

# Preventing and Treating Under-nutrition to Strengthen Resilience: the Continuum of Care

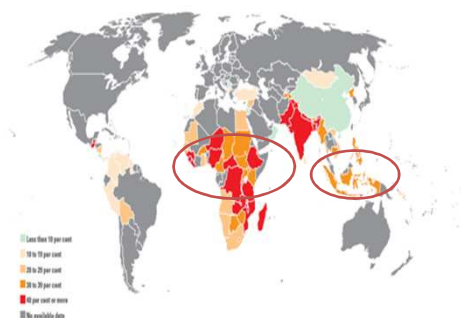
Dolores Rio



## Under-nutrition and Crisis Prone Areas

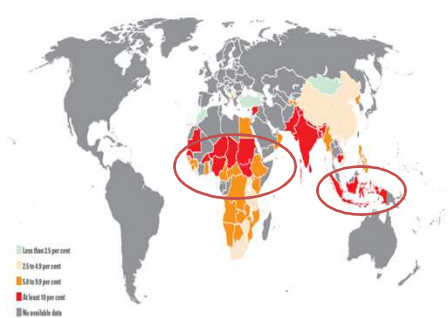
### Stunting and Wasting Prevalence in Children < 5yrs

**FIGURE 4** Stunting prevalence is highest in sub-Saharan Africa and South Asia  
Percentage of children under age 5 who are moderately or severely stunted



Note: Data are from 2007 to 2011, except for India.  
This map is stylized and not to scale. It does not reflect a position by UNICEF on the legal status of any country or territory or the delimitation of any frontiers. The dotted line between Jammu and Kashmir represents approximately the Line of Control agreed upon by India and Pakistan. The final status of Jammu and Kashmir has not yet been agreed upon by the Parties. The final boundary between the Republic of the Sudan and the Republic of South Sudan has not yet been determined.  
Source: UNICEF Global Nutrition Database, 2012, based on Multiple Indicator Cluster Surveys (MICS), Demographic and Health Surveys (DHS) and other national surveys.

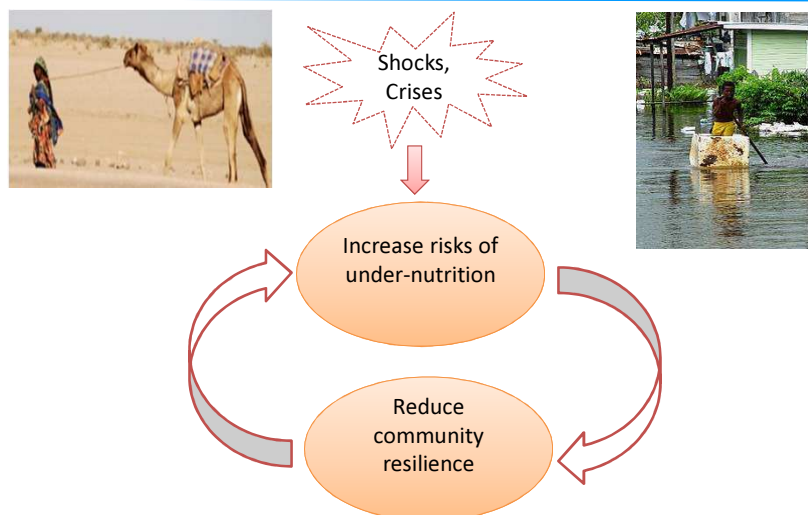
**FIGURE 14** Prevalence of wasting is high in sub-Saharan Africa and South Asia  
Percentage of children under age 5 who are moderately or severely wasted



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Source: UNICEF Global Nutrition Database, 2012, based on MICS, DHS and other national surveys, 2007-2011.

★ **Overlap and close relation between crisis prone areas and under-nutrition** <sub>2</sub>

## Resilience and Nutrition... A Vicious Cycle

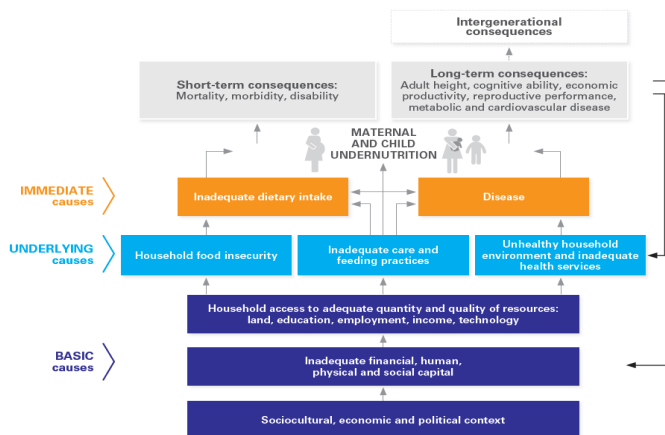


★ Good nutrition is essential to strengthen resilience.  
Nutrition is an input to and output of Resilience.

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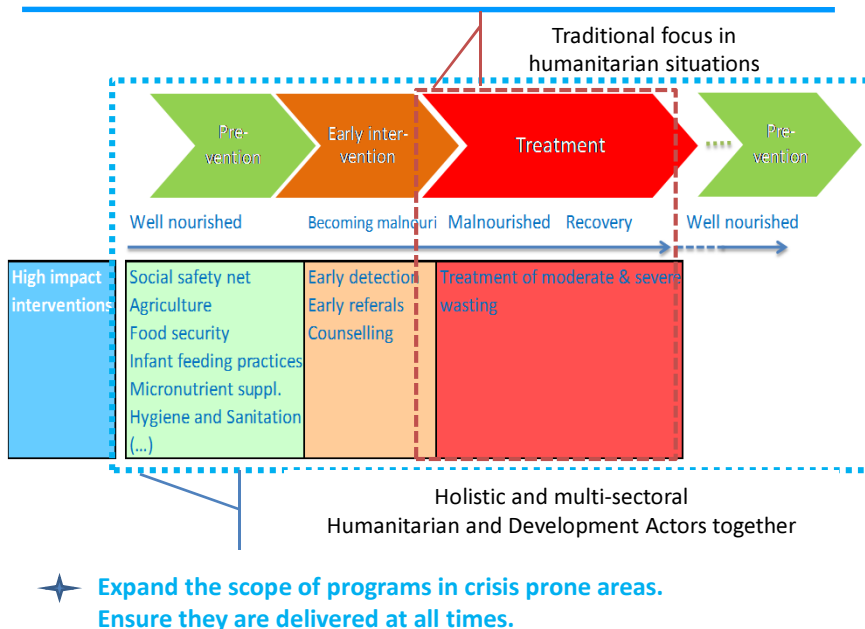
## Addressing Underlying Causes of Under-Nutrition

FIGURE 1 Conceptual framework of the determinants of child undernutrition

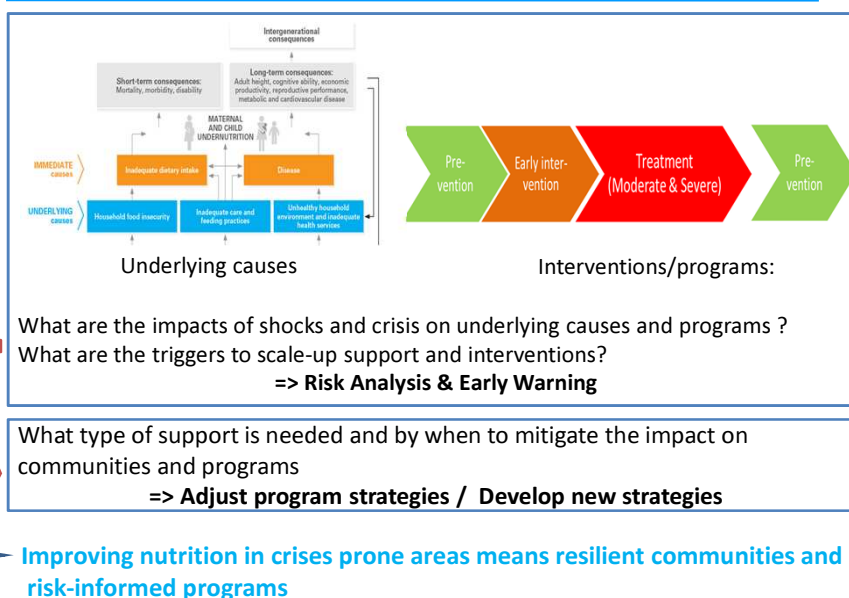


★ Improving nutrition means addressing underlying causes in crises prone areas  
Require a multi-sectoral approach.

## Continuum of Care: Prevention and Treatment



## Understanding the impact of shocks and crises



## Resilience & Nutrition

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Resilience and Nutrition = good programming to address under-nutrition in crises prone areas which:

- ⇒ Address underlying causes through multi-sectoral approaches
- ⇒ Ensure continuity between prevention and treatment and between short-term and long-term interventions
- ⇒ Strengthen humanitarian-development linkages
- ⇒ Are risk-informed by integrating risk-analysis and early warning systems
- ⇒ Are flexible/adaptable to the contexts