



PROMOTING LIFELONG
HEALTHY EATING HABITS



Nutrition Education in Primary Schools

A PLANNING GUIDE FOR CURRICULUM DEVELOPMENT

Vol. 2: The Activities



COMPLETE DISPLAY DIAGRAM

PRINCIPLES, CONCEPTS, GOALS AND OBJECTIVES

The WHO definition of health

Key messages

Goals and objectives

Nutrition literacy

WHAT NEEDS DOING

The local
dimension

Objectives for the
classroom curriculum

Priority needs for the
classroom curriculum

Objectives for the
school environment

Priority needs for the
school environment

Other needs
xxxx

HOW TO DO IT

Change
management

Links with
the family

Family
approaches

Links with the
community

Community resources
and approaches

Classroom
approaches

Strategies for good
nutrition education

PLANS FOR ACTION

Classroom programme
for nutrition education

Whole-school activities
on nutrition issues

Agenda for
discussion

Objectives and action plans