



Quinoa salad



Source: Foundation for Development FAUTAPO

Ingredients:

1 cup quinoa
2 tbsp chives, finely chopped
1 tomato, chopped
½ cup cheese, diced and/or grated
Lettuce leaves

Preparation:

- Cook the quinoa in three cups of water for 20 minutes.
- When ready, let cool and mix in the chives and cheese.
- Serve decorated with lettuce leaves and chopped tomato.