in the 8th century in the Tibetan medical history seabuckthorn has been recorded.

Seabuckthorn has been widely used in Mongolian medicine after 13th century.

Seabuckthorn



- The Sea Buckthorn has a reputation as a great medicinal plant.
- It has small, bright orange berries that have great healing properties.
- There are lots of antioxidants in sea buckthorn berries, along with a great supply of vitamins and other healing compounds.
 - They are very high in carotenoids and fiber in fact higher than any other known plant which is Mongolians used.

Seabuckthorn

Government policy (2008-2012) on Seabuckthorn has been developed around 20 ha used for planting the wild fruit, and processing industry is under development



Government support

- Training
- Leasing



There is a potential interest in a lasting production and processing of sea buckthorn berries as a contribution to the healthy diet and to the lasting environmental protection.





Seabuckthorn seed oil

Pure Natural Seabuckthorn Seed Oil is extracted from seeds of Seabuckthorn which is no organic solvent and synthetic material are used during processing, and no preservative antioxidant, synthetic coloring agent exist in the oil.



The oil is a pure, natural, green product.

Seabuckthorn seed oil



Seabuckthorn seed oil can promote:

- ✓ blood circulation by removing blood stasis
- ✓ kill pain and bacteria and eliminate inflammation
- ✓ prevent atherosclerosis, soften blood vessel
- ✓ protect the heart
- ✓ enhance immune function
- ✓ resist cancer and ageing
- ✓ gastrointestinal disease
- ✓ radiation injury
- ✓ Burn
- ✓ cervical erosion etc...

Mongolian used...





Mongolian used...



*“Your diet is medicine
Your medicine is diet”
...Hippocrates*

Thank you for your attention