

**TOPIC: MEASURING THE FOOD SECURITY OF HOUSEHOLDS CONTAINING
ADULTS MALNOURISHED WITH HIV/AIDS**

I am a public health nutritionist and food technologist working for Valid International [<http://www.validinternational.org/>]. I am interested in the relation between **adult malnutrition and household food insecurity in high HIV prevalence areas**.

I am about to start a **large clinical trial in Eastern Africa** in this area of research. One of the operational research focus consists in **measuring the food security of households containing adults malnourished with HIV under ART** (anti-retroviral therapy). I want to use **tools, indicators and methods** which would be used by most of the other agencies working in this area of interest in order to compare the results later on across countries/region with similar patterns. I am thinking of adopting the **Household Diet Diversity score developed by FANTA** (Food and Nutrition Technical Assistance) [see at <http://www.cominit.com/en/node/71588>]. But there might be other suitable and friendly method to employ. **Is anybody available to share opinions about this?**

IMPORTANT: contributions to this appeal are welcome to lead to opportunities to multi-center studies. The results, in high demand right now, will be very useful for donors, policy makers and field officers interested in planning, monitoring and evaluating food aid or food security programs in high HIV prevalence areas.

Thanks for your kind attention.

My very best regards.

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