

CODEX ALIMENTARIUS

INTERNATIONAL FOOD STANDARDS



Food and Agriculture
Organization of
the United Nations



World Health
Organization

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STANDARD FOR DEGERMED MAIZE (CORN) MEAL AND MAIZE (CORN) GRITS

CXS 155-1985

Adopted in 1985. Revised in 1995. Amended in 2019, 2023.

2023 Amendments

Following decisions taken at the Forty-sixth Session of the Codex Alimentarius Commission in December 2023, amendments were made in the Annex.

1. SCOPE

- 1.1 This standard applies to degermed maize (corn) meal and to degermed maize (corn) grits for direct human consumption milled from kernels of common maize, *Zea mays* L.
- 1.2 This standard does not apply to whole maize (corn) meal, maize (corn) flours, quick grits, hominy grits, self-rising maize (corn) meals, enriched maize (corn) meals, enriched maize (corn) grits, bolted maize (corn) meals, maize (corn) flakes, and alkaline treated maize (corn) products.
- 1.3 This standard does not apply to maize (corn) meals for use as a brewing adjunct, to maize (corn) meals used for manufacturing of starch and any industrial use, nor to maize (corn) meal for use as an animal feed.

2. DESCRIPTION

- 2.1 **Degermed maize (corn) meal** is the food prepared from fully mature, sound, degermed kernels of maize (corn), *Zea mays* L., cleaned from impurities, mould, seeds of weeds and other cereals by a grinding process in which the grain is comminuted to a suitable degree of fineness and from which bran and germ are removed. In its preparation, coarse particles of the ground maize kernel may be separated, reground and recombined with all of the material from which they were separated.
- 2.2 **Degermed maize (corn) grits** is the food prepared from fully mature, sound, degermed, kernels of maize (corn), *Zea mays* L., cleaned from impurities, mould, seeds of weeds and other cereals, by a grinding process in which the grain is comminuted to a suitable degree of fineness and from which bran and germ are almost completely removed.

3. ESSENTIAL COMPOSITION AND QUALITY FACTORS

3.1 Quality factors – general

- 3.1.1 Degermed maize meal and degermed maize grits shall be safe and suitable for human consumption.
- 3.1.2 Degermed maize meal and degermed maize grits shall be free from abnormal flavours, odours, and living insects.
- 3.1.3 Degermed maize meal and degermed maize grits shall be free from filth (impurities of animal origin, including dead insects) in amounts which may represent a hazard to human health.

3.2 Quality factors – specific

3.2.1 **Moisture content** 15 percent m/m max

Lower moisture limits should be required for certain destinations in relation to the climate, duration of transport and storage.

4. CONTAMINANTS

4.1 Heavy metals

Degermed maize (corn) meal and maize (corn) grits shall be free from heavy metals in amounts which may represent a hazard to human health.

4.2 Pesticide residues

Degermed maize (corn) meal and maize (corn) grits shall comply with those maximum residue limits established by the Codex Alimentarius Commission (CAC) for this commodity.

4.3 Mycotoxins

Degermed maize (corn) meal and maize (corn) grits shall comply with those maximum mycotoxin limits established by the CAC for this commodity.

5. HYGIENE

- 5.1 It is recommended that the product covered by the provisions of this standard be prepared and handled in accordance with the appropriate sections of the *General principles of food hygiene* (CXC 1-1969)¹ and other codes of practice recommended by the CAC which are relevant to this product.
- 5.2 To the extent possible in good manufacturing practice, the product shall be free from objectionable matter.

5.3 When tested by appropriate methods of sampling and examination, the product:

- shall be free from microorganisms in amounts which may represent a hazard to health;
- shall be free from parasites which may represent a hazard to health; and
- shall not contain any substance originating from micro-organisms in amounts which may represent a hazard to health.

6. PACKAGING

6.1 Degermed maize (corn) meal and maize (corn) grits shall be packaged in containers which will safeguard the hygienic, nutritional, technological, and organoleptic qualities of the product.

6.2 The containers, including packaging material, shall be made of substances which are safe and suitable for their intended use. They should not impart any toxic substance or undesirable odour or flavour to the product.

6.3 When the product is packaged in sacks, these must be clean, sturdy and strongly sewn or sealed.

7. LABELLING

In addition to the requirements of the *General standard for the labelling of pre-packaged foods* (CXS 1-1985),² the following specific provisions apply:

7.1 Name of the product

The name of the product to be shown on the label shall be “degermed maize (corn) meal”, or “maize (corn) grits”.

7.2 Labelling of non-retail containers

Information for non-retail containers shall either be given on the container or in accompanying documents, except that the name of the product, lot identification and the name and address of the manufacturer or packer shall appear on the container. However, lot identification and the name and address of the manufacturer or packer may be replaced by an identification mark, provided that such a mark is clearly identifiable with the accompanying documents.

8. METHODS OF ANALYSIS AND SAMPLING

For checking the compliance with this standard, the methods of analysis and sampling contained in the *Recommended methods of analysis and sampling* (CXS 234-1999)³ relevant to the provisions in this standard, shall be used.

ANNEX

In those instances where more than one factor limit and/or method of analysis is given, we strongly recommend that users specify the appropriate limit and method of analysis.

Factor/Description	Limit	Method of analysis
ASH	Max: 1.0% on a dry weight basis	Refer to Section 8
PROTEIN (N x 6.25)	Min: 7.0% on a dry weight basis	Refer to Section 8
CRUDE FAT	Max: 2.25% on a dry weight basis	Refer to Section 8
GRANULARITY		Refer to Section 8
<ul style="list-style-type: none"> ▪ degermed maize meal 	95% or more shall pass through a 0.85 sieve; – and – 45% or more shall pass through a 0.71 mm sieve; – and – 25% or less shall pass through a 0.210 sieve	
<ul style="list-style-type: none"> ▪ degermed maize grits 	95% or more through a 2.00 mm sieve; – and – 20% or less through a 0.71 mm sieve	

NOTES

¹ FAO and WHO. 1969. *General principles of food hygiene*. Codex Alimentarius Code of Practice, No. CXC 1-1969. Codex Alimentarius Commission. Rome.

² FAO and WHO. 1985. *General standard for the labelling of pre-packaged foods*. Codex Alimentarius Standard, No. CXS 1-1985. Codex Alimentarius Commission. Rome.

³ FAO and WHO. 1999. *Recommended methods of analysis and sampling*. Codex Alimentarius Standard, No. CXS 234-1999. Codex Alimentarius Commission. Rome.