Enabling policy, programmatic and institutional frameworks

Food competent, reactive and proactive children, adolescents and families contribute to a population with health-promoting and sustainable food practices and outlooks.

Goal: Contribute to a population with health-promoting and sustainable food practices and outlooks.

Food competent, reactive and proactive children, adolescents and families.

Core Principles:
1. Need-based learning
2. Action aims
3. Ownership of the process
4. Experience-based and real-life practice
5. Observation and discussion
6. Purposeful interactions with food environments
7. Family and community support
8. Involvement of all influential actors

Food and nutrition learning development:
- Design of learning programmes
- Comprehension of the situation and identification of needs
- Design of learning materials and activities fit for purpose
- Development of competence-based curriculum/plan
- Evaluation
- Formulation of target food and nutrition competences
- Capacity development
- Assessment
- Feedback

SFNE programme development:
- Enabling policy, programmatic and institutional frameworks

Looking back and forward:
- Children and adolescents’ food and nutrition learning