

## CODEX ALIMENTARIUS COMMISSION



Food and Agriculture  
Organization of  
the United Nations



World Health  
Organization

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**Agenda Item 3**

**CX/NFSDU 10/32/3-Add.1**  
**October 2010**

**JOINT FAO/WHO FOOD STANDARDS PROGRAMME**

**CODEX COMMITTEE ON NUTRITION AND FOODS FOR SPECIAL DIETARY USES**  
**32<sup>nd</sup> Session**

**Santiago, Chile**  
**1 – 6 November 2010**

**PROPOSED DRAFT GENERAL PRINCIPLES FOR ESTABLISHING NUTRIENT  
REFERENCE VALUES OF VITAMINS AND MINERALS FOR THE GENERAL  
POPULATION**

*- Comments at Step 6 of the Procedure -*

**Comments from:**

**ICBA - International Council of Beverages Associations**

ICBA recommends forwarding for adoption at Step 8 the Proposed Draft Annex to the Codex Guidelines on Nutrition Labelling: General Principles for Establishing Nutrient Reference Values of Vitamins and Minerals for the General Population. Specifically, ICBA supports:

- a. Use of available FAO/WHO data as a primary source for selection of suitable data sources to establish NRVs. ICBA also supports use of data from relevant and recent independent review of the science by competent authoritative scientific bodies with experience in setting reference values for vitamins and minerals;
- b. Use of Individual Nutrient Level 98 (INL98) values as the basis for deriving NRVs. In cases where there is no established INL98, ICBA supports use of other reference values or ranges established by recognized authoritative scientific bodies and considers it appropriate to review the derivation of these values on a case-by-case basis;
- c. Establishment of Nutrient Reference Values (NRVs) for labelling purposes for vitamins and minerals based on the needs of the general population identified as healthy individuals older than 36 months, excluding special sub-populations, such as pregnant and lactating women. This method is consistent with other Codex standards and permits wide application to consumers from all parts of the world;
- d. Derivation of NRVs based on the average of the INL98 of adult males (19 to 65 years) and adult females (19 to 50 years);

Considers it appropriate to take into account upper levels of intake established by recognized authoritative scientific bodies when establishing general population NRVs.