Priority Nutrition Challenges for the Next Decade

Hana Bekele
IST/FAN/ESA
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“Nutrition is crucial to both individual and national development. The evidence in this Series further the evidence base that good nutrition is a fundamental driver of a wide range of developmental goals. The post-2015 sustainable development agenda must put addressing all forms of malnutrition at the top of its goals.”
40% reduction of childhood stunting

50% reduction of anemia in women of reproductive age
30% reduction of Low Birth Weight
0% increase in childhood overweight
Increase exclusive breastfeeding rates in the first 6 months up to 50%
Reducing and maintaining childhood wasting to less than 5%
165 Million Children Under 5 (2011) - Stunted Growth – 56 Million in Africa

Estimated Prevalence of Stunting of Children Under Five Years of Age

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Current Trends in Anemia Rates - Africa

Anemia in non-pregnant women
Africa

Prevalence %


E Afr
M Afr
N Afr
Srn Afr
W Afr
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50% reduction of anemia in women of reproductive age

30% reduction of Low Birth Weight

0% increase in childhood overweight
Increase exclusive breastfeeding rates in the first 6 months up to 50%
Reducing and maintaining childhood wasting to less than 5%
Current Trends in Low Birth Weight

Source: UNSCN, 2010
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Increase exclusive breastfeeding rates in the first 6 months up to 50%
Reducing and maintaining childhood wasting to less than 5%
Estimated Prevalence of Overweight of Children Under Five Years of Age

Increase exclusive breastfeeding rates in the first 6 months up to 50%

- 40% reduction of childhood stunting
- 50% reduction of anemia in women of reproductive age
- 30% reduction of Low Birth Weight
- 0% increase in childhood overweight

Reducing and maintaining childhood wasting to less than 5%
Breastfeeding Practices by UN Region During 2000-2010

Exclusive breastfeeding only about 30% or less in major UN regions

Source: The Lancet 2013
40% reduction of childhood stunting
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Reducing and maintaining childhood wasting to less than 5%
Estimated Prevalence of Wasting of Children Under Five Years of Age

What Must Member Countries Should do?

ANNEX 2

Comprehensive Implementation Plan on Maternal, Infant and Young Child Nutrition

WHA 65.6
Implementation Plan -1

**Supportive Environment**
- Nutrition Policy
- Development Policies, PRS, Sectoral Strategies
- Governance, Networking Partnership

**Health Intervention**
- Nutrition Interventions into MCA Health Services
- Reflect on IYCF, Strategies on Diet and Physical Activities; Micronutrient GLs

**Nutrition in other Sectoral Policies**
- Review Sectoral Policies
- Establish dialogue
- Implement Resolution WHA63.14
Implementation Plan - 2

Human and Financial Resources
- Map Capacity Building
- Comprehensive Approach
- Costing Expansion; Establish Budget Line and Targets

Monitoring and Evaluations
- Develop/Strengthen Surveillance System
- Implement WHO Growth Standards
Key Messages

• Africa shows rising numbers of stunted children - of the 34 countries 22 are in Africa
• Infant and Young Child Feeding Practices need to be improved drastically in Africa ..... and elsewhere.
• In Africa, the estimated prevalence of Under –five overweight increased from 4% in 1990 to 7% in 2011. This trend is expected to continue
• Overall, the new evidence strengthen the importance of the critical 1,000 day window during pregnancy and the first two years of life
Effective Interventions

The WHO e-Library of Evidence for Nutrition Actions (eLENA) is an online library of evidence-informed guidelines for nutrition interventions.

http://www.who.int/lena/en/