Let's take a look at some examples of recommended practices. Let's make long-term plans to sustainably manage your fields and soil!

**AGRICULTURAL INPUTS**
- Fertilizer
- Mineral soil disturbance (e.g., reduced tillage)
- Use soil maps
- Soil tests
- Analysis of the suitability of each technique

**LAND PREPARATION**
- Avoid heavy machinery when not necessary (to avoid compaction)
- Mulch
- Crop rotation
- Mixed cropping
- Cover crops
- Perennial crops
- Crop residues
- genotype variety

**WATER USE**
- Sustainable irrigation (use quality and water use efficiency)
- Mulch
- Crop rotation
- Manage run-off (contour trenches)

**KEEP YOUR SOIL COVERED**
- Avoid bare ground
- Minimal soil disturbance (e.g. reduced tillage)

**CROP AND SEED SELECTION**
- Choose crops and good quality seeds adapted to your local soil condition
- Avoid monocultures

**TOOLS THAT CAN HELP YOU PLAN**
- Use soil maps
- Soil tests
- Analysis of the suitability of each technique

**THINGS TO AVOID**
- Monocultures
- Heavy machinery when not necessary
- Bare ground
- Monocultures

**THANKS TO THE FINANCIAL SUPPORT OF**
- [Organization Name]