

Food and Agriculture Organization of the United Nations

## **Northeastern Nigeria**

#### **Tom Brown**

Local supplementary food for improved nutrition





#### Why Tom Brown?

Tom Brown is a supplementary food powder made from a blend of locally available roasted soya beans, groundnut, guinea corn, maize, millet, fish powder and local spices. The ingredients are mixed and typically prepared as a porridge for weaning babies. Tom Brown is a cost-effective solution against malnutrition. For instance, investing USD 50 for 9 kg of Tom Brown enables a child to receive supplementary food for six weeks. Tom Brown is highly nutritious, locally produced and processed, quick and easy to prepare, readily available, accessible, affordable, and accepted by local communities.

#### FAO's support



Prevent child wasting and support the recovery of children with moderate acute malnutrition (MAM) released from outpatient therapeutic programme (OTP) centres and prevent repeated episodes of severe acute malnutrition (SAM) for children released from OTP centres.

# Targeted beneficiaries

Children under five years of age and pregnant and breastfeeding women



Borno and Yobe states

Expected results

Tom Brown enhances nutrition by contributing to the recovery of children and pregnant and breastfeeding women from MAM, and preventing SAM relapse in children and pregnant and breastfeeding women released from OTP centres. It also strengthens the empowerment of women and promotes localization.

## X Activities

- Establish local agro and fish processing centres.
- Support women cooperatives to locally process and produce Tom Brown.
- Distribute Tom Brown to 17 000 children and pregnant and breastfeeding women released from OTP centres.
- Complement Tom Brown support with time-sensitive emergency agricultural assistance, such the provision of fresh food baskets, microgardening kits, and rainy and dry season production inputs.

### Contact

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