Strengthening household resilience and livelihoods and enhancing food security and nutrition among the most vulnerable households in the context of the 2022 economic and food crisis in Sri Lanka

PROJECT CODE
OSRO/SRL/203/NZE

RESOURCE PARTNER
New Zealand

CONTRIBUTION
USD 149 650

IMPLEMENTATION
1/09/2022–31/08/2023

TARGET AREA
Monaragala and Nuwara Eliya Districts

BENEFICIARIES
2 336 households (9 344 people)

KEY PARTNERS
Ministry of Health, regional directorates of health, and civil society organizations

Objective

To improve the nutritious food intake for households with one or more severely malnourished children.

Activities implemented

- Distributed 16 tonnes of flour mix to 2 336 households with severely malnourished children to supplement their diets.
- Distributed 126 grinders and 504 roasting utensils to volunteer mother support groups to prepare the nutritious flour mix.
- Distributed 2.25 tonnes of plants and seeds to 2 250 households to grow nutrient-dense vegetables through home gardens.
- Trained 1 938 households on establishing and maintaining home gardens and educated them on children's nutritional needs.

Results

- Contributed to increasing the weight of malnourished beneficiary children by an average of 1.7 kg in Monaragala and 1.2 kg in Nuwara Eliya as well as the individual dietary diversity in both districts.
- Enabled 1 690 households to establish home gardens, expected to yield 535 tonnes of vegetables; enabling them to access a sustainable source of nutritious food, especially for their children.
- Improved the knowledge of 1 938 households on healthy diets and strengthened their capacity to build and maintain home gardens.

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