

# METHODS TO MONITOR THE HUMAN RIGHT TO ADEQUATE FOOD

VOLUME II









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#### **VOLUME II**

An Overview of Approaches and Tools



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### **Preface**

The right to adequate food is enshrined in the 1948 Universal Declaration of Human Rights and in a number of subsequent international and regional covenants. It has been reaffirmed by world leaders at the World Food Summits in 1996 and 2002 and concrete commitments were made to promote its progressive realization. Since then governments and international civil society organizations have come together, under FAO's leadership, to pledge their renewed commitment to the realization of the right to adequate food. In November 2004, the FAO Council adopted the "Voluntary Guidelines to Support the Progressive Realization of the Right to Adequate Food in the Context of National Food Security" (from here on called **Right to Food Guidelines**), following a two-year long negotiation process, which was marked by active and constructive participation by civil society organizations and the international donor community. The entire process represented the first time that member states have worked together to draft such a document for any one of the economic, social and cultural rights. It represents a milestone in the advancement of basic human rights.

The **Right to Food Guidelines** are intended to provide practical guidance and advice to states in establishing priorities and in implementing ways to promote, protect and fulfil the right to adequate food in their own countries. First and foremost, the **Right to Food Guidelines** present a broad normative framework within which this may take place. In practice, an **additional step** is required, that is, transforming their contents into practical tools for: (i) development planning, policy formulation, and programme and project design and implementation, and (ii) monitoring the implementation of all measures and actions that should contribute to the right to adequate food being realized over time for more people.

These two volumes of the **Methods to Monitor the Human Right to Adequate Food** contribute to this additional step. These volumes are part of a series of reference guides that the Right to Food Unit has prepared. They aim to be highly practical and to provide the most current and relevant methodological and operational information related to monitoring the right to adequate food. No recipes are presented but instead, methodological options are explained and discussed. Information regarding specific methods are summarised, and references to easily accessed sources of technical and methodological documentation are provided. In most cases, the methods included are already being applied in more general monitoring of food security, nutrition and poverty reduction.

Volume I presents a broad framework for monitoring the protection and realization of the right to adequate food, within the broader context of rights-based development. In "making the case" this volume attempts to contribute to a common understanding of what rights-focused monitoring and rights-based monitoring mean. Issues are introduced that will undoubtedly be involved in country-level monitoring of the right to adequate food. An analysis of likely opportunities and constraints can help to put in place

strategic approaches. In-country monitoring the right to adequate food also involves institutional issues that need to be considered and addressed, as well as analytical and methodological issues involved in rights-based monitoring. Finally, some hints are provided as to how to go about organizing at country level to implement monitoring the right to adequate food, building on existing monitoring systems.

Volume II provides a detailed overview of various methods and approaches relevant to monitoring the right to adequate food. The primary target users of Volume II are expected to be technical staff in public sector institutions and civil society organizations that are responsible for planning and monitoring food security, nutrition, and poverty reduction policy development and programming, and of progress towards the achievement of food security, nutrition and poverty related goals and targets. Volume II is meant to help make their work easier, more efficient and effective.

We consider both volumes to be "living" documents, in the sense that it is through incountry application and use that it will be possible to gauge needs to introduce changes and modifications in order to increase their usefulness. We expect these documents to be adapted to specific situations and refined as they are being implemented. We therefore kindly invite users to share with us their experiences with the use of these documents, as well as any comments and suggestions that will allow us to improve the contents, organization and/or presentation of these volumes.

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## List of acronyms

ABRANDH Ação Brasileira pela Nutrição e Direitos Humanos

ACC Administrative Coordinating Committee of the UN

ADMARC Agricultural Development and Marketing Corporation

AIDS Acquired Immune Deficiency Syndrome
ANDI African Nutrition Database Initiative

BF Breast Feeding

**BFHI** Baby Friendly Hospital Initiative

BMI Body Mass Index

CBO Community Based Organisation

CESCR Committee on Economic, Social and Cultural Rights

CEDAW Convention on the Elimination of All Forms of Discrimination Against Women

CFS Committee on World Food Security
CFSP Community Food Security Profile

CONSEA Conselho Nacional de Segurança Alimentar e Nutricional

CPI Consumer Price Index
CSO Civil Society Organisation

CSPD Child Survival, Protection and Development

**DES** Daily Energy Supply

DFID Department for International Development
ESCR Economic, Social and Cultural Rights

FAO Food and Agriculture Organization of the United Nations

FIAN FoodFirst Information and Action Network

FIV Food Insecurity and Vulnerability

FIVIMS Food Insecurity and Vulnerability Information and Mapping Systems

FSL Food Security-Livelihood
GDP Gross Domestic Product

GIS Geo-Referenced Information System
GTZ Gesellschaft fur Zusammenarbeit

**HFIAS** Household Food Insecurity Access Scale

HIV Human Immunodeficiency Virus

**HMIS** Health Management Information System

HR Human Rights

IAT Inter-Institutional Assessment Team

IBASE Instituto Brasileiro de Análises Sociais e Econômicas

IBP International Budget Project

IBSA Indicators, Benchmarks, Scoping, Assessment

ICESCR International Covenant on Economic, Social and Cultural Rights

IDASA Institute for Democracy in South Africa

IDS Institute for Development Studies

IGA Information Gap Analysis

IGWG Inter-Governmental Working Group
INESC Instituto de Estudos Socioeconômicos
IPEA Instituto de Pesquisa Econômica Aplicada

IPRFD International Project on the Right to Food in Development

KIDS Key Indicator Data System

LSP Livelihood Support Programme

NGO Non Governmental Organisation

NORAD Norwegian Agency for Development Cooperation

OECD Organisation of Economic Cooperation and Development
OHCHR Office of the UN High Commissioner for Human Rights

PAT Programme Assessment Team

PBA Public Budget Analysis

PPA Plano Pluri-Anual

PRA Participatory Rural Assessment
PRSP Poverty Reduction Strategy Paper

PSDA Participatory Service Delivery Assessment

PSIA Poverty and Social Impact Analysis

RCA Role and Capacity Analysis

RDA Recommended Daily Allowances

RTFB Right to Food Budget

SCN Standing Committee on Nutrition
SFP School Feeding Programme

SOFI State of the Food Insecurity in the World SPFS Special Programme for Food Security

**SWOC** Strengths, Weaknesses, Opportunities and Constraints

**UDN** Uganda Debt Network

**UN** United Nations

**UNDAF** United Nations Development Assistance Framework

**UNDP** United Nations Development Programme

UNESCO United Nations Educational, Scientific and Cultural OrganisationUNHCR United Nations Office of the High Commissioner for Refugees

UNICEF United Nations Children's Fund

**USAID** US Agency for International Development

VA Vulnerability Analysis

**VDMC** Village Development Monitoring Committee

WB World Bank

WFP World Food Programme
WFS World Food Summit
WHO World Health Organization

**ZSGRP** Zanzibar Strategy for Growth and Reduction of Poverty