codex alimentarius commission

FOOD AND AGRICULTURE ORGANIZATION OF THE UNITED NATIONS

WORLD HEALTH ORGANIZATION

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Agenda Item 9 **CX/FAC 02/10**

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JOINT FAO/WHO FOOD STANDARDS PROGRAMME

CODEX COMMITTEE ON FOOD ADDITIVES AND CONTAMINANTS
Thirty-fourth Session
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DISCUSSION PAPER ON THE USE OF ACTIVE CHLORINE

INTRODUCTION

1. At the thirty-third session of the Codex Committee on Food Additives and Contaminants (CCFAC), the question of safe use of active chlorine on foodstuffs was raised by Denmark. Active chlorine components are chemical substances (that are used for water treatment or surface treatment of foodstuffs); consequently, they can be found as residues or reaction products in foodstuffs after treatment. However, the use of active chlorine components has not been evaluated for safety by JECFA. Despite the lack of a safety evaluation, various uses of active chlorine components are being discussed in Codex Commodity Standards.

2. In the following text, the term active chlorine does include both active chlorine components and reaction products thereof.

3. The delegation of Denmark pointed out that active chlorine is widely used on food for decontaminating/disinfecting purposes yet safety of such chemicals has not been convincingly demonstrated until now.

4. The Committee had a discussion on the issue and agreed that the delegation of Denmark, in cooperation with the delegations of Norway, Finland, Israel and WHO, should prepare a discussion paper for consideration by the thirty-fourth session of the CCFAC.[1]

PURPOSE

5. The general purpose of the Codex Alimentarius (through the Codex Standards) is to protect consumers' health while ensuring fair practice in the food trade. The purpose of this paper is to form the background for a discussion at the Codex Committee on Food Additives and Contaminants on the use of active chlorineas a disinfecting/ decontaminating agent applied on food) and the safety aspects of such use.

BACKGROUND

6. Active chlorine in the hygiene standards of Codex is regarded as disinfectant, however there are different possible definitions under which chemicals (such as active chlorine) could be classified in the Codex system, as a function of their intended use. The definitions relevant to consider are quoted below:

[1] ALINORM 01/12A, paras. 199-204.

DEFINITIONS[2]

7. *Disinfectants* are not defined in Codex. However, the term *disinfection* could be defined as follows: The destruction of pathogenic and other microorganisms by thermal or chemical means to eliminate a defined scope of microorganisms, but not necessarily all microorganisms. The term is normally used for the antimicrobial treatment of surfaces of food contact materials, tools etc. The normal requirement would be that after disinfection, the surface etc. is cleaned with potable water, or in some regions, a recommendation of "drainage" only (without rinsing) if the concentration of chlorine compounds does not exceed a certain level. This applies also to other disinfectants, at varying concentrations. If alcohols or other volatile compounds are used, there is no rinsing).

8. *Pesticide* means any substance intended for preventing, destroying, attracting, repelling, or controlling any pest including unwanted species of plants or animals during the production, storage, transport, distribution and processing of food, agricultural commodities, or animal feeds or which may be administered to animals for the control of ectoparasites. The term includes substances intended for use as a plant growth regulator, defoliant, desiccant, fruit thinning agent, or sprouting inhibitor and substances applied to crops either before or after harvest to protect the commodity from deterioration during storage and transport. The term normally excludes fertilizers, plant and animal nutrients, food additives, and animal drugs.

9. *Contaminant* is defined as "any substance not intentionally added to food, which is present in such food as a result of the production (including operation carried out in crop husbandry, animal husbandry and veterinary medicine), manufacture, processing, preparation, treatment, packing, packaging, transport or holding of such food or as a result of environmental contamination. The term does not include insect fragments, rodent hair and other extraneous matter.

10. *Food additive* is defined as "any substance not normally consumed as a food by itself and not normally used as a typical ingredient of the food, whether or not it has nutritive value, the intentional addition of which to food for a technological (including organoleptic) purpose in the manufacture, processing, preparation, treatment, packing, transport or holding of such food results, or may be reasonably expected to result (directly or indirectly) in it or its by-products becoming a component of or otherwise affecting the characteristics of such food. The term does not include "contaminants" or substances added to food maintaining or improving nutritional qualities or maintaining nutritional qualities."

11. *Processing aid* is defined as "any substance or material, not including apparatus or utensils, and not consumed as a food ingredient by itself, intentionally used in the processing of raw materials, foods or its ingredients, to fulfil a certain technological purpose during treatment or processing and which may result in the non-intentional but unavoidable presence of residues or derivates in the final product."

12. These Codex definitions above are complex and sometimes open to interpretation. Confusion arises when a substance is used for various purposes, for instance as a food additive or a processing aid. In the case of active chlorine, it may at present be considered in any of the five above-mentioned categories. Part of this discussion was reflected in the discussion paper on processing aids, CX/FAC 01/10.

13. To ensure the protection of consumers is, however, one of the main purposes of Codex Alimentarius, and the safety aspects have to be taken into account in all cases.

CHLORINE STATUS AND CODEX STANDARDS

14. Chlorine was evaluated by JECFA as a food additive: there is INS 925 for chlorine and INS 926 for chlorine dioxide, both defined as flour treatment agents. JECFA evaluation goes back to 1963.
The use of active chlorine is furthermore included in some of the Codex Code of Practice or draft Code of Practice as well as in the WHO Guidelines for Drinking Water Quality. However, JECFA has not evaluated the active chlorine components when used in process water for direct contact with food.

[2] Codex Procedual Manual, Eleventh Edition, FAO and WHO 2000.

Codex Committee on Fish and Fishery Products (CCFFP)

15. CCFFP addressed the use of chlorinated water in fish and fishery production and had for consideration a document prepared by the WHO in collaboration with FAO, including a survey of current practices in member countries. This paper recalled that chlorinated water was widely used to prevent microbial contamination and concluded that additional work in the area was recommended, and current scientific evidence did not warrant the change of the Codex recommended level of
10 mg/l (Code of Practice for Frozen Shrimps and Prawns). The CCFFP concluded that no further action was necessary on this matter.[3]

Codex Committee on Food Hygiene (CCFH)

16. CCFH is currently elaborating a Proposed Draft[4] Code of Practice for the Primary Production and Packing of Fresh Fruit and Vegetables. This Proposed Draft Code of Practice is forwarded to step 5, and includes a proposal for the use of active chlorine as a "disinfectant".

17. Furthermore, CCFH has proposed draft Guidelines for the Hygienic Reuse of Processing Water in Food Plants[5], which also mentions the use of chlorine.

WHO guidelines concerning the use of chlorine in drinking water

18. The WHO Guidelines for Drinking Water Quality accept the use of active chlorine with the following guideline levels[6]

Chemical component	**WHO guideline level**	**WHO comments**
Monochloramine	3 mg/l	-
Di- and trichloramine	-	No adequate data to permit the recommendation of a health-based guideline value
Chlorine	5 mg/l	Concentrations of the substance at or below the health-based guideline value may affect the appearance, taste or odour of the water. For effective disinfection, there should be a residual concentration of free chlorine of ≥0.5 mg/litre after at least 30 minutes contact time at pH < 8.0.
Chlorine dioxide	-	A guideline value has not been established because of the rapid breakdown of chlorine dioxide and because the chlorine guideline value is adequately protective for potential toxicity from chlorine dioxide.

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19. WHO Drinking Water Unit requested that JECFA evaluates in 2002 the use of NaDCC : Sodium dichloroisocyanurate . This is written in the JECFA Report: List of substances scheduled for evaluation and request for data, 59th meeting, June 2002.

CHEMICAL CONSIDERATIONS

20. The use of active chlorine includes the use of chlorine gas, liquid chlorine, chlorine dioxide, organic forms such as chloramines or derivatives of isocyanuric acid. The common antimicrobial principle of liquid chlorine or hypochlorites is hypochlorous acid. Chlorine dioxide will act after a different principle and thus the concentration of use is much lower. It forms also less organic by-products. But there are other disadvantages.

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[3] Alinorm 01/18, paragraphs 146-149
[4] Alinorm 01/13A, paragraphs 31-82 and Appendix II.
[5] CX/FH 00/8
[6] Guidelines for drinking-water quality, second edition, volume 2. Health criteria and other supporting information, WHO, 1996

21. The active chlorine can react with organic materials in food or/and water. Among the reaction products, most frequently seen are trihalomethans. However, many other components may be found in food as a result of the active chlorine. Some of these by-products may be undefined at present and therefore not detected analytically.

Table 1. Reaction products from treatment with chlorine (Klein, 1990; LeBel et al., 1997; Lykins Jr. et al., 1986; Merlet et al., 1985; Richardson et al., 1996; Ventura et al., 1999 and Zimmerli et al., 1993).

Reaction products	
Trihalomethans	Trichloro-, bromodichloro-, dibromochloro- and tribromomethane
Halogenated alkanes	Chlorinated and bromated ethane, propane and butane
Halogenated alkenes	Chlorated and bromated ethylene, propene and butene
Halogenated acids	Monochloro-, dichloro- and trichloro acetic acid
Halogenated aldehydes	Trichloroethanal, chlorpropanals
Halogenated ketones	Di-, tri- and tetrachlorsubstituted propanone
Halogenerated alcohols	Chloral hydrate
Haloacetonitrils	Trichloroaceto-, dichloroaceto-, dibromoaceto- and bromochloroaceto-nitrile
Haloamins	Chloramine
Trichlornitromethane	Chlorpicrine
Halogenerede phenols	Mono-, di- and trichlorophenols
Halopropanols	3-chloropropandiol, dichloropropanol
Halohydroxy-furanons	3-chloro-4-(dichlormethyl)-5-hydroxy-2(5H)-furanone

Table 2. Concentrations of chlorinated reaction products in water for food processing, drinking water and different types of food and beverages. The concentrations are calculated in microgram/l for the liquids and for solid foodstuffs in nanogram/gram.

Source	**Component**	**Concentration**	**Reference**
Water for processing	Trichloromethane	4,6 – 57,0 µg/l	Uhler and Diachenko, 1987
	Monobromodichlo-romethane	2,2 – 14,1 µg/l	Uhler and Diachenko, 1987
	Trichlorethylene	3,0 – 7,8 µg/l	Uhler and Diachenko, 1987
	1,1,1-trichloroethane	2,0 – 4,3 µg/l	Uhler and Diachenko, 1987
	Tetrachloroethylene	1,3 µg/l	Uhler and Diachenko, 1987
Drinking water	Monochloroacetic acid	3,6 – 13,4 µg/l	Jolley, 1989
	Dichloroacetic acid	4,2 – 208 µg/l	Jolley, 1989
	Trichloroacetic acid	0,6 – 115 µg/l	Jolley, 1989
	Chloralhydrate (2,2,2-Trichlor-1,1-ethandiol)	<0,03 – 16,4 µg/l	Jolley, 1989
	Trichloropropanone	<0,5 – 2,4 µg/l	Jolley, 1989
	Trichloronitromethane	< 3 µg/l	Jolley, 1989
Cola type beverages	Trichloromethane	9 – 178 µg/l	Entz, Thomas and Diachenko, 1982, Uhler and Diachenko, 1987
	Monobromodichlo-romethane	1,2 – 3,8 µg/l	Entz, Thomas and Diachenko, 1982, Uhler and Diachenko, 1987
Other carbondioxide-containing beverages	Trichloromethane	14,5 – 32 µg/l	Entz, Thomas and Diachenko, 1982
	Trichloromethane	2,3 – 15,6 µg/l	Uhler and Diachenko, 1987
	Monobromodichlo-romethane	1,2 – 2,3 µg/l	Uhler and Diachenko, 1987

Pasteurized milk	Trichloromethane	17 µg/l	Entz, Thomas and Diachenko, 1982
	Trichloromethane	0 – 3,1 µg/l	Kroneld and Reunanen, 1990
	1,1,1-trichlorethane	0 – 0,03 µg/l	Kroneld and Reunanen, 1990
	Tetrabromomethane	0 – 0,02 µg/l	Kroneld and Reunanen, 1990
	Monobromodichlo-romethane	0 – 0,07 µg/l	Kroneld and Reunanen, 1990
	Monochlorodibro-momethane	0 – 0,3 µg/l	Kroneld and Reunanen, 1990
Cheese	Trichloromethane	15 – 17 ng/g	Entz, Thomas and Diachenko, 1982
	Trichloromethane	2,4 – 10,9 ng/g	Uhler and Diachenko, 1987
	1,1,1-trichlorethane	1,2 – 6,4 ng/g	Uhler and Diachenko, 1987
Butter	Trichloromethane	56 ng/g	Entz, Thomas and Diachenko, 1982
	Monobromodichlo-romethane	7 ng/g	Entz, Thomas and Diachenko, 1982
Ice cream	Trichloromethane	4,6 – 31,2 ng/g	Entz, Thomas and Diachenko, 1982, Uhler and Diachenko, 1987
	1,1,1-trichlormethane	2,7 – 37,3 ng/g	Uhler and Diachenko, 1987
Mayonnaise	Trichloromethane	34 ng/g	Entz, Thomas and Diachenko, 1982

MICROBIOLOGICAL EFFECTS

22. In most cases, the use of active chlorine would be requested due to microbiological problems occurring in food or water. The concentration of use would be a balanced compromise between the benefits against the microbiological hazards and the danger of hazards from residues of chemicals. The use of active chlorine components has various different effects on the microflora. The efficiency of chlorine as a disinfecting or decontaminating agent is depending on pH and the temperature of use. Whenever the use is considered, it is essential to consider whether active chlorine indeed has the requested effect or not. Moreover, the decision should be based on relevant data concerning the risk for consumers, including an assessment of both the microbiological risk and the chemical risk.

Table 3 Some examples are given on the bactericide effect of active chlorine on various microorganisms (Block, 1991)[7]:

Organism	**pH**	**Tempera-ture (°C)**	**Exposure time (minutes)**	**Cl_2 Concentration (mg/l)**	**Bactericide effect (% reduction)**
Bacillus anthra-cis	7,2	22	120	2,3 – 2,4	100
Escherichia coli	7,0	20-25	1	0,055	100
Listeria mono-cytogenes	9,5	20	0,5	100	99-100
Staphylococcus aureus	7,2	25	0.5	0,8	100

[7] Comment: Might not be equivalent to effects on real foods, as the effect on microorganisms on food might be different (less bactericidal) by orders of magnitude.

Endamoeba histolytica cysts	7,0	25	150	0,08-0,12	99-100
Adenovirus	8,8-9,0	25	0,6-0,8	0,2	99,8
Poliovirus	7,0	25-28	2	0,11-0,2	99,9

TOXICOLOGICAL CONSIDERATIONS

23. The guideline value in the WHO guidelines for drinking water is based on a TDI for free chlorine of 150 microgram/kg body weight, and for monochloramine based on a TDI of 94 microgram/kg of body weight as a guideline value. The WHO maximum guideline value for chlorine residue in drinking water is 5 mg/l (3.2.3). In 1998, the American Environmental Protection Agency established a maximum residual disinfection level (MRDL) of 4 mg/l for chlorine in public water systems.

24. Results from animal studies with oral administration of chlorine or chlorine-treated food products showed no signs of teratogenicity, reproductive toxicity and carcinogenicity (Vetrano, K.M., 2001). There is conflicting evidence whether the administration of chlorine-bleached flour to rats has acute toxic effects.

25. Various halogenated by-products can be formed during chlorine disinfection, and their toxicological effects have likewise been investigated in animal and in vitro studies. The effects of high doses of these substances range from oxidative toxicity (e.g. chlorite) and mutagenicity (e.g. trichloronitromethane) to reproductive effects (e.g. chloroacetates), neurotoxicity (e.g. trihalomethanes) and carcinogenicity (e.g. trichloroacetaldehyde, dichloroacetat, trihalomethanes).

26. WHO has established guideline values in drinking water (WHO, 1996) for the following disinfection by-products: dibromochloromethane (100 µg/l), chloroform (200 µg/l), bromodichloromethane (60 µg/l), bromoform (100 µg/l), dichloroacetate (50 µg/l), trichloroacetate (100 µg/l), trichloroacetaldehyde (10 µg/l), dichloroacetonitrile (90 µg/l), dibromoacetonitrile (100 µg/l), trichloroacetonitrile (1 µg/l), 2,4,6-trichlorophenol (200 µg/l), cyanogen chloride (70 µg/l), chlorite (200 µg/l). No guideline values have been established for other by-products of potential concern, such as chloropropanols and chlorinated hydroxyfuranone (MX).

27. In 2000, the disinfectants and the disinfectant by-products were evaluated by IPCS (International Programme on Chemical Safety (WHO, 2000) and the main conclusions were:

1. No by-product studied to date is a potent carcinogen at concentrations normally found in drinking water.
2. Epidemiological studies do not provide convincing evidence that chlorinated water increases the risk for cardiovascular disease, cancers or adverse pregnancy outcomes.

28. Although the scientific evidence for potentially harmful effects of ingesting chlorine-treated food products is weak, the formation of toxic halogenated by-products is still an uncertain and relevant factor to be investigated and an updated risk assessment from an international expert committee on food and chemicals in food is needed.

DISCUSSION

29. The paper describes different aspects of chlorine: its definitions, various reasons of use, and chemical, microbiological and toxicological aspects. The use of active chlorine in foodstuffs (and on foodstuffs) can be regarded as included in either of the above-mentioned definitions on disinfectants (decontaminants), pesticides, food additives, processing aids, or contaminants. Some Codex member countries regard active chlorine as a food additive, others exclusively as a processing aid, and in the Codex Code of Hygiene Practice, it is described as a disinfectant. Moreover, it could be argued that the reaction products in the food after the use

of active chlorine are contaminants in the foodstuffs and the content of these reaction products should be evaluated for safety.

OPTIONS FOR DECISIONS

30. The use of active chlorine, and other chemicals or reaction products thereof on foodstuffs should not endanger human health.

31. If active chlorine is to be considered for the use on foodstuffs, the first priority must be to perform a proper risk assessment of such use. In Codex, chemicals used in food either as food additives or as proces s-ing aids or found in foodstuffs due to contamination should be evaluated by JECFA. The safety evaluation should be given main priority before a component is applied on foodstuffs.

32. As said at the beginning: the priority of Codex, through Codex Standards is to protect consumer's health and facilitate free trade among member countries. All the elements of a Codex standard have one universal objective: The safe production of food. This means that specified production methods, accepted lists of food additives etc. in the standards should always lead to safe foodstuffs. The use of active chlorine is included in the above-mentioned proposed standards. If the use of chemical components is not in compliance with the criteria for the safe use of chemicals on food, the standards would not be legally binding for member states..

33. In order to ensure consumer safety and to facilitate free trade, the options for the use of active chlorine in foods include the following:

a. Chlorine should be assessed by JECFA. Available material concerning active chorine as a chemical used in contact with food should be forwarded to JECFA for risk assessment.

b. The above-mentioned standards from CCFH and CCFFP should not include the use of chlorine as an agreed Codex treatment of vegetables or shrimps prior to a risk assessment. The proposed standard should be forwarded to CCFAC for endorsement of the use of chlorine in line with the procedure for food additives and contaminants in Codex standards.

c. In cases where the active chlorine may be regarded as a *food additive*, the actual components will have to be included in the work on the General Standard on Food Additives, after being evaluated by JECFA for all uses.

d. *If* the active chlorine is to be regarded as a *contaminant*, then it should be included in the General Standard for Contaminants after evaluation by JECFA.

e. *If* the active chlorine is to be regarded as *pesticide or disinfectant (or decontaminant),* the residues and the reaction products in the food would be regarded as contaminants, and they are to be identified, assessed and included in the General Standard for Contaminants after evaluation by JECFA.

f. *If* the active chlorine is to be regarded as *processing aid*, the use of chlorine should be included under the agenda for processing aids. However, processing aids used in Codex Standards or Code of Practice should still be presented to CCFAC for adoption and it would be problematic for CCFAC to accept the use of substances that are not evaluated for safety *(*given the uncertain outcome of potential by-products).

34. The main point is consumer safety, no matter how the use of active chlorine is regarded under the Codex definitions; the use of active chlorine *should be evaluated for safety* in all cases. Codex provisions for the use of chemical substances are in many cases proposed by the Commodity Committees and other Committees like the CCFH. In general, these provisions should be sent to the CCFAC for adoption, before final adoption in CAC for Standards, Codes of Practice etc.

35. During the evaluation in CCFAC of chemicals used or found as contaminants, the normal procedure would be to consult with the risk assessors, JECFA, before decision is taken. The above-mentioned draft

papers should also be sent to CCFAC for endorsement. The question whether active chlorine is used under one or the other definition could be discussed independently of and currently with the risk assessment.

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