Sustainability of the food systems and the role of Codex



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Sustainable food future by 2050



Sustainable food systems for sustainable societies



Source: Adapted from FAO, 2014 and SAM, 2020

Healthy diet definition

Healthy Diet: A Definition for the United Nations Food Systems Summit 2021 Lynnette M Neufeld^[1], Sheryl Hendriks^[2], Marta Hugas^[3]

A healthy diet is health-promoting and disease-preventing.

It provides adequacy, without excess, of nutrients and healthpromoting substances from <u>nutritious foods</u> and avoids the consumption of <u>health-harming substances</u>

UN FOOD SYSTEMS PRIORITIES from Scientific perspective

• From von Braun et al, Sept 2021 Nature:

1. End hunger and improve diets

- De-risk food systems
- 3. Protect equality and rights
- •4. Boost bio-science
- 5. Protect resources
- •6. Sustain aquatic foods
- 7. Harness digital technologies

F2F Strategy: Food Sustainability Challenges



ENVIRONMENTAL SUSTAINABILITY



Tackle climate change



Protect the environment



Preserve biodiversity



Circular bio-based economy

Reduce food

losses and waste

ECONOMIC SUSTAINABILITY





Fairer incomes for farmers, fishers & aquaculture t producers

Just transition



New business & job opportunities

* FOOD SAFETY RELEVANT

How to address the food safety challenges ahead ?



ONE HEALTH APPROACH



 Are we ready to integrate the ONE HEALTH approach into our scientific advice?

- Methodologies
- Data streams

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Challenge: assessing innovation e.g. Alternative Proteins



Challenge: Reducing food waste in Europe

F2F intends to halve per capita food waste at retail and consumer levels by 2030 and provide legally binding targets across the EU.

- A Commission study published in February 2018 estimated that up to 10% of the 88 million tonnes of food waste generated annually in the EU is linked to date marking.
- An immediate priority is the development of guidance in order to ensure more consistent date marking and related food information practices.
- Date marking is particularly relevant for food waste prevention for the categories dairy products, fruit juices, chilled meat and fish.



Challenge: Microplastics in food - a topic of increasing concern

Addressing knowledge gaps requires advances in:

- Analytical methods for micro- and nanoplastics
- Exposure characterisation of humans to micro- and nanoplastics
- Hazard identification and characterisation for micro- and nanoplastics, as they may be in the food chain



Challenge: Microbiomes and Risk Assessment

Capacity building on evaluating the impact on/by:

- Gastrointestinal tract microbiomes (human and domestic animals) in assessments.
- Environmental microbiomes (plants, wildlife, soil) in assessments.

New knowledge on human microbiome on Risk Assessment

- **Research** beginning to elucidate associations between perturbations in the human microbiome and human disease and factors that might be responsible for perturbations
- Human microbiome could be affected by environmental chemicals and/or modulate exposure to environmental chemicals. Example link between microbes and chemicals
- Session on Microbiomes at the 2022 ONE conference in June in Brussels





Challenge: Emerging risks Identification



Challenge: AMR

Work in Codex

- Code of Practice to Minimise and Contain AMR (CXC 61-2005) Revised 2021
- Guidelines on Risk Analysis of Foodborne AMR (CXG 77/2011)
- NEW: Guidelines on integrated monitoring and surveillance of foodborne Antimicrobial Resistance (CXG 94-2021)





Role of CODEX on achieving Sustainability?

- Essential role in supporting safety and quality of our food for health protection and enabling access to markets and economic income.
- Providing a platform to discuss emerging risks, methodologies, science needs etc.
- Should Codex be adjusting on ensuring sustainability when setting standards in order to ensure sustainability?
 - Codex does move with the time as shown by AMR, One Health, nanotechnology and so on ... so does it need to reflect on whether there are any adjustments needed in light of the importance placed now on sustainable food systems.
 - Food security has been considered when setting MRLs, MLs avoiding overly stringent MLs/Mrls which may affect availability of food supplies, with not added healthy protection gain.

Role of CODEX on achieving Sustainability?

- Sustainability goes much beyond that CODEX remit
 - How to assess sustainability?
 - Metrics needed?
 - Standards?
 - Guidelines?
 - Policies?
 - Impact on trade?
 - Currently, safety assessment focused on final product:
 - How to integrate the whole food production chain into the assessment?
 - Is it needed? E.g. life cycle assessment

Challenge: Communicating to the public

- The complexity of the science behind risk assessments
- The coordination of messages
- Audience-driven communications
- Communication overload
- Misinformation in the digital age



MANY THANKS FOR YOUR ATTENTION