

2

ZERO
HUNGER

3

GOOD HEALTH
AND WELL-BEING

4

QUALITY
EDUCATION

12

RESPONSIBLE
CONSUMPTION
AND PRODUCTION

GOAL

Contribute to a population with health-promoting and sustainable food practices and outlooks

Food competent, reactive and proactive children, adolescents and families

Children and adolescents' food and nutrition learning



CORE PRINCIPLES

1. Need-based learning
2. Action aims
3. Ownership of the process
4. Experience-based and real-life practice

5. Observation and discussion
6. Purposeful interactions with food environments
7. Family and community support
8. Involvement of all influential actors

