Food and Agriculture Organization of the United Nations

Fact Sheet - January 2022

DEVELOPING THE GAMBIA FOOD BASED DIETARY GUIDELINES (FBDG)

NUMBERS

Donor
FAO

Implementation Period
February 2021 - June 2022

Budget
USD 180 000

Technical and Operational Partners
Ministry of Health (MOH), Directorate of Health Promotion and Education (DHPE)

EXPECTED RESULTS

The national FBDGs are disseminated to increase the consumption of nutritious, diversified and safe local foods in the Gambia.

Improved diets among children and women in The Gambia.

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ACHIEVEMENTS

- First workshop conducted from 15 to 19 March 2021 to define the FBDG objectives. Based on the priority areas agreed at the multi-sectoral committee, nutrition personnel set general objectives for the FBDGs.
- Two evidence review workshops conducted to review food composition tables.
- Four technical working group meetings conducted to do a literature review to gather evidence for the FBDGs.
- Information Technology materials procured and provided to implementing partners to support the Technical Cooperation Programme (TCP) implementation.
- An evidence review validation workshop conducted with the following priorities identified for consideration when developing the guidelines:
  - Infant and Young child feeding.
  - Maternal malnutrition including anemia.
  - Food insecurity.
  - Adult overweight and obesity.
  - Poor diet diversity.
  - Water Hygiene and Sanitation (WASH).

With the support of the Government of The Gambia

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