



PROMOTING LIFELONG
HEALTHY EATING HABITS



Nutrition Education in Primary Schools

A PLANNING GUIDE FOR CURRICULUM DEVELOPMENT

Vol. 2: The Activities



COMPLETE DISPLAY DIAGRAM

PRINCIPLES, CONCEPTS, GOALS AND OBJECTIVES

The WHO definition of health

Key messages

Goals and objectives

Nutrition literacy

WHAT NEEDS DOING

The local dimension

Objectives for the classroom curriculum

Priority needs for the classroom curriculum

Objectives for the school environment

Priority needs for the school environment

Other needs xxxx

HOW TO DO IT

Change management

Links with the family

Family approaches

Links with the community

Community resources and approaches

Classroom approaches

Strategies for good nutrition education

PLANS FOR ACTION

Classroom programme for nutrition education

Whole-school activities on nutrition issues

Agenda for discussion

Objectives and action plans