

A paper cutout illustration of a person wearing a wide-brimmed hat and a white shirt, holding the hand of a smaller child. The background is a soft-focus image of a forest with green foliage and a tree trunk.

## Item 7.4

# Follow-up to the Second International Conference on Nutrition (ICN2)

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# Content

- ICN2 and its relevance for forests
- Forests and healthy diets
- ICN2 follow-up in forestry
- Points for consideration



# ICN2 and its relevance for forests

- High level political event addressing global nutrition problems
- Outcome: Rome Declaration and Framework for Action
- Relevant actions for forestry:
  - Creating enabling environments
  - Sustainable food systems promoting healthy diets
  - Enhancing nutrition education + information to build capacities



# Forests and healthy diets

- **Important source of nutrients for rural households** - often main source of proteins and bioavailable micronutrients
- **Wood used for cooking, sterilizing water and food processing**
- **Forest biodiversity** – gene reservoir for crops
- **Small holder productivity and income** - important source of income for households, esp. women
- **Forests as safety nets - 100% access to adequate food all year round** - due to variety and availability in different seasons

# Forest products and nutrition



Forest fruits provide minerals and vitamins, fatty acids and protein



Leaves of forest plants and provide minerals and vitamins, some also protein



Forest foods of animal origin are the main source of protein for many local communities

# Importance of wood energy



**Over  
half**

**of all wood**  
produced in the world  
is used for energy

**1 in 3** 

**households**  
use wood as their  
main fuel for cooking



# ICN2 follow up in forestry

*“Forests are more than trees and are fundamental for food security and improved livelihoods.*

*The forests of the future will increase the resilience of communities by: providing food, wood energy, shelter, fodder and fibre.... “(Durban Declaration, WFC)*

# Action taken by FAO

- Support to countries in strengthening cross-sectoral platforms to enhance the contribution of forests to food security and nutrition
- Development of guidance note on addressing food security and nutrition in forest sector policies
- Development of cross-sectoral forestry and food security policy-assessment framework
- Capacity development of forest communities in Central Africa to process NWFPs
- Field projects involving nutrition education on dietary diversification, including through forest foods



# Points for consideration

The Committee may wish to invite countries to:

- mainstream the role of forests and trees outside forests for food security and nutrition
- promote the sustainable production of woodfuel and its safe use for cooking and water sterilization
- provide local communities with secure tenure rights

# Points for consideration (cont.)

The Committee may wish to invite FAO to support countries in:

- forest tenure reform and forest-related policies integrating food security and nutrition objectives
- strengthening government and community capacity to integrate food security and nutrition objectives into SFM practices

# Thank you

