



# CFS 49

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## FAO Evidence platform for agri-food systems and nutrition

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## 105 recommendations for action aiming at achieving sustainable food systems, enabling healthy diets and improving nutrition



## Four categories of documents

- UN evidence-informed documents
- UN normative guidance documents
- UN operational/technical guidance documents
- Other technical guidance documents and peer-reviewed systematic reviews or meta-analyses

## Evidence platform for agri-food systems and nutrition

### Focus Areas

The **105 recommendations of the Voluntary Guidelines on Food Systems and Nutrition (VGFSyN)** are categorized under 7 focus areas and several thematic sub-sections. You can browse the recommendations from the "Focus Areas" section, by navigating the focus and sub-focus areas' menu, or by doing a free search by key terms.

Free search VGFSyN recommendation text



This platform provides evidence and tools to support governments and stakeholders in the uptake of the Voluntary Guidelines on Food Systems and Nutrition (VGFSyN) of the Committee on World Food Security (CFS). This platform was developed by FAO in collaboration with UN Nutrition, to facilitate the implementation of the 105 VGFSyN recommendations for action aiming at achieving sustainable agri-food systems, enabling healthy diets and improving nutrition.

FAO encourages the use of the VGFSyN by its Members in conjunction with other specialized science and evidence-based standards, normative guidelines and tools that provide further explanation and detail for action for each of the 105 VGFSyN recommendations. This platform presents relevant published documents that are accessible online and have been mapped against individual recommendations.



The VGFSyN presents a set of 105 recommendations that help ensure that diets needed for adequate nutrition are accessible, available, affordable, safe and of adequate quality and quantity, conforming with beliefs, culture and traditions, dietary habits, and preferences of individuals, in accordance with national and international laws and obligations.

The objective of the VGFSyN is to contribute to achieving sustainable food systems and improved nutrition, recalling that transformation of

-  FAO Nutrition
-  Committee on World Food Security (CFS)
-  UN Nutrition
-  UN Decade of Action on Nutrition (2016-2025)

[www.fao.org/evidence-platform-agri-food-systems-nutrition](http://www.fao.org/evidence-platform-agri-food-systems-nutrition)

the goal of the VGFSyN to provide guidance to help countries and other

# Evidence platform for agri-food systems and nutrition

## Focus Areas

### I. Transparent, democratic and accountable governance

3.1.1 Promoting policy coordination and coherence by integrating food systems and nutrition into local, national and regional development

3.1.2 Strengthening multi-sectoral, multistakeholder and multi-level coordination and actions

3.1.3 Creating accountability mechanisms and tools for monitoring and evaluation

3.1.4 Strengthening participation and inclusion of indigenous peoples and local communities in food systems

### II. Sustainable food supply chains to achieve healthy diets

### III. Equal and equitable access to healthy diets through sustainable food systems

### IV. Food safety across sustainable food systems

### V. People-centered nutrition knowledge, education and information

### VI. Gender equality and women's empowerment across food systems

### VII. Resilient food systems in humanitarian contexts

This FAO evidence platform provides evidence and tools to support governments and stakeholders in the implementation of the Voluntary Guidelines on Food Systems and Nutrition (VGFSyN) of the Committee on World Food Security (CFS).

To find relevant documents for a VGFSyN recommendation, select a focus area from the left menu and the sub-focus area of your interest. You will be redirected to a page listing all relevant VGFSyN recommendations. Select a recommendation to access the links to the relevant online documents.

#### Focus Area I Transparent, democratic and accountable governance

This focus area lays out the importance of governance mechanisms, leadership and accountability across the range of actors, at global, regional, national and local levels, within food systems. It provides guidance on: the promotion of policy coordination and coherence; the integration of food systems and nutrition into development plans; the creation of accountability mechanisms and tools for monitoring and evaluation; and strengthening the participation of indigenous peoples in food systems.

### 3.1.1 Promoting policy coordination and coherence by integrating food systems and nutrition into local, national and regional development

The four digit numbering of each recommendation follows the numbering in the VGFSyN, whereby the first digit represents the chapter 3 of the document that includes the 105 recommendations, the second digit the focus area, the third digit the sub-focus area and the letter the specific recommendation.

#### Recommendation 3.1.1.a

Governments should foster policy coordination and coherence across sectors and agencies to reduce all forms of malnutrition from a food systems perspective. These sectors and agencies may include those impacting health, agriculture, education, environment, water, sanitation, gender equality, social protection, trade, employment, and finance. Governments should include the sustainability of food systems as a priority in order to effectively align relevant sectors around a common set of goals.



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Focus Areas

## UN operational/technical guidance documents <sup>i</sup>

Title	Author	Publisher	Year
<a href="#">Guide on legislating for the right to food</a>	Bultrini, D.B., Vidar, M., Knuth, L. & Rae, I.	FAO	2009
<a href="#">Strengthening sector policies for better food security and nutrition results: forestry</a>	Jin, S.L. & Reeb, D.	FAO	2017
<a href="#">Towards food security and improved nutrition: increasing the contribution of forests and trees</a>	FAO	FAO	2013

## Other documents <sup>i</sup>

Title	Author	Publisher	Year
<a href="#">Sustainable forestry for food security and nutrition: policy recommendations</a>	CFS	CFS	2018
<a href="#">RICH food, smart city: how building reliable, inclusive, competitive, and healthy food systems is smart policy for urban Asia</a>	Acharya, G., Cassou, E., Jaffee, S. & Ludher, E.K.	World Bank	2021

## Evidence – Tool Box

- Emerging Coalitions in the context of the UN Food Systems Summit
- Formulating policy commitments for the Tokyo Nutrition for Growth Summit
- Accelerating movement from commitment to action to impact