



School Meals Program
Department of Education

January 2021

TERM 2
MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7	8	9
Grilled chicken Italian Pasta salad sprinkled with parmesan cheese	Shepherd's Pie with ground turkey and garden salad	Hearty chicken and pumpkin soup	Virgin Islands Fungi & Fish (Red Snapper) with okra and coleslaw	Chicken vegetable wraps serve with coleslaw	1	2
10	11	12	13	14	15	16
Spaghetti with meatballs in homemade tomato sauce served with a Caesar salad	Brown stewed Pork and rice served with sauteed vegetables	Chicken kebabs with mash sweet potatoes and steamed cabbage, carrots, broccoli	Anguilla Pigeon Peas and Rice with Mahi Mahi and steamed vegetables	Johnny cakes and baked chicken served with a Caesar salad		
17	18	19	20	21	22	23
Oven baked chicken with macaroni pie served with a tossed green salad	Stewed turkey with bean and spinach rice served with steamed vegetables	Chicken lentil vegetable soup with dumplings	Belize Rice & Beans with Fish Stew	Pizza (Cheese, pepperoni, veggie) on a whole grain crust served with a garden salad		
24	25	27	26	27	28	29
Turkey bolognese with whole grain spaghetti served with a caesar salad	Everything Nice Cook Up	Stewed snapper with cream mashed green banana served with steamed vegetables	Cuba Roa Vieja: Shredded Beef Citrus Infused Steak cooked with tomatoes served with yellow rice, black	Veggies don't Bite Burger served with a tossed salad		

WATER TOUR



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February 2021

TERM
MENU

SUNDAY	MONDAY	TUESDAY	WATER WEDNESDAY	TOUR THURSDAY	INFUSED FRIDAY	SATURDAY
	1 Curry Chicken with fluffy brown rice served with steamed vegetables	2 Turkey and Spinach Veggie Lasagna served with a green salad	3 Pan seared salmon with seasoned rice served with steamed pumpkin	4 Grenada Oil Down Ground provisions (+breadfruit) salt beef/pig tail) and salad	5 Chicken strips with baked potato fries and garden salad	6
7 Chicken Vegetable Pasta	8 Asian Turkey Fried Rice	9 Mutton vegetable soup with mini dumplings	10 Martinique Grilled snapper in creole sauce served with great banana and vegetables	11 Homemade Chicken Burger served with a tossed salad	12 Herb Infused	13
14 Grilled chicken Italian Pasta salad sprinkled with parmesan cheese	15 Shepherd's Pie with ground turkey and garden salad	16 Hearty chicken and pumpkin soup	17 St. Vincent & the Grenadines Roasted breadfruit & fish served with a garden salad	18 Chicken vegetable wraps serve with coleslaw	19 Orange Infused	20
21 Spaghetti with meatballs in homemade tomato sauce served with a Caesar salad	22 Chicken kebabs with mash sweet potatoes and steamed cabbage, carrots, broccoli	23 Traditional fish soup	24 The Bahamas Cracked Conch (in a batter) with rice and peas with plantains and salad	25 Johnny cakes and baked chicken served with a Caesar salad	26 Watermelon Infused	27
28 Oven baked chicken with macaroni pie served with a tossed green salad	29					