

Antimicrobial resistance in aquaculture in the context of one health

Indrani Karunasagar
Director – Projects and DST-TEC
Nitte Deemed to be University
Mangalore – 575018
Indrani.Karunasagar@nitte.edu.in





ANTIBIOTIC RESISTANCE

THE MAGIC BULLET'S TOLL

What if a saviour turns into a killer? After 80 years of use, overuse and abuse of antibiotics—termed magic bullets—microbes have become resistant to them. Antibiotic resistant diseases are undoing the great strides in modern treatment.

BY 2030

**126
BILLION**

defined daily dosages
of antibiotics*

200%

more than in 2015*

BY 2050

10 MILLION
deaths/year**

More than those
killed in the
Rwandan
genocide

BY 2050

**\$100
TRILLION**
economic loss**

Which is over
15 times of
Africa's GDP

Source: *Global increase and geographic convergence in antibiotic consumption between 2000 and 2015, PNAS, April 10, 2018. **Looking drug-resistant infections globally: final report and recommendations, 2016, Wellcome Trust, HM Government, the UK.

Sebastian G.B. Amyes

MAGIC BULLETS LOST HORIZONS

The Rise and Fall of Antibiotics

CRC Press
Taylor & Francis Group

Understanding resistance is
Important...

WORLD

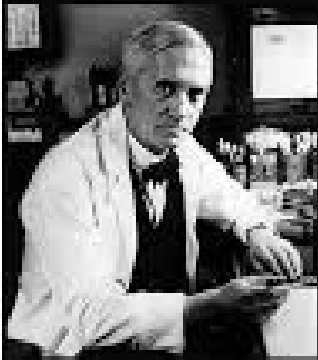


ANTIMICROBIAL

AWARENESS WEEK

18-24 NOVEMBER

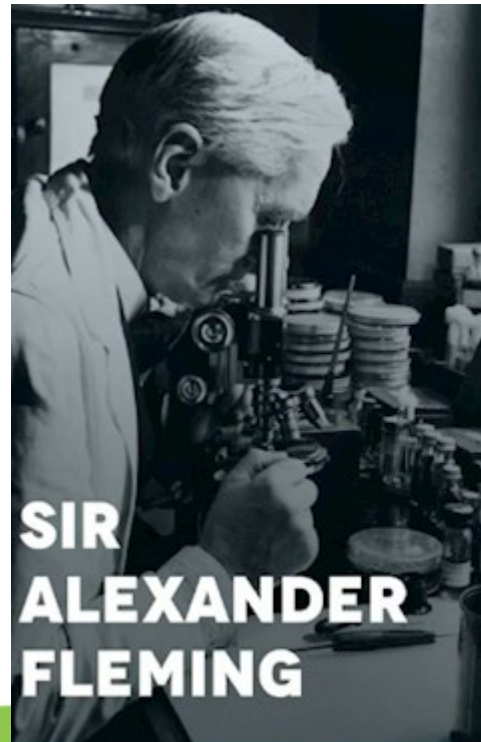




I have been trying to point out that in our lives chance may have an astonishing influence and, if I may offer advice to the young laboratory worker, it would be this - never to neglect an extraordinary appearance or happening.

(Alexander Fleming)

lzquotes.com



The thoughtless person playing with penicillin treatment is morally responsible for the death of the man who succumbs to infection with the penicillin-resistant organism.

I hope this evil can be averted.



Why should we talk about resistance

© Randy Glasbergen
glasbergen.com



“Resistance training is just as important as cardio. Train yourself to resist chocolate, pastries, fried foods, beer, pizza....”



Definitions

Multidrug Resistant (MDR)

- Acquired non-susceptibility to at least one agent in three or more antimicrobial categories

Extensively drug resistant (XDR)

- Non-susceptibility to at least one agent in all, but two or fewer antimicrobial categories

Pan drug resistant (PDR)

- Non-susceptibility to all agents in all available antimicrobial categories

Exner et al. GMS Hyg Infect Control. 2017; 12: Doc05.



Antimicrobial resistance global threat

- WHO has identified AMR as one among top 10 global public health threats.
- US CDC estimates- two million people affected by AMR infections and 23,000 die every year.
- Europe estimates- ~ half million affected by AMR infections and deaths 33,116 per year.
- In 2011, UN General assembly adopted “Political declaration on antimicrobial resistance”.
- WHO, FAO and OIE have developed action plan against AMR

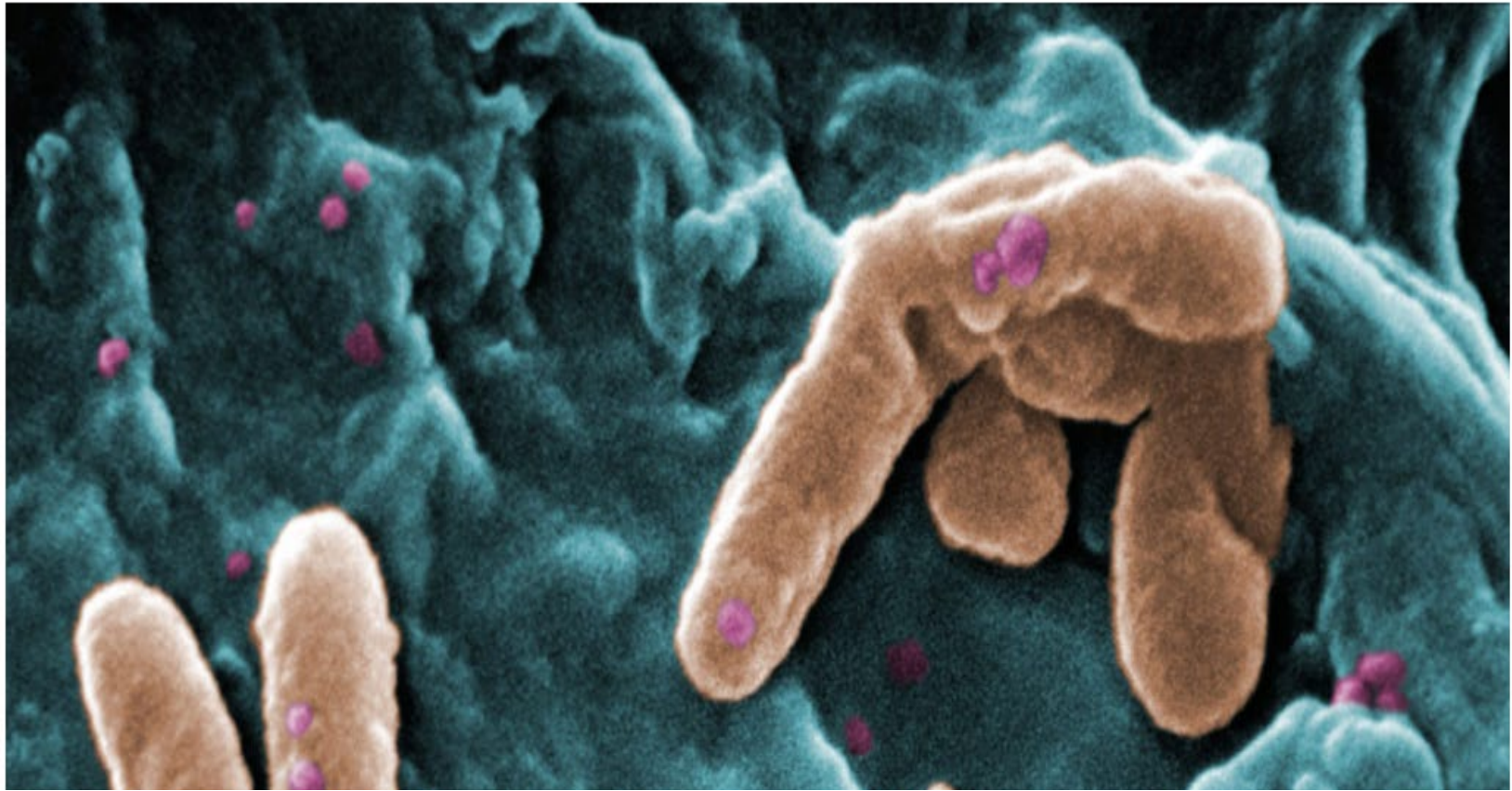


WHO – most important organisms for which new therapeutics are needed

- ESKAPE group
 - *Enterococcus faecium*
 - *Staphylococcus aureus*
 - *Klebsiella pneumoniae*
 - *Acinetobacter baumannii*
 - *Pseudomonas aeruginosa*
 - *Enterobacter* spp
- Cause of most important healthcare associated infections
- Impact:
 - Infections not responding to antibiotics - mortality
 - Longer hospital stays



WHO releases list of world's most dangerous superbugs



- **Priority 1: Critical**
 1. *Acinetobacter baumannii*, carbapenem-resistant
 2. *Pseudomonas aeruginosa*, carbapenem-resistant
 3. *Enterobacteriaceae*, carbapenem-resistant, ESBL-producing
- **Priority 2: High**
 4. *Enterococcus faecium*, vancomycin-resistant
 5. *Staphylococcus aureus*, methicillin-resistant, vancomycin-intermediate and resistant
 6. *Helicobacter pylori*, clarithromycin-resistant
 7. *Campylobacter spp.*, fluoroquinolone-resistant
 8. *Salmonellae*, fluoroquinolone-resistant
 9. *Neisseria gonorrhoeae*, cephalosporin-resistant, fluoroquinolone-resistant
- **Priority 3: Medium**
 10. *Streptococcus pneumoniae*, penicillin-non-susceptible
 11. *Haemophilus influenzae*, ampicillin-resistant
 12. *Shigella spp.*, fluoroquinolone-resistant



KEY

Actinomycete natural products

Other bacterial natural products

Fungal natural products

Synthetic antibiotics

**Indicates that synthesis was inspired by a natural product*

Macrolides
Glycopeptides
Tuberactinomycins
Polymyxins
Nitrofurans
Pyridinamides

Phosphonates

Aminoglycosides
Tetracyclines
Amphenicols
Polypeptides
Bacitracin
Penicillins
Sulfones
Salicylates

Ansamycins
Lincosamides
Streptogramins
Cycloserine
Fusidic acid
Cephalosporins
Enniatins
Quinolones
Azoles*
Phenazines*
Diaminopyrimidines
Ethambutol
Thioamides

Liparmycins
Diarylquinolines

Carbapenems
Mupirocin
Monobactams

Lipopeptides
Pleuromutilins
Oxazolidinones

1900 1910 1920 1930 1940 1950 1960 1970 1980 1990 2000 2010

Salvarsan is no longer in clinical use

Salvarsan

Sulfonamides

First synthetic antibiotic used clinically

Penicillin discovered

Penicillin approved for clinical use

Streptomycin discovered

Penicillin resistance identified

Golden Age

MRSA first detected

Plasmid borne resistance to sulfonamides

Last class of clinically-used NP antibiotic discovered

VRE first detected

First actinomycete genome sequenced

VRSA first detected

Plasmid-borne colistin resistance in Enterobacteriaceae.

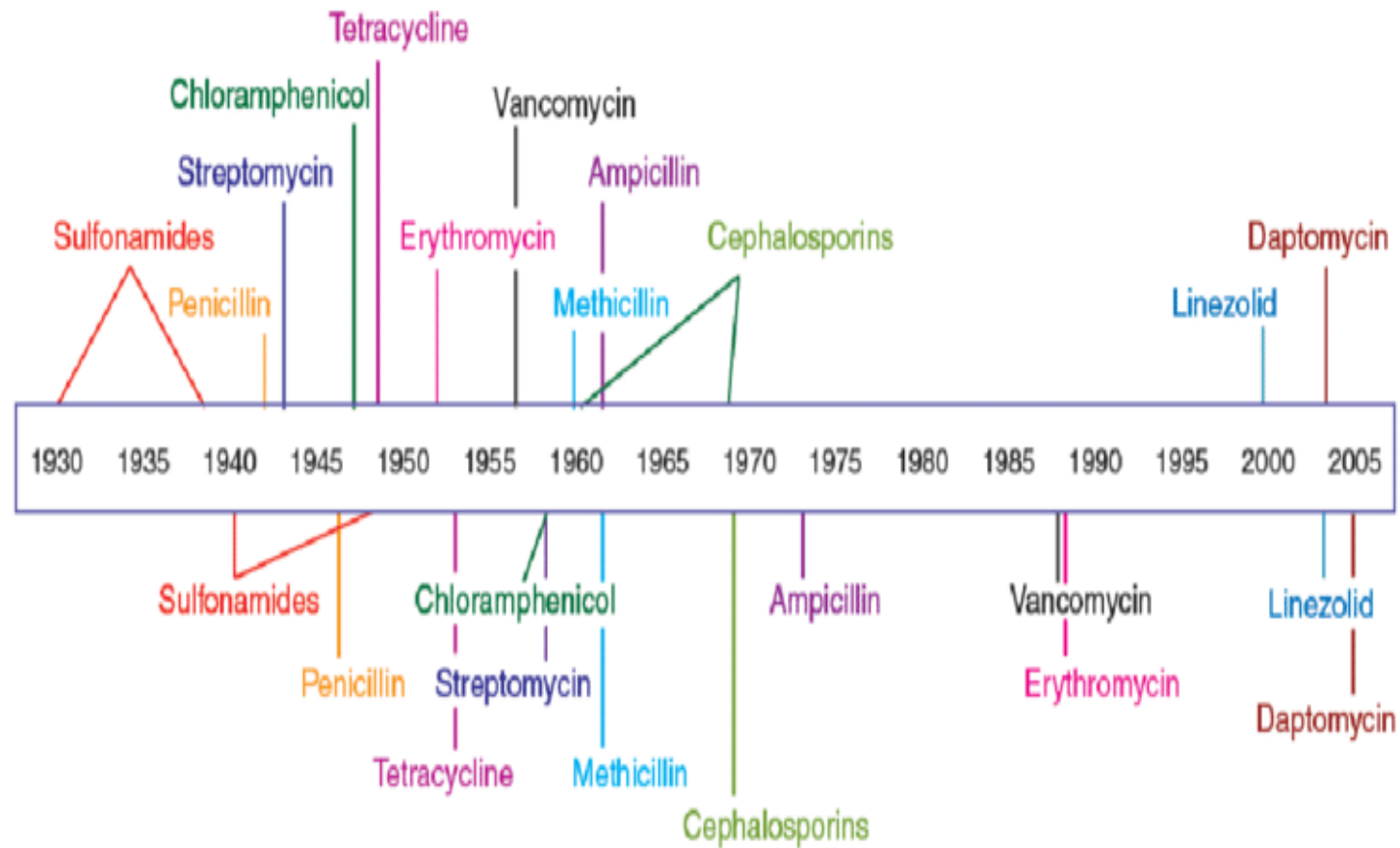
First systematic analysis of antibiosis by soil bacteria

First report of antibiosis by actinomycetes

Resistance to salvarsan



Antibiotic deployment



Antibiotic resistance observed



CONSULTATIONS AND WORKSHOPS

Antimicrobial Use in Aquaculture and Antimicrobial Resistance

Report of a Joint FAO/OIE/WHO
Expert Consultation on Antimicrobial Use in
Aquaculture and Antimicrobial Resistance

Seoul, Republic of Korea, 13–16 June 2006



World Health
Organization

Issued by the World Health Organization in collaboration
with the Food and Agriculture Organization of the United Nations
and the World Organisation for Animal Health

DEPARTMENT OF FOOD SAFETY, ZOOSES AND FOODBORNE DISEASES
WORLD HEALTH ORGANIZATION
GENEVA, SWITZERLAND



Major risks associated with antimicrobial use in aquaculture

- Antimicrobial residues in fish
- Selection and spread of antimicrobial resistance
 - Pathogens of aquatic animals
 - Fish associated bacteria with zoonotic potential
 - Resistance transfer can happen across bacterial species and genera
 - Aquatic bacteria that may transfer resistance to human pathogens





Publications that raised serious concern

Environmental Microbiology (2006) 8(7), 1137–1144

doi:10.1111/j.1462-2920.2006.01054.x

Minireview

Heavy use of prophylactic antibiotics in aquaculture: a growing problem for human and animal health and for the environment

Felipe C. Cabello

*Department of Microbiology and Immunology, New York
Medical College, Valhalla, NY 10595, USA.*

many developed and developing countries. It is expected that this growth will increase at an even faster rate in the future, stimulated by the depletion of fisheries and the market forces that globalize the sources of food supply



Aquaculture as yet another environmental gateway to the development and globalisation of antimicrobial resistance



Felipe C Cabello, Henry P Godfrey, Alejandro H Buschmann, Humberto J Döhl

Aquaculture uses hundreds of tonnes of antimicrobials annually to prevent and treat bacterial infection. The passage of these antimicrobials into the aquatic environment selects for resistant bacteria and resistance genes and stimulates bacterial mutation, recombination, and horizontal gene transfer. The potential bridging of aquatic and human pathogen resistomes leads to emergence of new antimicrobial-resistant bacteria and global dissemination of them and their antimicrobial resistance genes into animal and human populations. Efforts to prevent antimicrobial overuse in aquaculture must include education of all stakeholders about its detrimental effects on the health of fish, human beings, and the aquatic ecosystem (the notion of One Health), and encouragement of environmentally friendly measures of disease prevention, including vaccines, probiotics, and bacteriophages. Adoption of these measures is a crucial supplement to efforts dealing with antimicrobial resistance by developing new therapeutic agents, if headway is to be made against the increasing problem of antimicrobial resistance in human and veterinary medicine.

Lancet Infect Dis 2016;
16: e127–33

Published Online

April 12, 2016

[http://dx.doi.org/10.1016/S1473-3099\(16\)00100-6](http://dx.doi.org/10.1016/S1473-3099(16)00100-6)

Department of Microbiology
and Immunology and
Department of Pathology,
New York Medical College,
Valhalla, New York, NY, USA
(Prof F C Cabello MD,



Antimicrobial use in Aquaculture

- Fish contributes to about 7% of global protein intake (FAO, 2020).
- 2017 global antimicrobial consumption in aquaculture- 10,259 tonnes - expected to increase to 13,600 tonnes (33% increase) by 2030 (Schar et al., 2020).
- Consumption intensity : *157 mg kg⁻¹ for catfish, 103 mg kg⁻¹ for trout, 59 mg kg⁻¹ for tilapia, 46 mg kg⁻¹ for shrimp, 27 mg kg⁻¹ for salmon, 208 mg kg⁻¹ for pooled species.*
- Global antimicrobial consumption in 2030 - expected to be 236,757 tonnes – Application sector wise:
 - humans accounting for 20.5%
 - terrestrial animal production accounting for 73.7%
 - aquaculture accounting for 5.7%



Global antimicrobial consumption

Source: Schar et al., 2020

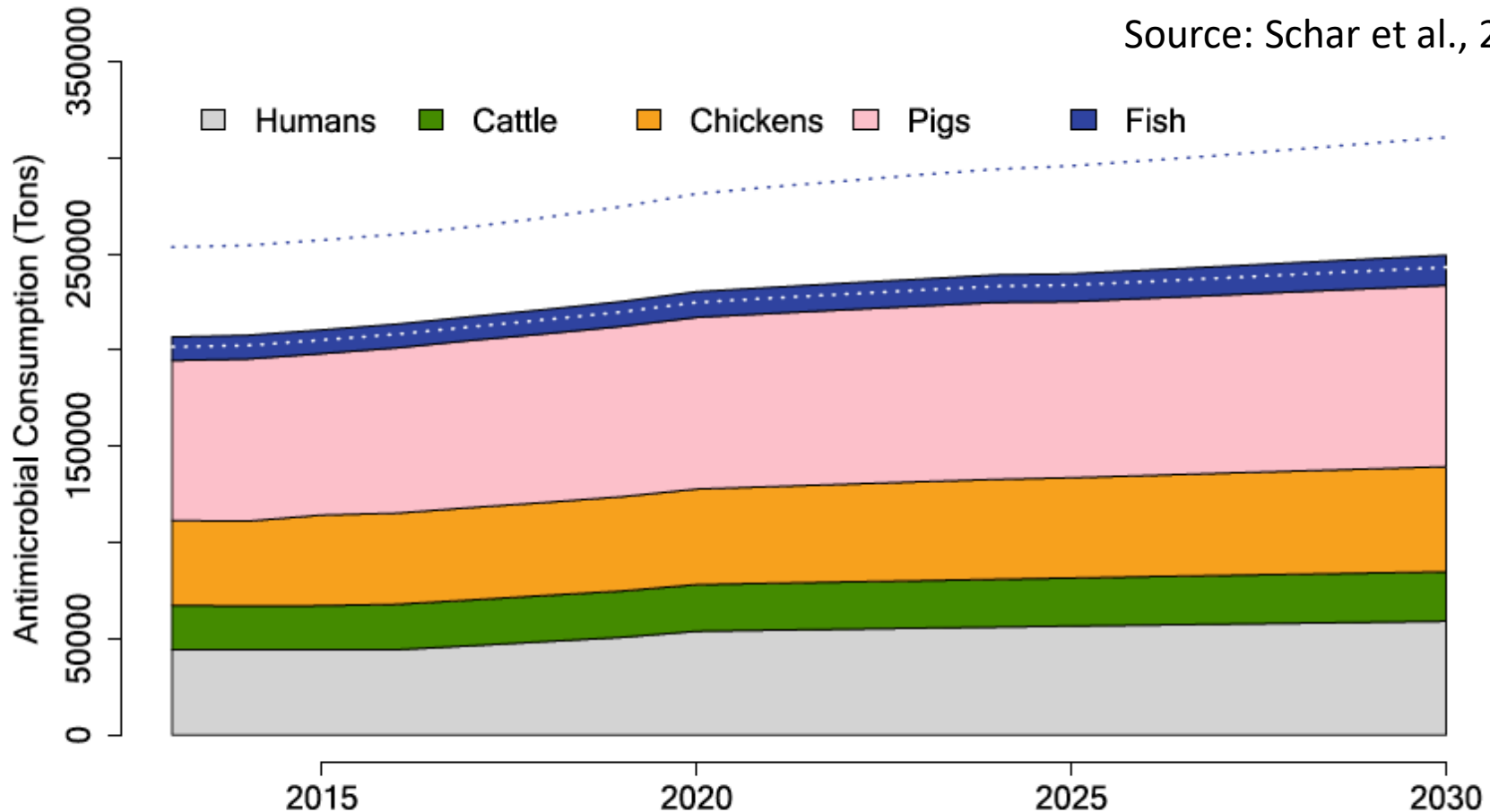


Figure 3. Global antimicrobial consumption, 2013–2030. Dotted lines represent the 95% uncertainty interval for fish.



Antibiotic consumption in aquaculture (Schar et al., 2020)

- In 2017 , 93.8% global antibiotic consumption in aquaculture sector was in Asia-Pacific Region, 2.3% in Africa, 1.8% in Europe.
In 2030, increases would be 50.9% in Africa and 50.6% in Latin America
- In Asia-Pacific region, antibiotic consumers – Global aquaculture production

China	57.9%	-----	51.2%
India	11.3%	-----	9.9%
Indonesia	8.6%	-----	9.8%
Vietnam	5%	-----	5.7%
- The countries with largest projected increase during 2017-2030 would be Brazil (94%), Saudi Arabia (77%), Australia (61%), Russia (59%) and Indonesia (55%).



Development of Antibiotic Resistance



How Antibiotic Resistance Happens

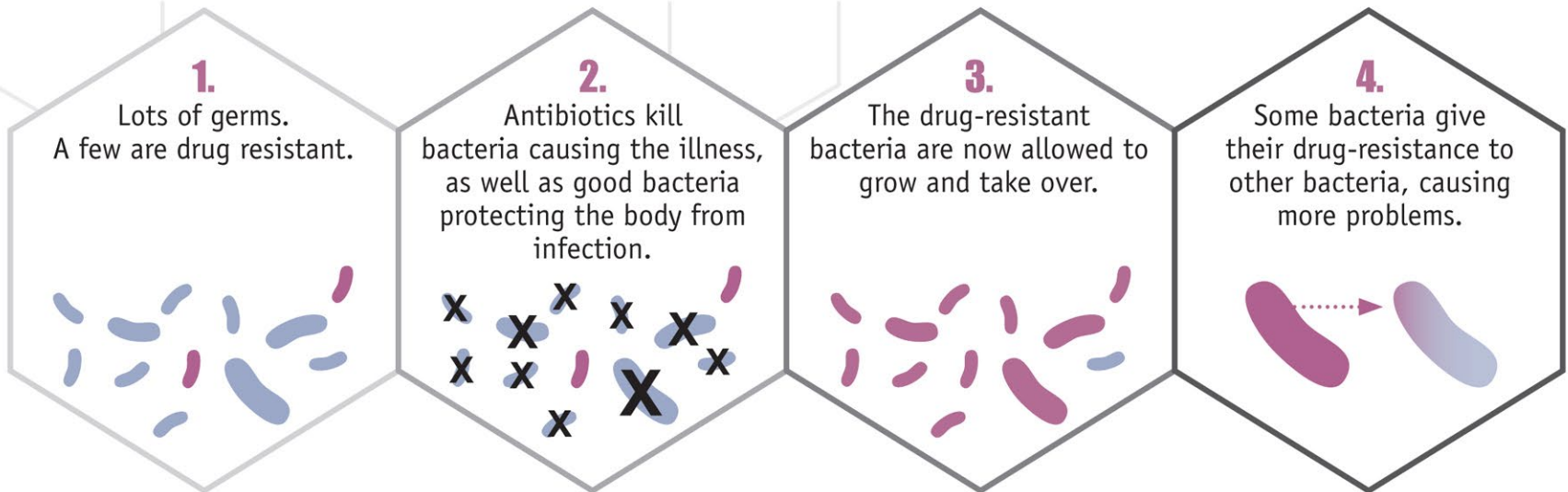
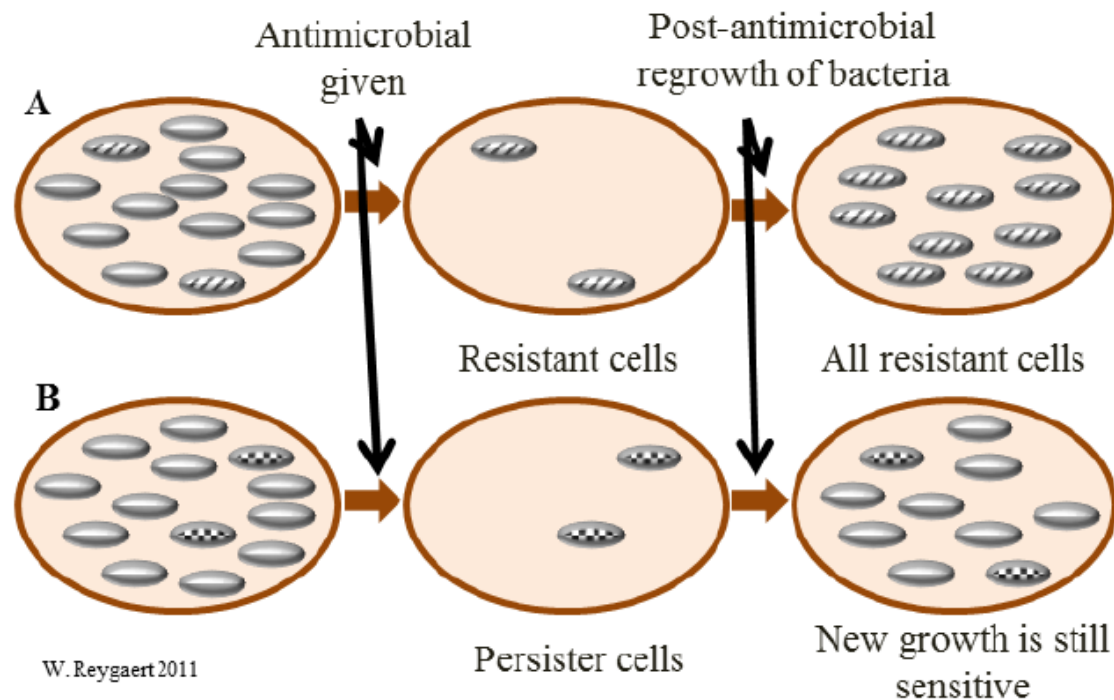


Image courtesy of CDC / Melissa Brower
Centers for Disease Control and Prevention Public Health Image Library
<http://phil.cdc.gov/phil/home.asp>



Persistence vs resistance ?

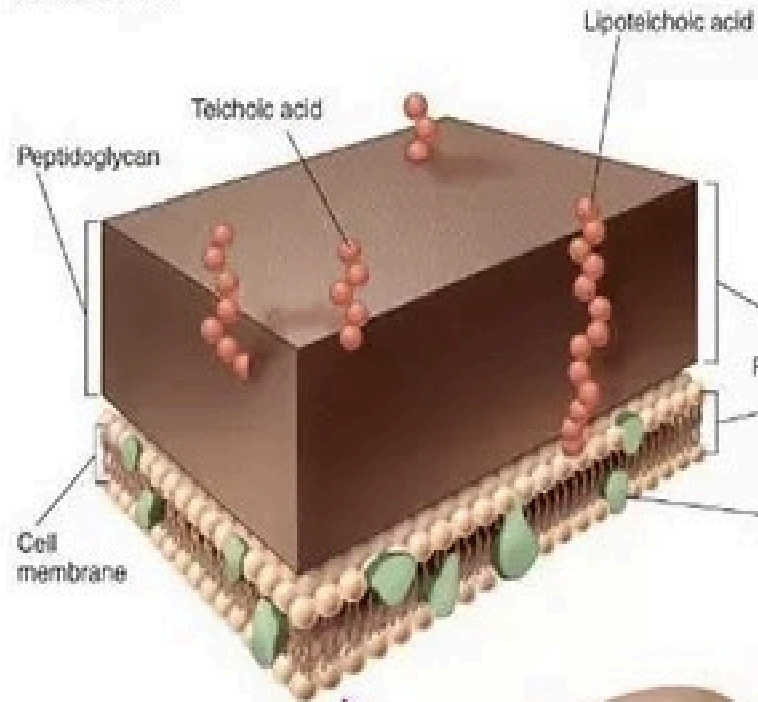


Some bacteria have intrinsic resistance

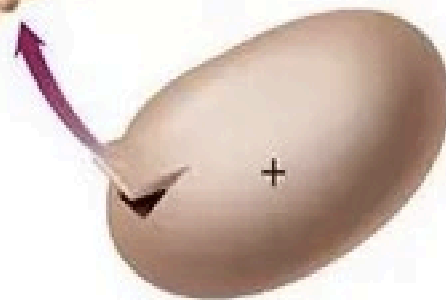
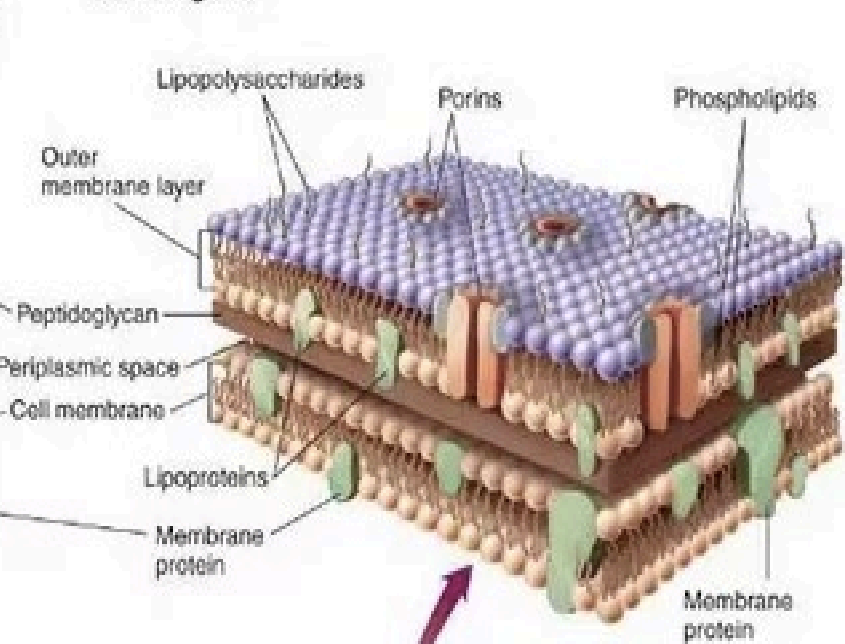
- The intrinsic resistance of a bacterial species to a particular antibiotic : ability to resist the action of that antibiotic as a result of inherent structural or functional characteristics.
- For example: glycopeptide antibiotic vancomycin inhibits peptidoglycan crosslinking by binding to target d-Ala- d-Ala peptides, but in Gram-negative organisms, it cannot cross the outer membrane and access these peptides in the periplasm
- *Aeromonas* has intrinsic beta-lactamases which makes them resistant to ampicillin.



Gram-Positive



Gram-Negative

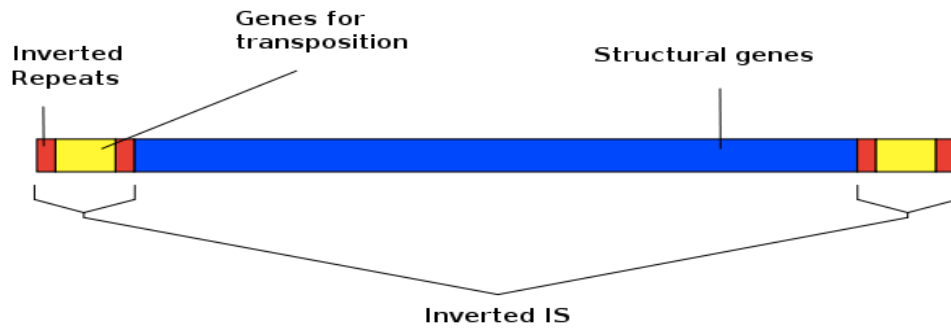


Acquired antimicrobial resistance

- When microorganisms once sensitive to an antimicrobial agent become resistant to that particular antibiotic, the resistance is acquired
- The acquired resistance could be due to genetic changes such as mutations or acquisition of genes contributing to resistance through horizontal gene transfer
- Mobile genetic elements like plasmids, transposons, bacteriophages contribute to horizontal gene transfer
- Horizontal gene transfer can occur across bacterial genera and species eg from environmental bacteria to human pathogens

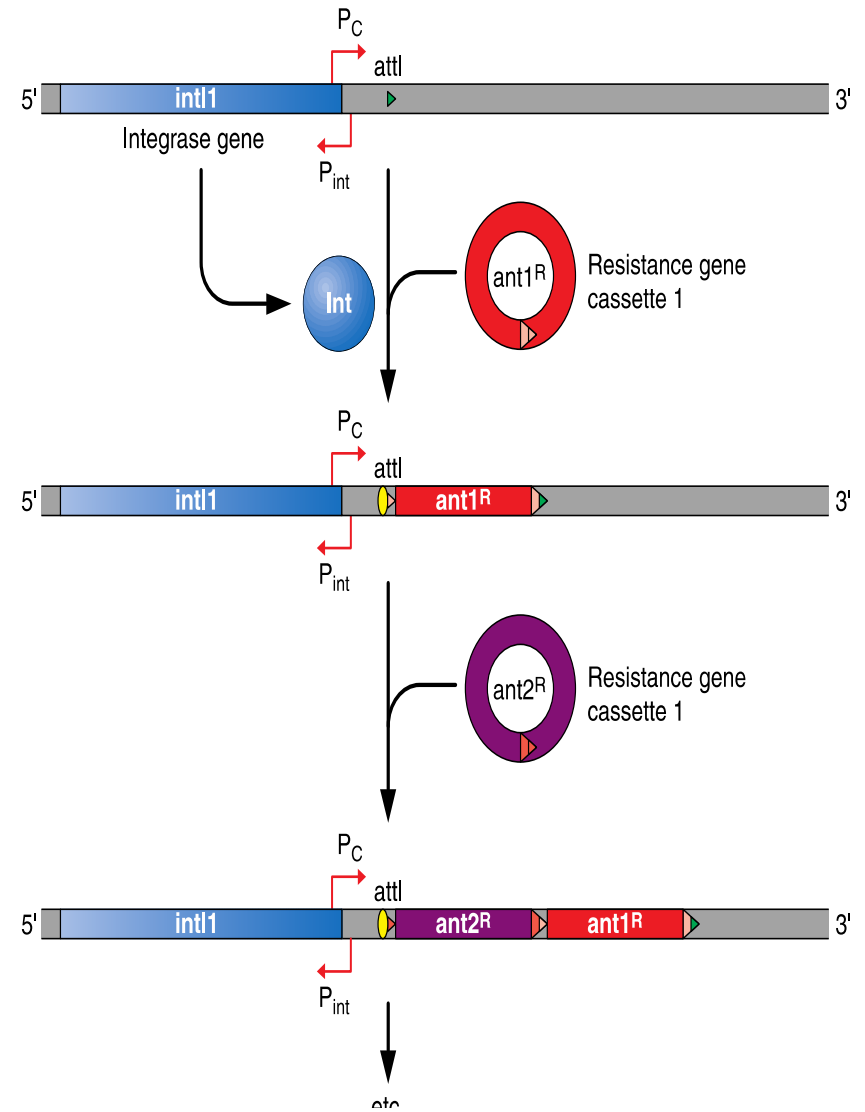
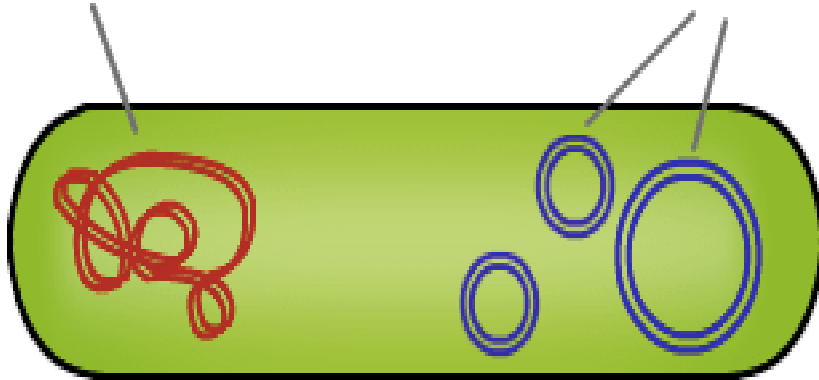


Bacterial composite transposon

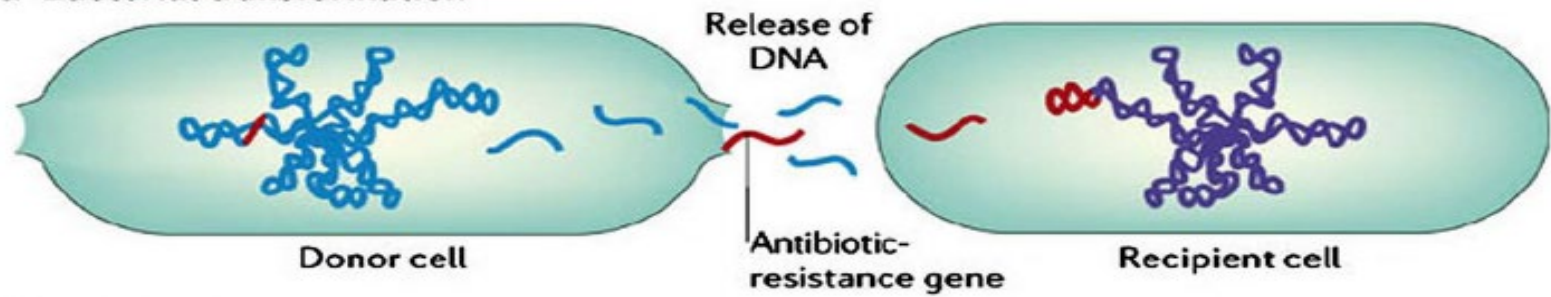


Bacterial DNA

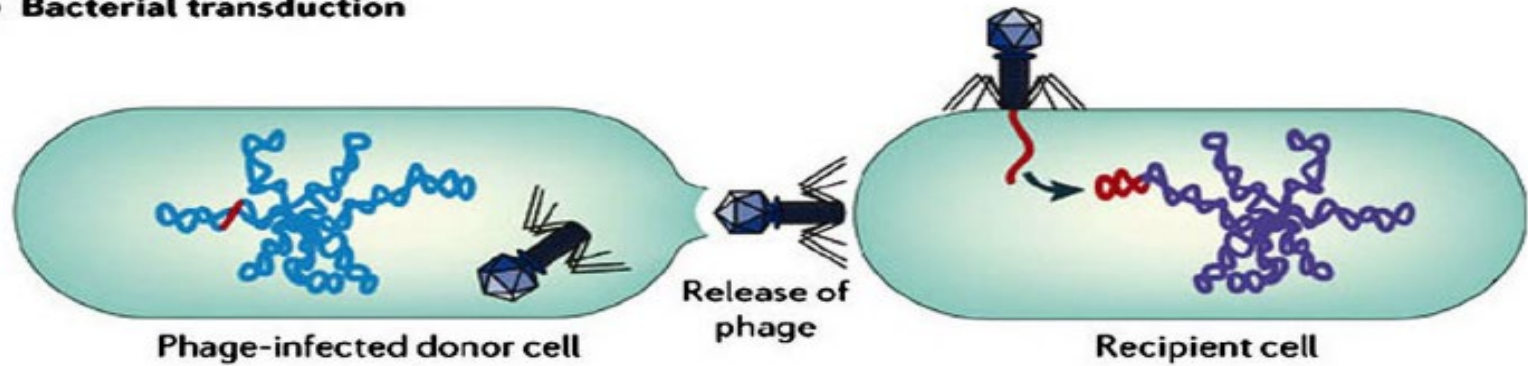
Plasmids



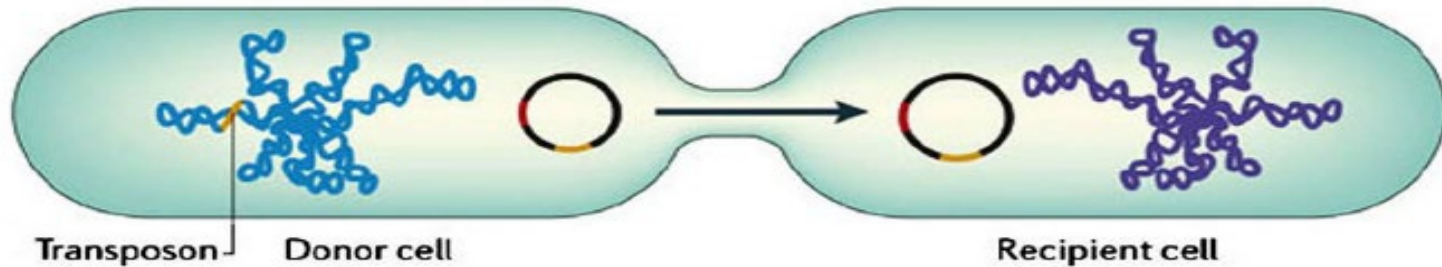
a Bacterial transformation



b Bacterial transduction



c Bacterial conjugation



Copyright © 2006 Nature Publishing Group
Nature Reviews | Microbiology



Cell Wall Synthesis

Beta Lactams

Penicillins
Cephalosporins
Carbapenems
Monobactams

Vancomycin
Bacitracin

Cell Membrane

Polymyxins

Folate synthesis

Sulfonamides
Trimethoprim



Nucleic Acid Synthesis

DNA Gyrase

Quinolones

RNA Polymerase

Rifampin



50S

30S

50S subunit

Macrolides
Clindamycin
Linezolid
Chloramphenicol
Streptogramins

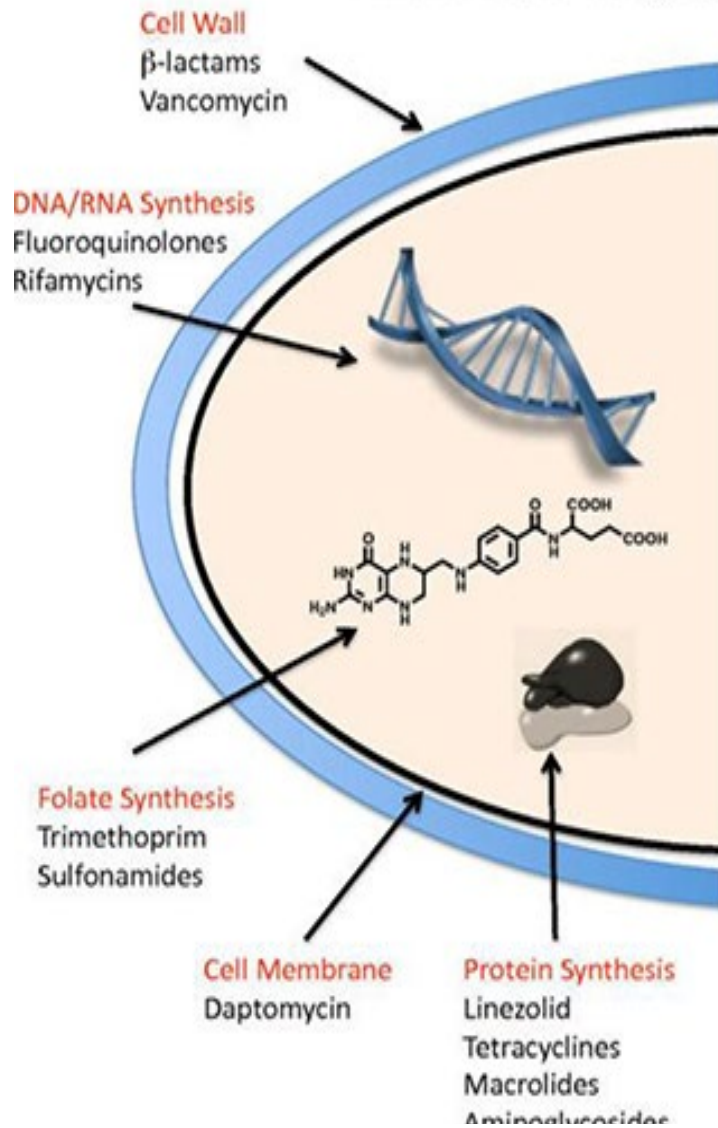
30S subunit

Tetracyclines
Aminoglycosides

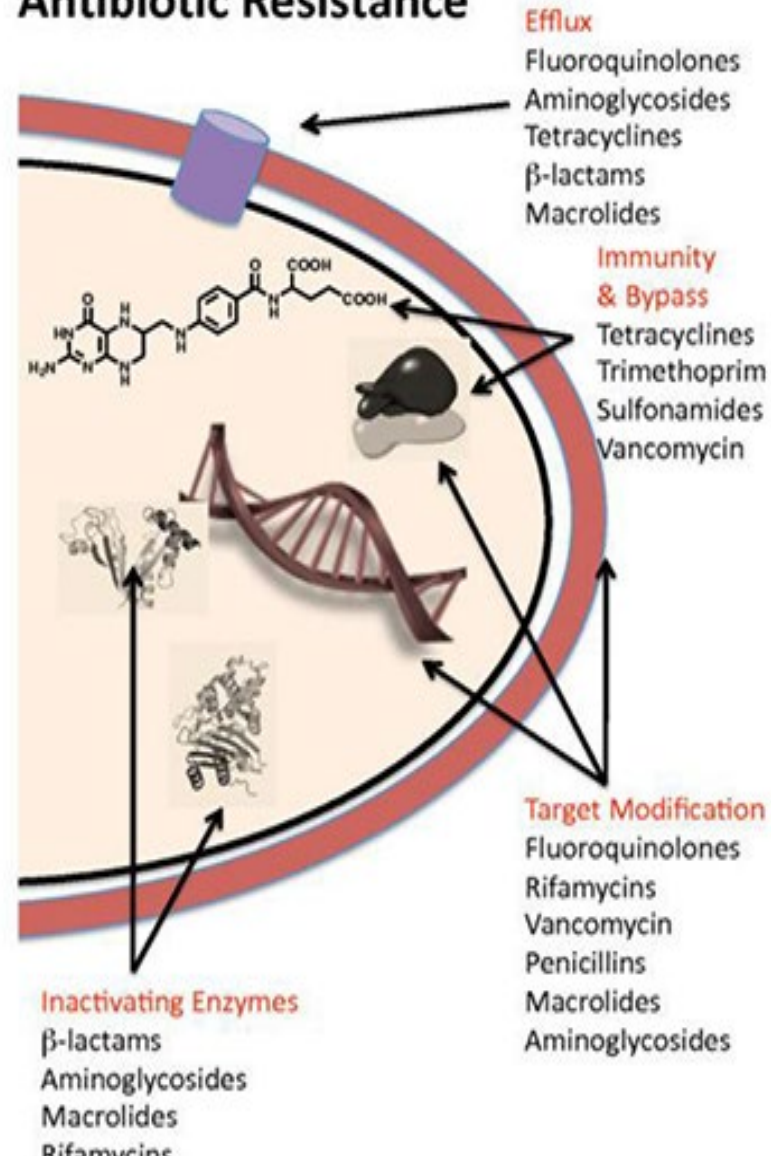
Protein Synthesis



Antibiotic Targets



Antibiotic Resistance



Phenotypic resistance and mechanisms of resistance

- When identical phenotypic resistance is detected in two isolates eg
 - one from aquatic environment
 - another from a clinical case,
- The two isolates may have different resistance genes with different mechanisms

Eg: tetracycline resistance could be due to

- (a) over production of efflux proteins or
- (b) production of ribosomal protection proteins
- (c) production of tetracycline inactivating proteins



Antimicrobial resistance is ancient, natural and is found in environments with no exposure to antibiotics

- Viable multidrug-resistant bacteria have been cultured from the Lechuguilla Cave in New Mexico, isolated for >4 million years (Bhullar et al., 2012)
- Antibiotic resistant marine bacteria have been found as far as 522KM offshore and in deep sea at depths of 8200m (Aminov, 2011)
- Evolution of antibiotic resistance genes predates evolution of Actinomycetes
- Some of the antibiotic resistance genes have not evolved to protect against antibiotics but have other metabolic functions



Resistance genes have other functions in the cell

- ampC beta-lactamase is involved in maintaining normal morphology in *Escherichia coli*
- Efflux pumps are involved in efflux of several compounds
- bla_{oxy} beta-lactamase has metabolic function in *Klebsiella oxytoca*

Resistance genes found in environmental bacteria without exposure to antibiotics

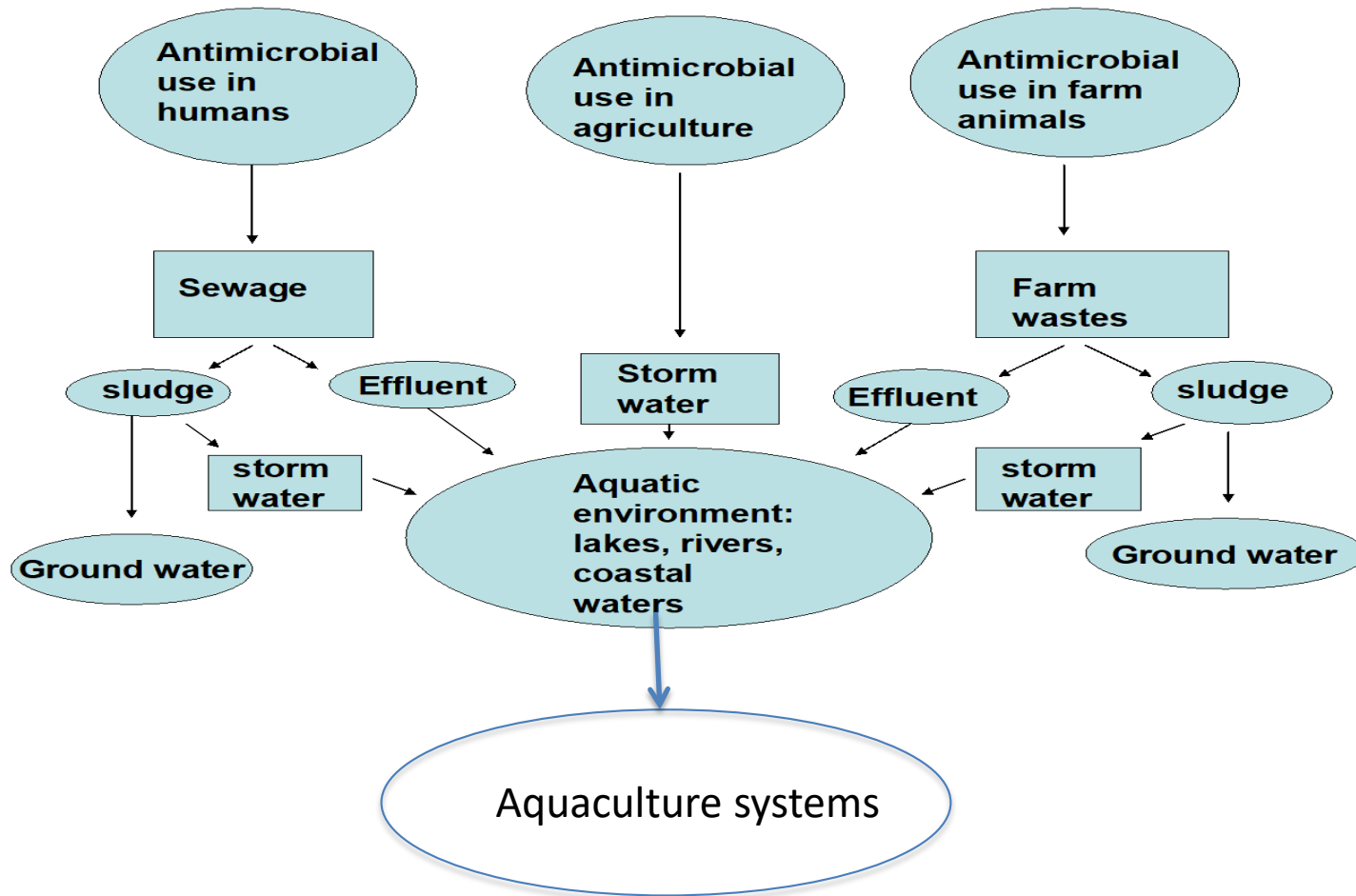
- qnr gene conferring resistance to quinolones are found in marine bacteria like *Shewanella algae* and *Vibrio* spp.
- CTX-M beta-lactamase is present in environmental bacteria like *Kluyvera*



AMR not always related to use of antibiotics in aquaculture

- Culture-independent studies in the Baltic sea, show presence of resistance genes encoding resistance to sulphonamides, trimethoprim, tetracycline, aminoglycoside, chloramphenicol
- Genes encoding multidrug efflux pumps in sediments below fish farms, though some antibiotics like tetracyclines, aminoglycosides and chloramphenicol are not used in this area (Muziasari et al., 2017)
- Most *Vibrio vulnificus* strains isolated from Dutch eel farms showed resistance to ceftiofur, though this antibiotic was not used in eel aquaculture (Haenen et al., 2014)





Antimicrobial resistance from all sectors end up in aquatic environment



1,324 document results

Select year range to analyze: 1977

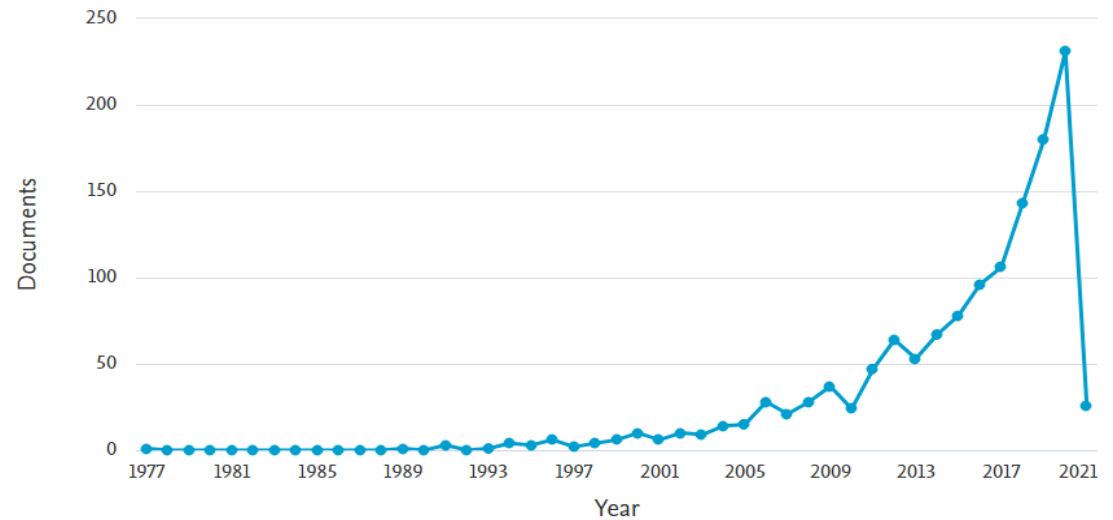
to 2021

Analyze

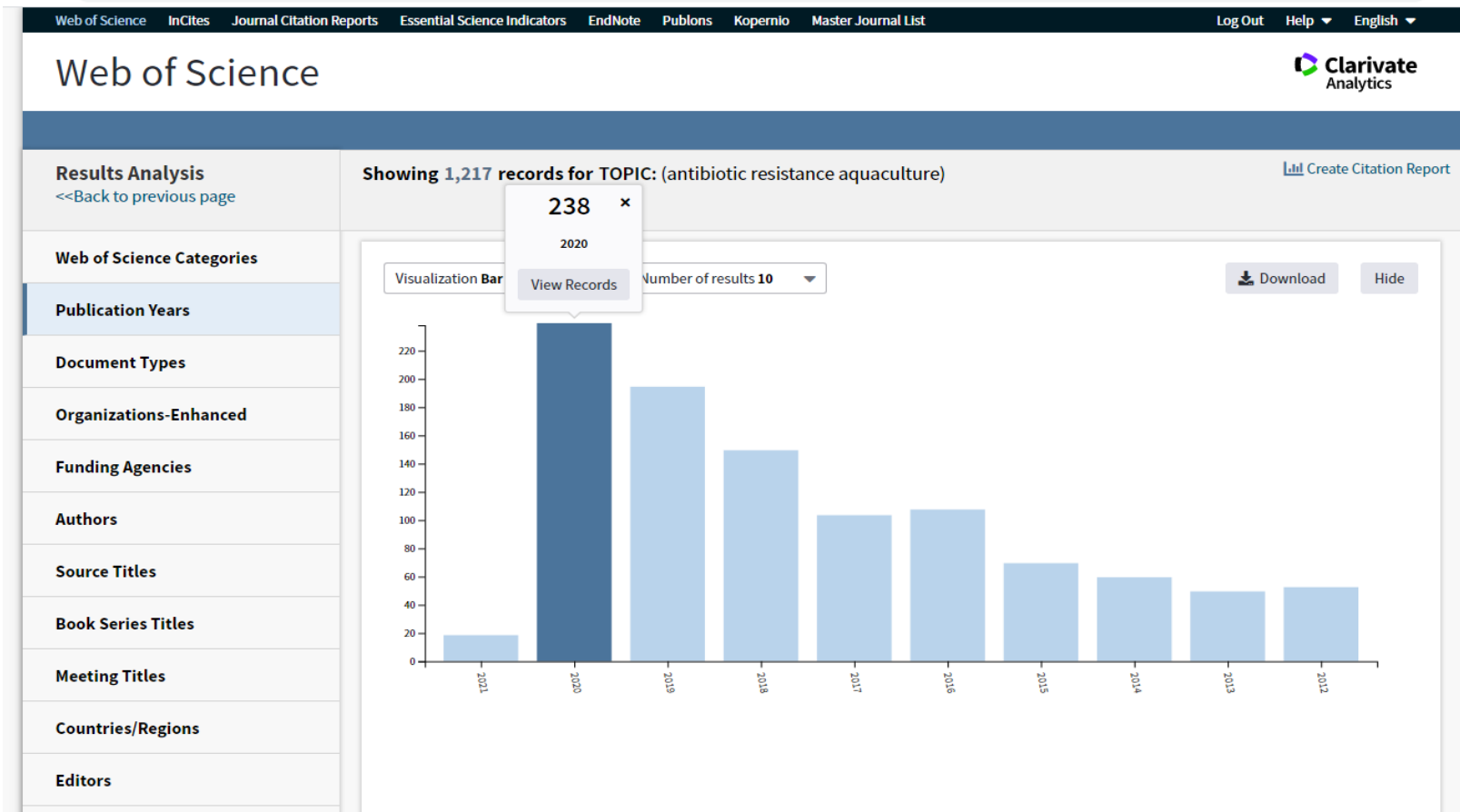
Year ↓ Documents ↑

2021	26
2020	231
2019	180
2018	143
2017	106
2016	96
2015	78
2014	67
2013	53
2012	64


Documents by year




Web of Science search “Antibiotic resistance aquaculture”




Pubmed search “antibiotic resistance aquaculture”




COVID-19 is an emerging, rapidly evolving situation.
Public health information (CDC) | Research information (NIH) | SARS-CoV-2 data (NCBI) | Prevention and treatment information (HHS)



National Library of Medicine
National Center for Biotechnology Information





[Advanced](#) [Create alert](#) [Create RSS](#) [User Guide](#)

Save

Email

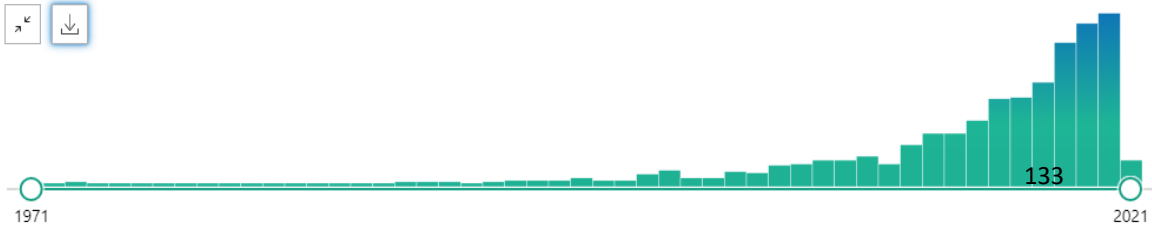
Send to

Sorted by: Best match


Display options

RESULTS BY YEAR

812 results



1971 2021

MY NCBI FILTERS 

TEXT AVAILABILITY

☐ Abstract

☐ Free full text

☐ Full text

☐ 1

Antibiotic resistance of *Vibrio parahaemolyticus* and *Vibrio vulnificus* in various countries: A review.

Cite

Elmahdi S, DaSilva LV, Parveen S.

Food Microbiol. 2016 Aug;57:128-34. doi: 10.1016/j.fm.2016.02.008. Epub 2016 Feb 22.

PMID: 27052711

Review.

Share

However, many studies reported that *V. vulnificus* and *V. parahaemolyticus* showed multiple-**antibiotic**



Aspects not considered in many publications on AMR associated with aquaculture

- Intrinsic resistance in many aquatic bacteria – *Aeromonas* to ampicillin
- Selection of antibiotic resistant bacteria due to exposure to chemical pollutants, heavy metals
- AMR introduced into aquaculture environment from other sectors
- Change of microflora that happens during the processing of fish – at retail stage, flora present could be totally different





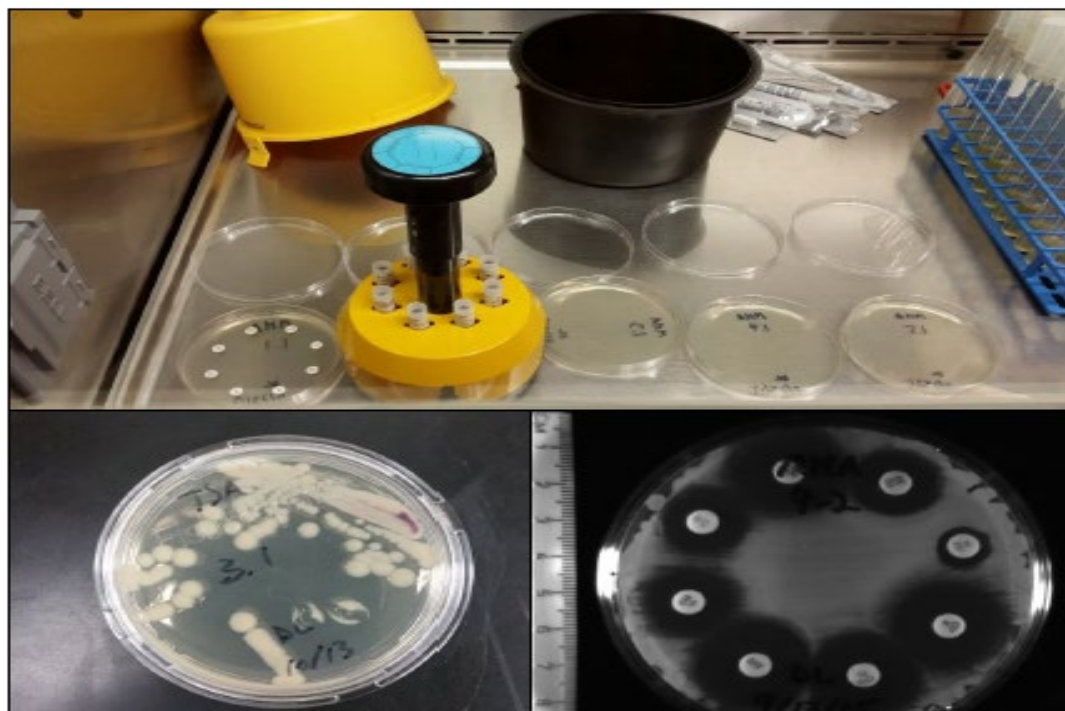
**Food and Agriculture
Organization of the
United Nations**

FIAA/C1191 (En)

**FAO
Fisheries and
Aquaculture Circular**

ISSN 2070-6065

THE PERFORMANCE OF ANTIMICROBIAL SUSCEPTIBILITY TESTING PROGRAMMES RELEVANT TO AQUACULTURE AND AQUACULTURE PRODUCTS

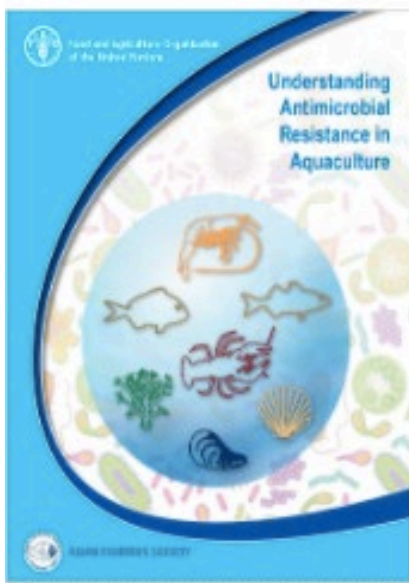


What is the way forward?

- We need to understand aquatic environment as reservoir of resistance determinants
- Integrated surveillance with human, veterinary and other environments will give a better picture of the selection pressure in different sectors
- One Health approach in collaboration with clinicians and veterinarians is needed to minimize antimicrobial use and selection pressure



Asian Fisheries Science



Volume 33S1 (2020)

Understanding Antimicrobial Resistance in Aquaculture

Full version of Volume 33S

EDITED BY J. RICHARD ARTHUR, MELBA G. BONDAD-REANTASO, IDDYA KARUNASAGAR, CELIA LAVILLA-PITOGO, BRETT MACKINNON AND DEE MONTGOMERY-BROCK

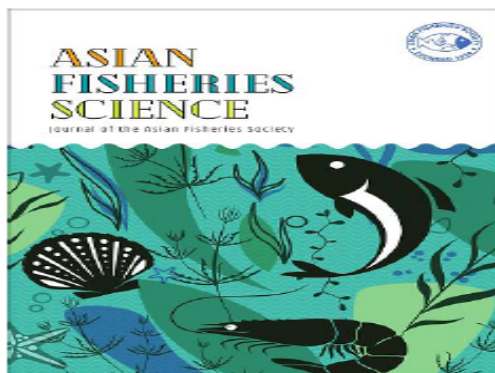
Date: 2020/12/25

Page : 1-124



Full text PDF

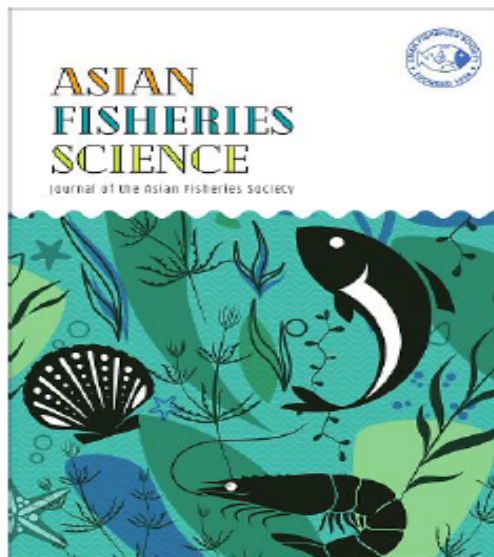
Downloads 521



Review of National Residue Control Programme for Aquaculture Drugs in Selected Countries

IDDYA KARUNASAGAR
Nitte University, Mangalore-575018, India

*E-mail: iddy.karunasagar@nitte.edu.in



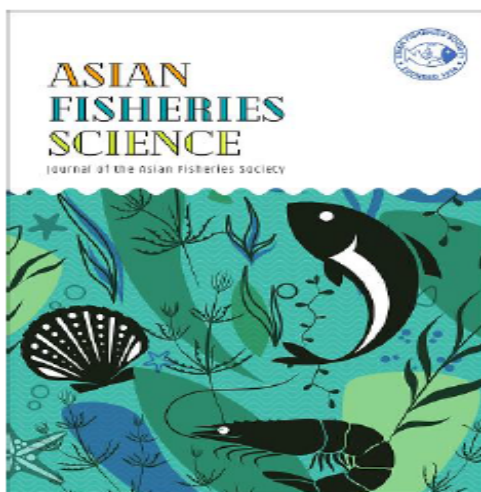
Complexities Involved in Source Attribution of Antimicrobial Resistance Genes Found in Aquaculture Products

IDDYA KARUNASAGAR^{1,*}, INDRANI KARUNASAGAR¹, MELBA G. BONDAD-REANTASO²

¹Nitte University, Medical Enclave, Deralakatte, Mangalore, Karnataka, India

²Fisheries Division, Food and Agriculture Organization of the United Nations (FAO), Rome, Italy

*E-mail: iddya.karunasagar@nitte.edu.in



Contact-Zoonotic Bacteria of Warmwater Ornamental and Cultured Fish

OLGA HAENEN^{1,*}, IDDYA KARUNASAGAR², AMEDEO MANFRIN³, SNJEZANA ZRNCIC⁴, CELIA LAVILLA-PITOGO⁵, MARK LAWRENCE⁶, LARRY HANSON⁶, ROHANA SUBASINGHE⁷, MELBA G. BONDAD-REANTASO⁸, INDRANI KARUNASAGAR²

¹Wageningen Bioveterinary Research, WBVR, P.O. Box 65, 8200 AB Lelystad, the Netherlands

²Nitte University, Medical Enclave, Deralakatte, Mangalore 57501805, Karnataka, India

³Istituto Zooprofilattico Sperimentale delle Venezie, Viale dell'Università 10 35020 Legnaro (PD), Italy

⁴Croatian Veterinary Institute, Savska cesta 143, 10000 Zagreb, Croatia

⁵Tigbauan 5021, Iloilo, Philippines

⁶Mississippi State University, Starkville, Mississippi, United States

⁷FUTUREFISH, 161 ICONIC, 110 Parliament Road, Rajagiriya, Sri Lanka

⁸Fisheries Division, Food and Agriculture Organization of the United Nations (FAO), Rome, Italy

*E-mail: olga.haenen@wur.nl

©Asian Fisheries Society

ISSN: 0116-6514

E-ISSN: 2073-3720

<https://doi.org/10.33997/j.afs.2020.33.S1.007>





**Food and Agriculture
Organization of the
United Nations**

NFIA/C1215 (En)

**FAO
Fisheries and
Aquaculture Circular**

ISSN 2070-6065

**OUTPUTS AND ACTIVITIES OF FAO PROJECT FMM/RAS/298/MUL
ON ANTIMICROBIAL RESISTANCE IN FISHERIES AND SUMMARY
OF FAO'S RECENT WORK ON ANTIMICROBIAL RESISTANCE
IN AQUACULTURE**

Melba G. Bondad-Reantaso
Rome, Italy

Celia R. Lavilla-Pitogo
Iloilo, Philippines

Iddya Karunasagar
Mangalore, India

J. Richard Arthur
Barriere, Canada

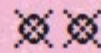
Bin Hao
Rome, Italy

Elena Irde
Rome, Italy

Esther GarridoGamarro
Rome, Italy

Omar Riego Peñarubia
Rome, Italy





*Codex texts on
foodborne
antimicrobial
resistance*



*Textes du Codex
concernant
la résistance
aux antimicrobiens
d'origine alimentaire*



*Textos del Codex
sobre resistencia
a los antimicrobianos
transmitida
por los alimentos*



Food and Agriculture Organization
of the United Nations

Organisation des Nations Unies
pour l'alimentation et l'agriculture

Organización de las Naciones Unidas
para la Alimentación y la Agricultura



World Health
Organization

C
O
D
E
X

A
L
I
M
E
N
T
A
R
I
U
S



Joint FAO/WHO/OIE Expert Meeting on Critically Important Antimicrobials

Report of the FAO/WHO/OIE Expert Meeting

FAO Headquarters, Rome, 26-30 November 2007



Critically Important Antimicrobials for Human Medicine

6th Revision 2018

Ranking of medically important antimicrobials for risk
management of antimicrobial resistance
due to non-human use

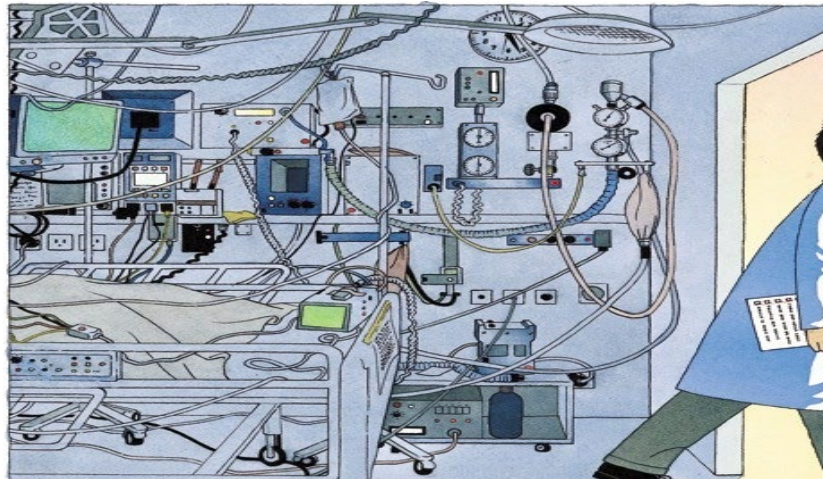


- Aquaculture systems are a hub of several AMR pathogens
- Some may possess intrinsic resistance, some others may be selected by antibiotic use; some are derived from antibiotic use in other sectors
- Source of AMR found in aquatic bacteria is hard to trace
- Inter-sectoral collaboration is needed to trace the source of resistance determinants which is very complex



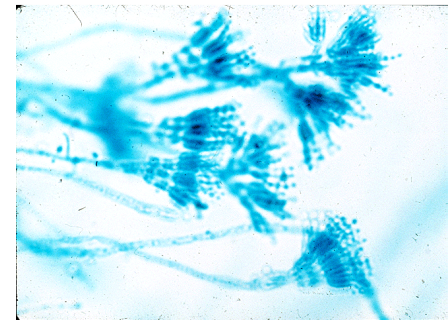
The continuing emergence of multi drug resistant organisms that cause infections in community and health care settings contribute substantially to the morbidity, prolonged hospital stay with increased treatment costs and mortality

Within the hospital, extensive data indicate that ICU's are the epicenter of the phenomenon



The Prophecy that went awry!

“On the whole, the position of antimicrobial agents in microbial therapy is highly satisfactory. The majority of bacterial infections can be cured simply, effectively and cheaply. The mortality and morbidity from bacterial diseases has fallen so low that they are no longer among the important unsolved problems of medicine...”



Jawetz E. Annu Rev Microbiol 1956; 10



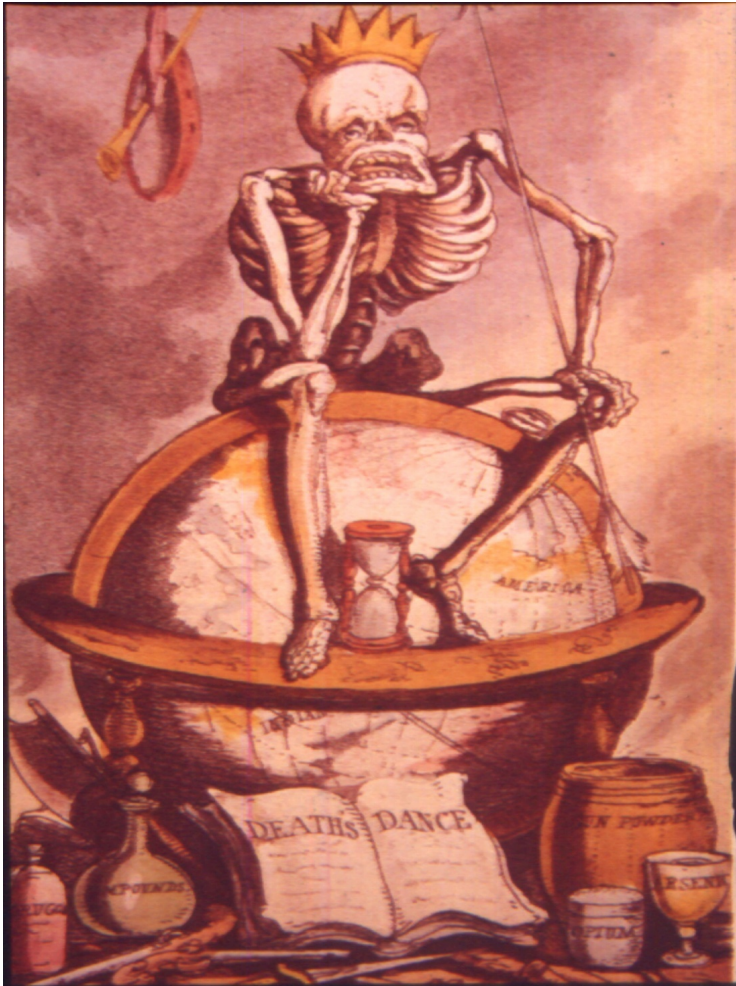
- Resistance (often multiple) is an increasing threat to successful therapy of both hospital infections, aquaculture and veterinary sector
- Spreading & newly emerging patterns of resistance makes an ideal antibiotic a distant dream



Cause for emerging infections

- Change in human demographics and behavior
- Economic development and change in land use
- Increased transboundary movement of humans and animals
- Microbial adaptation and change
- Breakdown of public health measures and biosecurity in aquaculture and veterinary sector





All animals are equal
but some are more
equal than others

George Orwell



Difficult to treat super bugs!

- Methicillin resistant *Staphylococcus aureus*
- Vancomycin resistant enterococci or staphylococci
- Extended spectrum beta lactamase producing gram negative bacilli
- Multidrug resistant *Pseudomonas* or *Acinetobacter*
- Pan resistant gram negative bacilli
(*our worst nightmare*)



The plague....

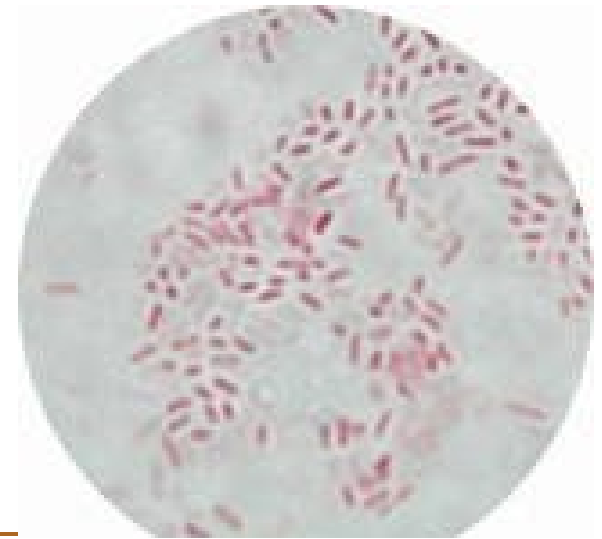


Gram Negative Pathogens



Antibiotics with gram negative coverage

- β lactams – Cephalosporins, Ampicillin, Penicillins
- Aminoglycosides
- Flouroquinolones
- Carbapenems
- Trimethoprim sulphamethoxazole
- Tetracyclines
- Macrolides
- Chloramphenicol
- Nalidixic acid



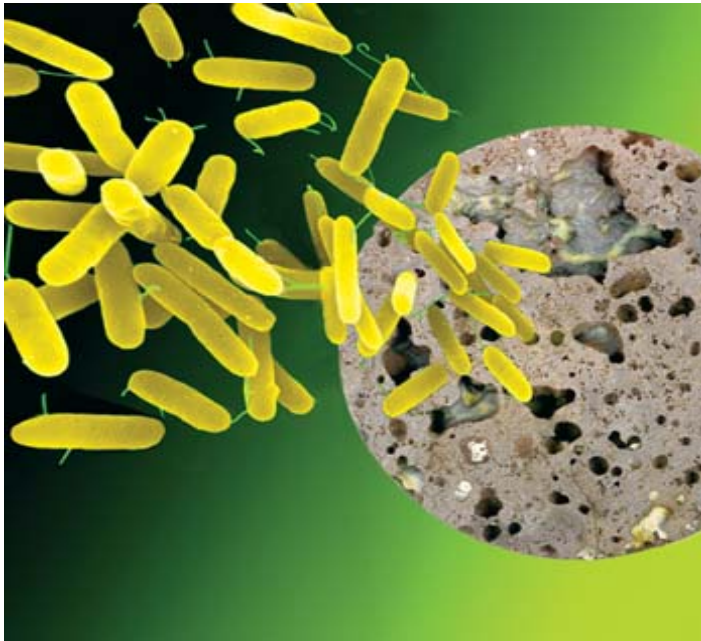
Unintended Consequences of Antibiotic Therapy

- 'Collateral damage' is a term used to refer to ecological adverse effects of antibiotic therapy; namely, the selection of drug-resistant organisms and the unwanted development of colonization or infection with multidrug-resistant organisms

Paterson DL. *Clin Infect Dis* 2004;38(Suppl 4):S341-S345



ESBL producing organisms



- **Most common**
E.coli & Klebsiella
- **Others**
Proteus, Enterobacter,
Citrobacter, Providencia,
Morganella, Shigella,
Serratia ,Pseudomonas



Pseudomonas

- **Are intrinsically resistant to NS penicillins, 1st and 2nd GC & Cotrimoxazole**
- **Susceptible to aminoglycosides, 3rd and 4th GC, FQ, Aztreonam and ticarcillin/piperacillin**
- **Cefotaxime and Ceftriaxone are not the ideal 3GC**
- **Multidrug resistance can emerge during course of treatment**





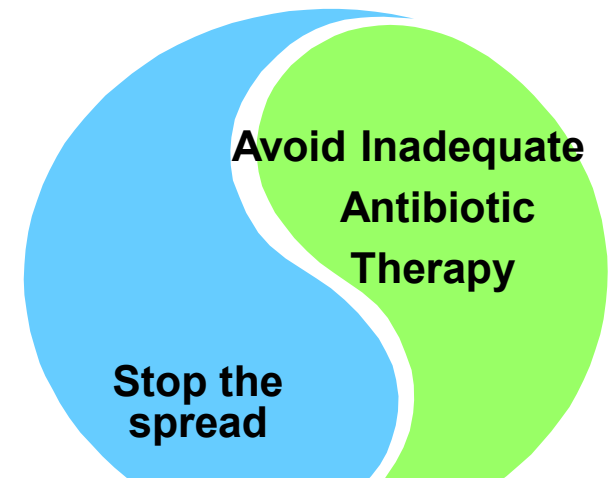
**HAVE WE REACHED
THE END OF ROAD?**

“Know thy enemy and know thyself: In a hundred battles you will never be in peril”

Sun Tzu from *“The art of war”*



Key factors in control.....



Combinations that do not go together....

Antibiotics	Organism
Amino glycosides	<i>Streptococcus</i>
TMP/SMX	<i>Klebsiella</i>
Beta lactams	MRSA
Cephalosporin	<i>Enterococcus</i>
1 st generation Cephalosporin	<i>Salmonella</i>
Cefotaxime	<i>Pseudomonas</i>
Cephalosporin	ESBL producing <i>K.pneumo</i> / <i>E.coli</i>
Meropenem	<i>S. maltophilia</i>
Ertapenem	<i>Pseudomonas aeruginosa</i>





NATIONAL POLICY FOR CONTAINMENT OF ANTIMICROBIAL RESISTANCE INDIA



2011

Directorate General of Health Services
Ministry of Health & Family Welfare
Nirman Bhawan, New Delhi



- Monitor antimicrobial resistance
- Regulations for use
- National surveillance system for antibiotic resistance,
- Monitoring prescriptions by audits
- Monitoring use of antibiotics



BAD BUGS, NO DRUGS

As Antibiotic Discovery Stagnates ...
A Public Health Crisis Brews

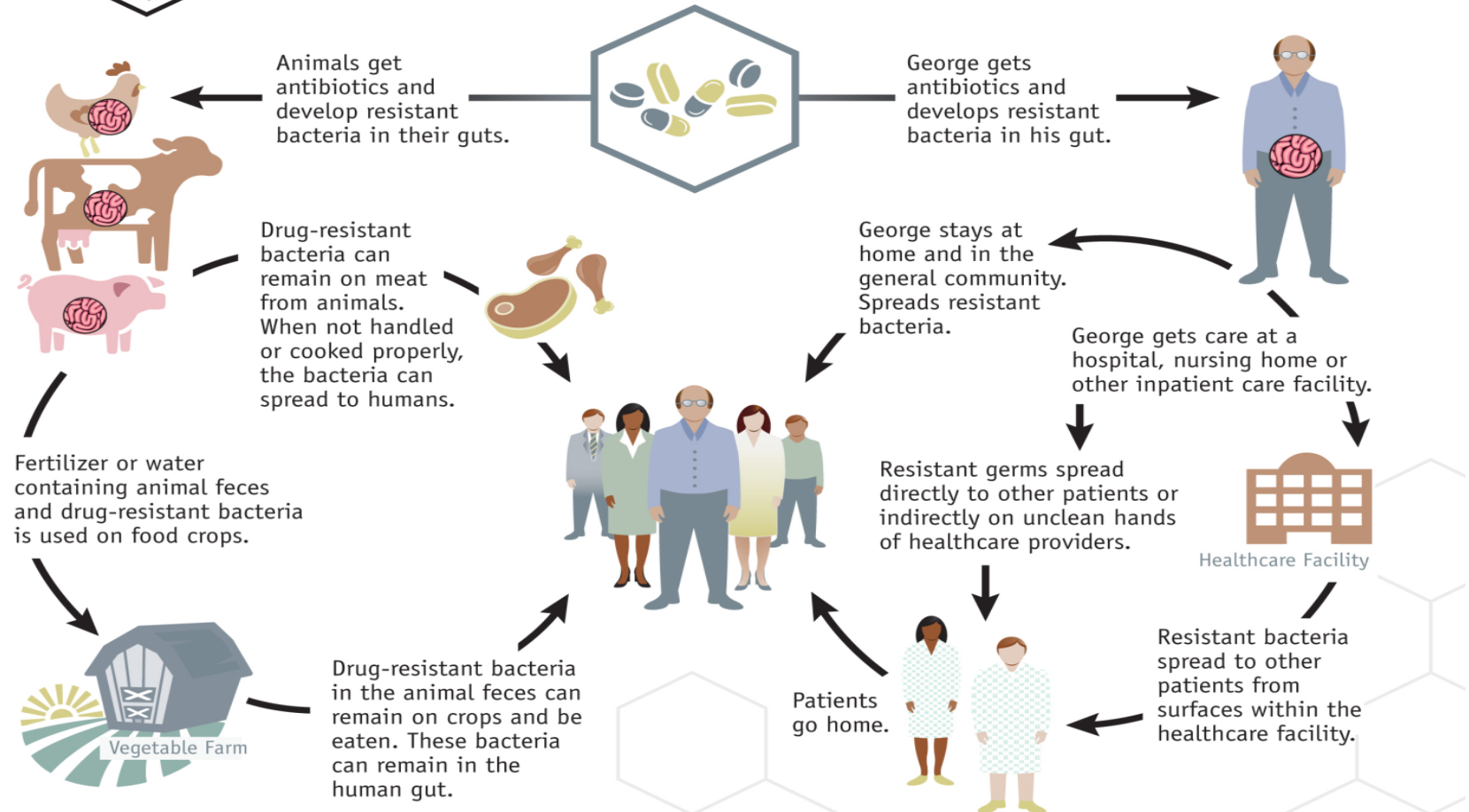


IDS



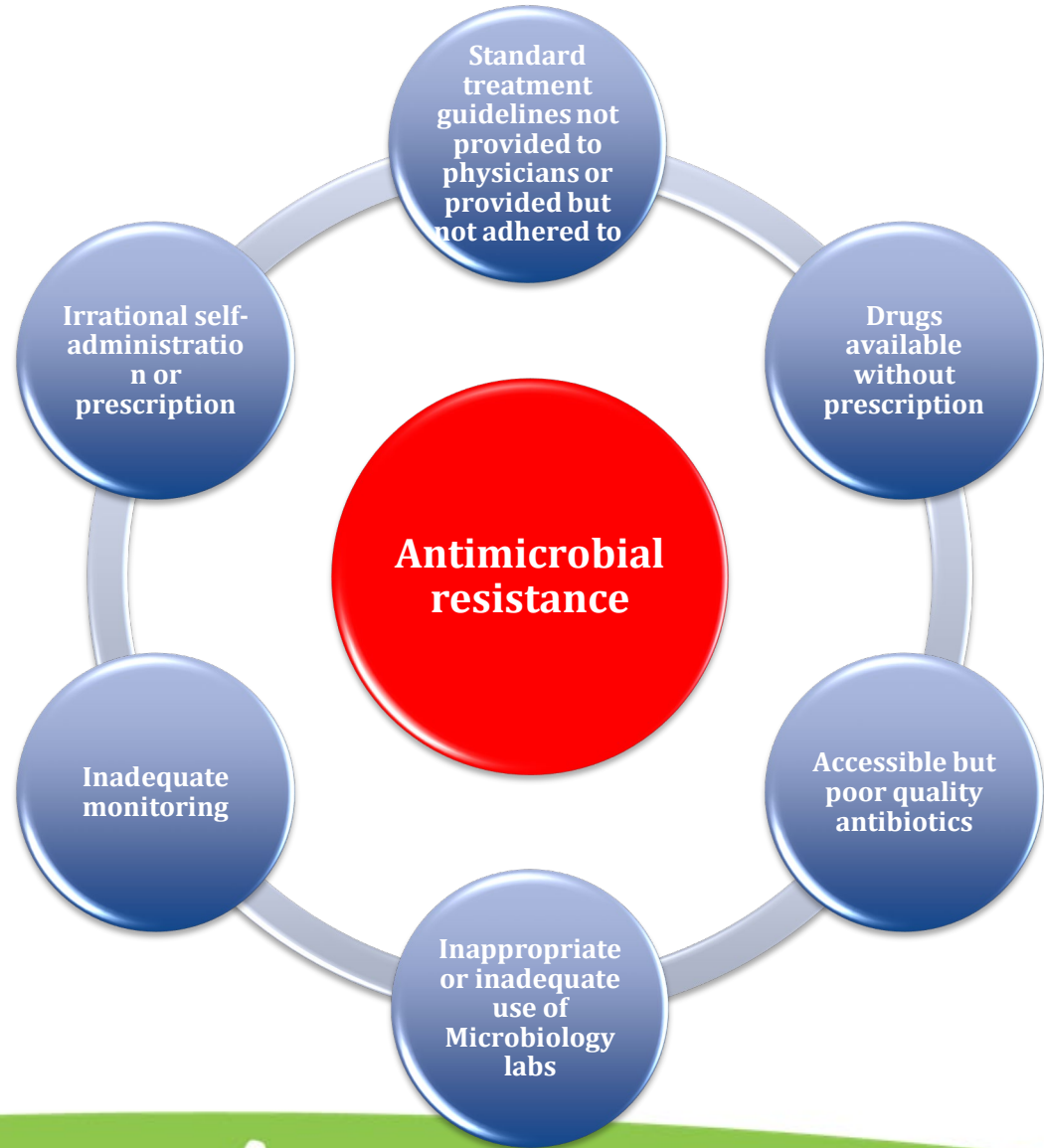


Examples of How Antibiotic Resistance Spreads



Simply using antibiotics creates resistance. These drugs should only be used to treat infections.

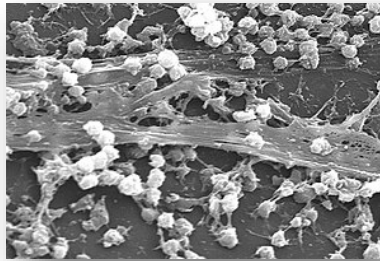
Resistance is accelerated through inappropriate use of antimicrobials



INSIDE HOSPITALS, THEY CAN BE LURKING....



Colonized patients



Biofilms



Hospital Linen



Keyboards



Handwash Basins

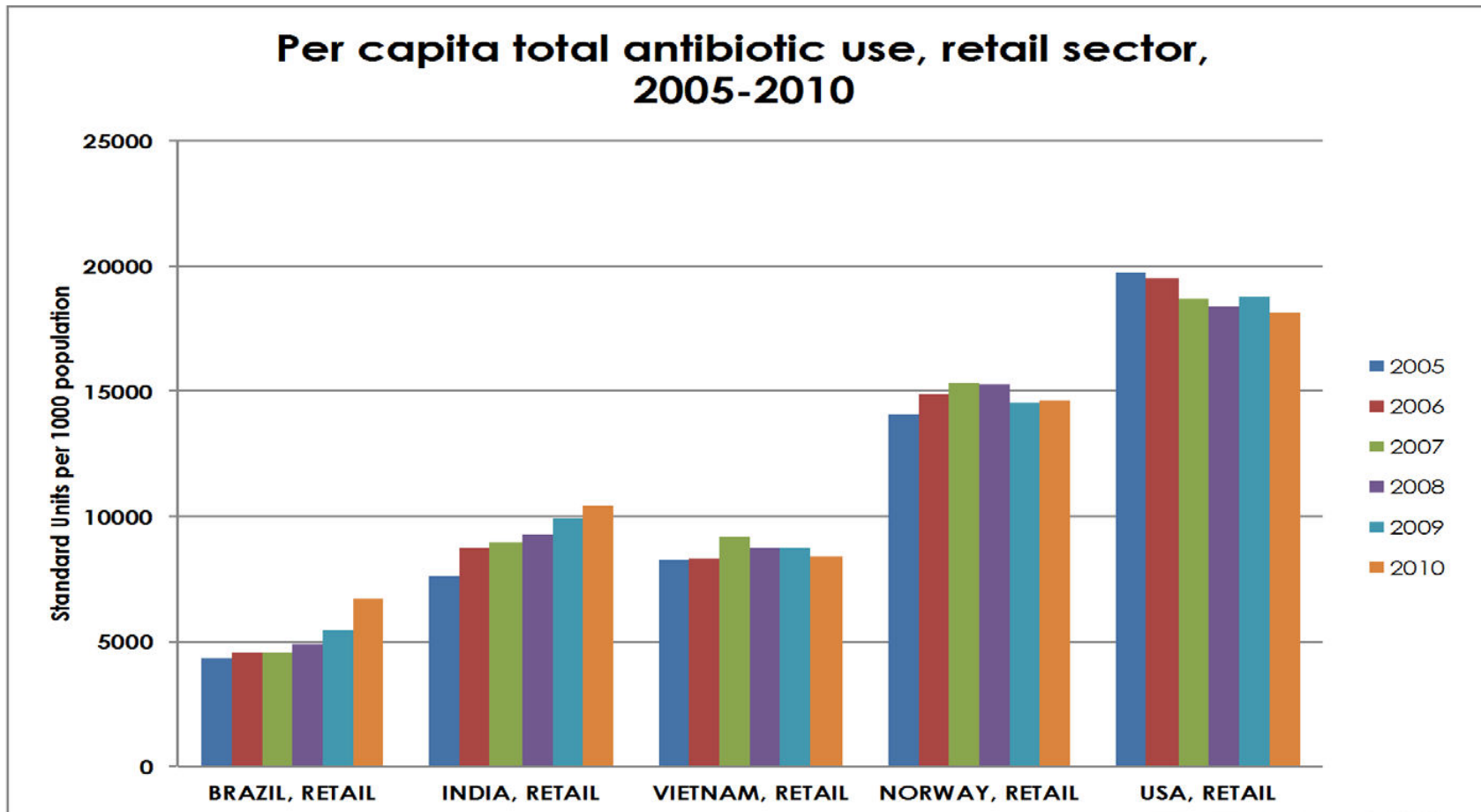


Toilet Rims



Endoscopes

Antibiotic consumption is increasing in developing countries...



ANTIBIOTIC RESISTANCE

WHAT YOU CAN DO



Antibiotic resistance happens when bacteria change and become resistant to the antibiotics used to treat the infections they cause.



- 1 Only use antibiotics when **prescribed** by a certified health professional
- 2 Always take the **full prescription**, even if you feel better
- 3 **Never use left over** antibiotics
- 4 **Never share** antibiotics with others
- 5 **Prevent infections** by regularly washing your hands, avoiding contact with sick people and keeping your vaccinations up to date

www.who.int/drugresistance

#AntibioticResistance



Preventive strategies

Curtail production, prescription and consumption of antibiotics both in human & veterinary medicine

Education of the general population, of healthcare personnel, veterinarians and pharmacists about means of prevention and proper Rx of infections

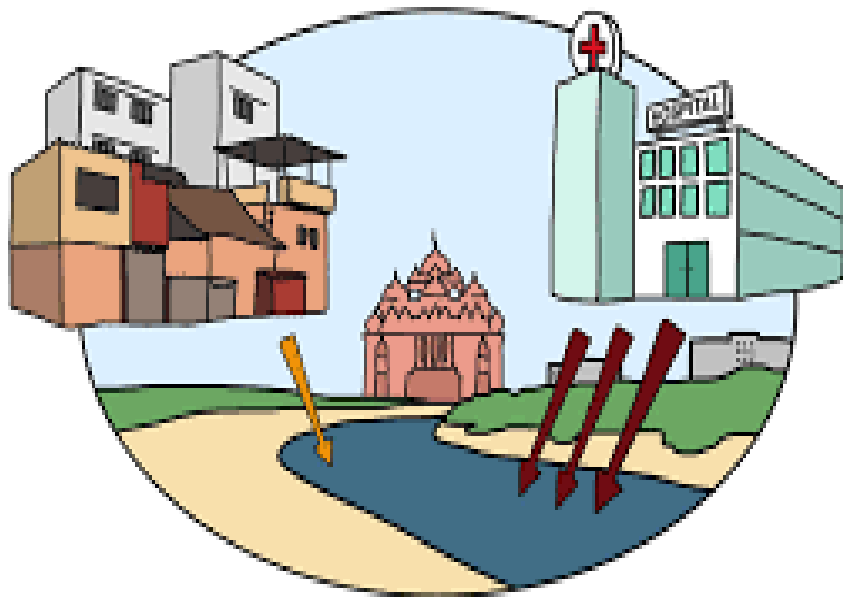
Offering access to clean, affordable water and sanitation to all people

Promoting vaccination, and by introducing animal breeding and food-production processes which render the use of antibiotics unnecessary



THANK YOU

ANTIBIOTICS
USE-RESPONSIBLY



Hospital wastes seed carbapenem-resistance
pathogens to Indian urban water systems





Thank you