



Suldoz Kouhyaran Institute

Mount Damavand (5671m)

National Day & Tirgan Celebration



Trip Highlights:

- This volcano has a unique conical shape with a volcanic crater.
- It has a breathtaking icefall called Abshar Yakhi at about 5100m.
- With a height of 5,671m, it is classified as the second highest volcano in the northern hemisphere.
- It is the highest peak in the Middle East, also called the roof of Iran and the Middle East.
- Damavand Mountain Day celebration in Raineh village.
- Tirgan Ceremonies

Region : Middle Alborz Range, Mazandaran Prov.

Main and Extra Activity : Mountaineering , Exploring

Difficulty : Difficult

Duration & Time : 8 days & (07/03/2013)-(07/10/2013)

Day 1 (07/03/2013) - Tehran

Arrival to Imam Khomeini International Airport Tehran Iran, your guide is waiting for you to greet and welcome you to Iran, Transfer by car from Imam Khomeini International Airport to Hotel, Over night in the Hotel.

Day 2 (07/04/2013) - Rineh village

Breakfast at hotel, Transfer to the Rineh village, participate in the Mt.Damavand National Day & Tirgan Celebration, Over night in the in local house.

Day 3 (07/05/2013) - Rineh village

Participate in the Mt.Damavand National Day & Tirgan Celebration, Over night in local house.

Day 4 (07/06/2013)

After breakfast, Transfer by car to Goosfand Sara(3050m),Trekking to Bargah Sevom(4250m) 4-6 hours, Over night in tent.

Day 5 (07/07/2013)

Acclimatization, It is a preparation day for the big peak, you are not here to break any world speed record, but for acclimatization take it easy and go slowly. Your goal is to get to about 4800 meters today. No need to start early or go higher and make yourself exhausted, save your energy for tomorrow, allow plenty of rest after your hike. Go to bed early!

Day 6 (07/08/2013) - Rineh village

Climbing Iran's peak, Damavand Summit 5671 meters. It is the summit push. Wake up early in the morning at 4 am and have a good breakfast. Check the weather forecast. Start climbing towards the peak at about 5 am, it's still dark. Depending to your pace, physical ability and fitness, it would take about 5 to 8 hours to reach the summit. Keep away and hold at a less smelly distance from the sulfur escaping near the crater (it is irritating). Congratulation you have done it! What a memorable climb, no matter how many summits you climbed before, this ultra prominent peak is truly unforgettable .You deserve a few minutes rest, but do not stay too long there, just take some photos and after that, it's time to return, about 3 hours to descend to the Bargah Sevom to descend back to Gosfand sara. Transfer to Larijan hot spring, Over night in local house.

Day 7 (07/09/2013) - Tehran

Back to Tehran, city tour, visiting & shopping of Tehran, Over night at Hotel.

Day 8 (07/10/2013) - Tehran

Transfer to Imam Khomeini International Airport, end of the program.

RATE PP ½ DBL					SGL SUP
2	3-7	8-14	15-20	20+	
840 USA \$	810 USA \$	780 USA \$	750 USA \$	720 USA \$	860 USA \$

Services:	Services:
Included	Not included
<ul style="list-style-type: none"> _ Meal Abbreviations: (B=Breakfast, L=Lunch, D=Dinner) Meals: 7 B / 8 L / 8 D & (Non alcoholic drinks, dessert) _ Accommodations: 2 nights hotel, 3 nights local house, 2 nights tents _ All internal transportation _ Experienced tour guided (can be local or throughout the trip) _ Damavand climbing permit _ Insurance _ Camping equipment (tent, stove, dishes, cutlery,...) _ Provide a SIM card _ Porterage by mule _ Invitation letter to obtain Iran Visa _ Suldoz Kouhyaran Institute Specific Gifts 	<ul style="list-style-type: none"> _ International airline tickets _ Airport taxes _ Visa fee _ Personal Expenses (Drinks, Clothes, Telephone, Internet) _ Gratuities

Necessary Equipment :	Sleeping Bags	Mountain shoes	Backpack
	Climb clothing	Woolen hats and caps	Warm clothes

Gloves

UV Sunglasses

Baton

Flashlight

Water canteen

PAYMENT CONDITION :

_ 25% of the total tour price as pre-payment, 30 days left to the starting date of the program must have been transferred to the following bank account.

_ The balance of 75% will be collected in cash & USD on the first date of group's tour in Iran.

CANCELLATION CONDITION :

_ Cancellations must be sent in written form to the management of Suldoz Kouhyaran Institute.

_ 13–23 Days before the commencement date of program, Suldoz Kouhyaran Institute will refund 50% of the pre-payment amount .

_ 7–13 Days before the commencement date of program, Suldoz Kouhyaran Institute will refund 20 % of the pre-payment amount .

_ 1–6 Days before the commencement date of program, Suldoz Kouhyaran Institute will pay no refund.

Contact Us

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