

## **Anti-enzymes**

### Description

Anti-enzymes factors are a group of compounds having an anti-enzymatic activity such as the amylase inhibitor, the invertase inhibitor, and the arginase inhibitor (derivative of chlorogenic acid) (Tacon, 1997).

### Occurrences

They are found in many plant-derived ingredients (cereal, root tubers, legumes and oilseeds).