

# Integrating agriculture & nutrition: key concepts and issues

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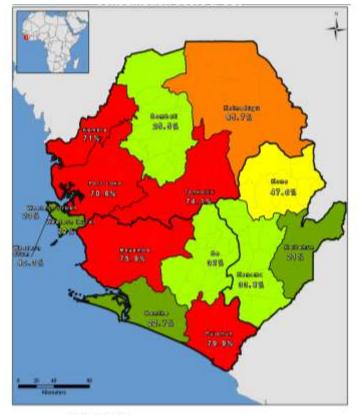


The most food insecure regions of a country will have the highest rates of malnutrition

Children living in food secure households will be well-nourished

# Food security and Malnutrition *Sierra Leone*

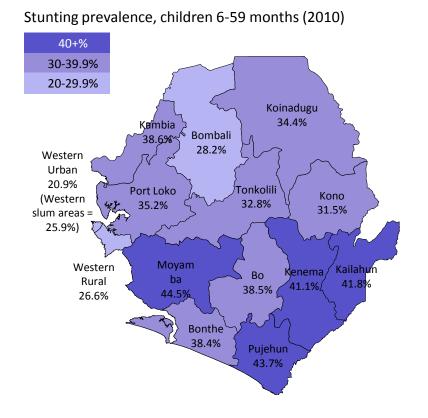
Food insecurity: highest in Northern and parts of Southern, but Eastern relatively food secure



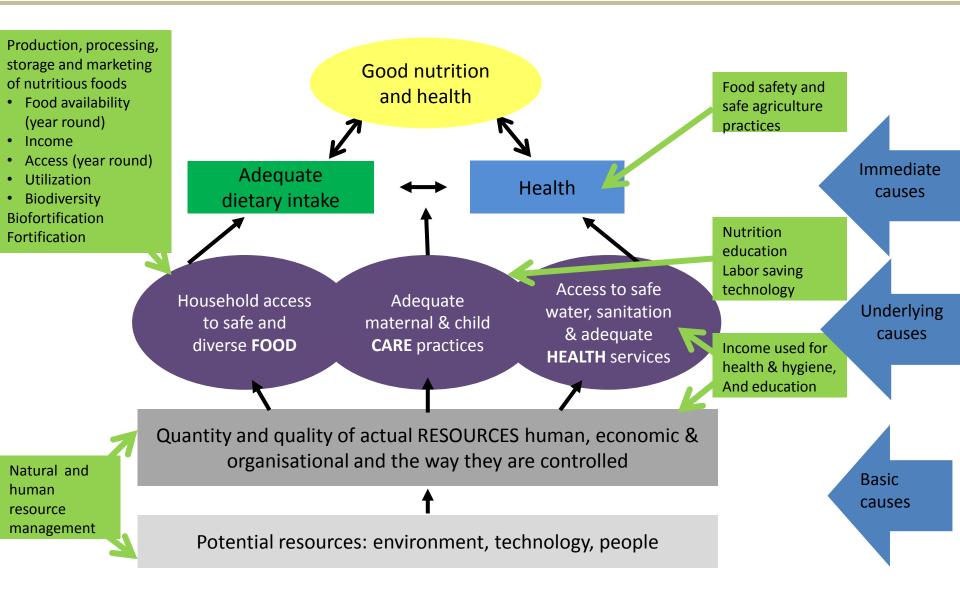
#### Prevalence (%) Chielstom <25</td> 50 - 70 District 25 - 40 >70 Province 40 - 55

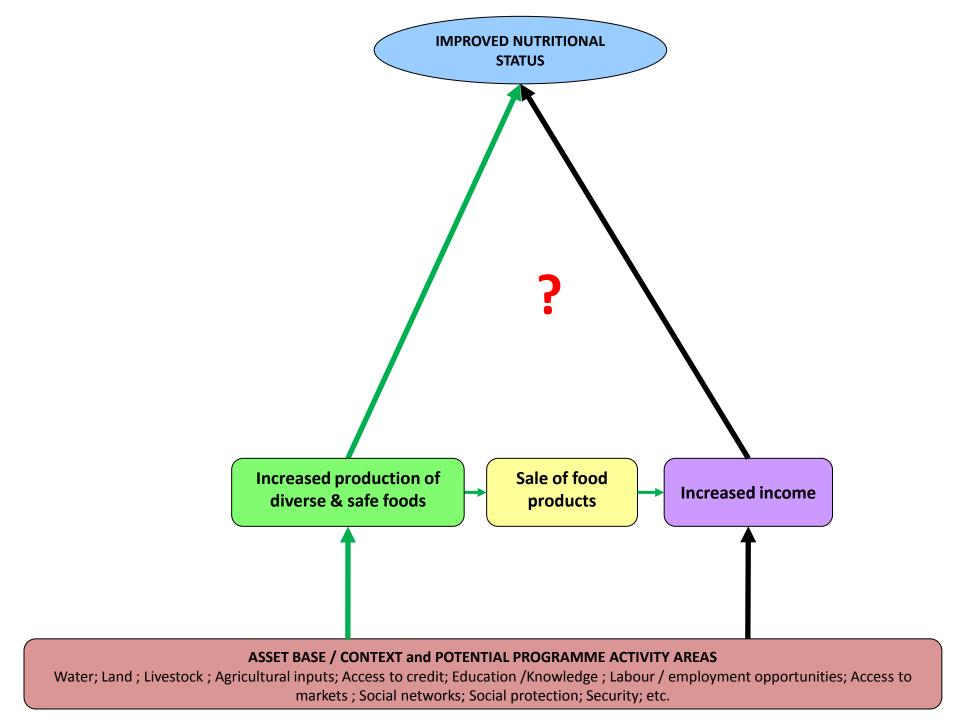
Food insecurity by District based on the Food Consumption Score (FCS) Percentage of households within poor and borderline food consumption

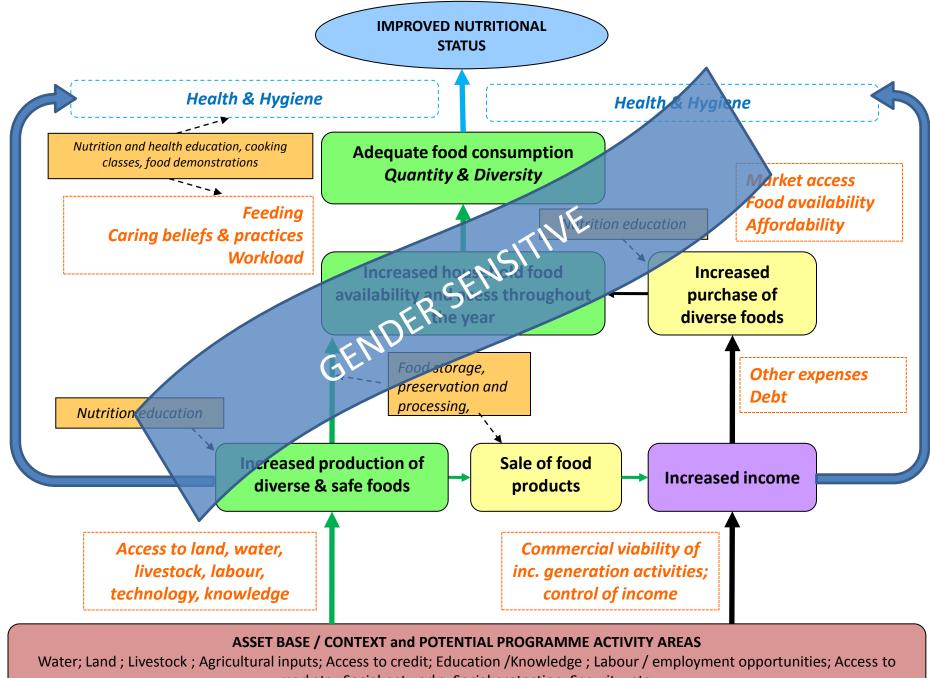
#### Chronic malnutrition : High rates of stunting in Southern and Eastern regions



### What can agriculture contribute our common nutrition goal?







markets ; Social networks; Social protection; Security; etc.

#### Making agriculture work for nutrition

- 1. Incorporate explicit nutrition objectives and indicators into the design of programmes and investments, and track and mitigate potential harms
- 2. Assess the context at the local level to address the types and causes of malnutrition
- 3. Target the vulnerable and improve equity
- 4. Collaborate and coordinate with other sectors and programmes
- 5. Maintain or improve the natural resource base
- 6. Empower women
- 7. Facilitate production diversification, and increase production of nutrient-dense crops and small-scale livestock
- 8. Improve processing, storage and preservation
- 9. Expand markets and market access for vulnerable groups, particularly for nutritious foods
- 10. Incorporate nutrition promotion and education around food and sustainable food systems

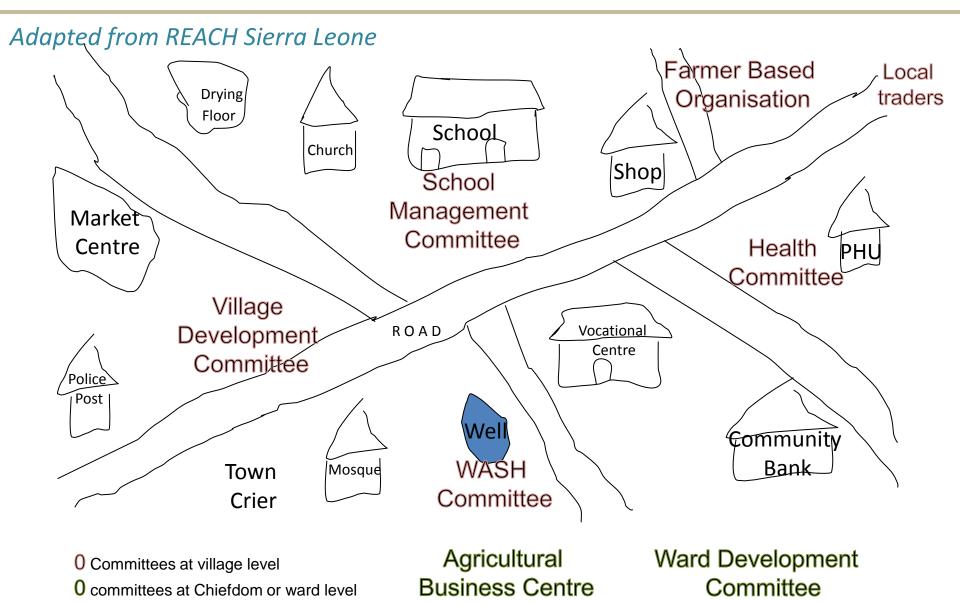
#### In short...

Start from the consumer...

→ What do I want the food system to do for my child, and my neighbour's child?

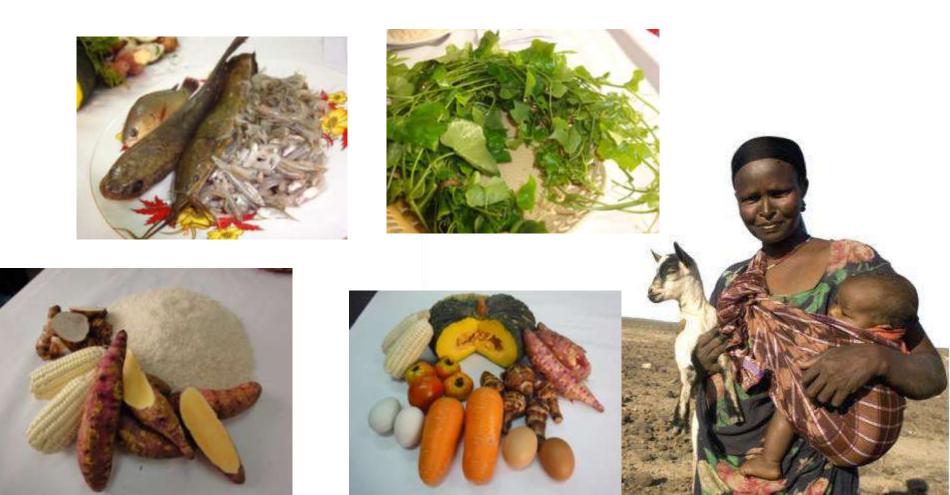


## The importance of working together, across sectors...



#### ...and within the food and agriculture sector







#### Nutrition...

### Putting people at the heart of our work

