



Food and Agriculture
Organization of the
United Nations



World Health
Organization

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Berlin, Germany

Estrel Hotel

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Theme 5: Food quality, food safety, sustainability, consumer behavior and policy

Session 5.8: Policy options for relevant sectors with implications for nutrition on addressing under- and over-nutrition

Organized by: Food and Agriculture Organization of the United Nations (FAO)

Regional Office for Europe and Central Asia (REU) in collaboration

with the Regional Office for Europe of World Health Organization

(WHO)

Day: Friday, 23rd of October

Room: Estrel Hall A/B*

Time: 10.30-12.00 h.

Background and Objectives

More than 55 percent of adults in Europe and Central Asia region are overweight or obese. At the same time, millions are anemic, or suffer from iodine, zinc, and vitamin A deficiencies. Child malnutrition continues to be a problem with stunting in children under age of five years ranging across the region from 1.1 to 26.7% and wasting from 0.2 to 10.0%. Malnutrition, in all its forms, and diet-related NCDs affect peoples' health, productivity, development potential, posing high social and economic burdens on individuals, households and countries. Among the risk factors of noncommunicable chronic diseases dietary quality appears as first main cause. More than half the world's population now lives in urban areas, and nutrition transition is closely associated with urbanization.

Many countries have positioned nutrition high on the political agenda, have undertaken actions to improve nutrition by addressing unhealthy diets, and confirmed their commitments to address malnutrition in all its forms by endorsing the two outcome documents of the Second FAO/WHO International Conference on Nutrition (ICN2): i) Rome Declaration on Nutrition and ii) Framework for Action (FfA). The ICN2 highlighted a series of fundamental policies with high potential for addressing all types of malnutrition, such as raising nutrition sensitivity of food systems, improving policy coherence and synergy across relevant sectors with impact on nutrition, strengthening nutrition governance and accountability.

Increasing importance has also been given in recent years to food systems and their sustainability, as a determinant of food consumption and dietary intake. The Milan Expo *Feeding the Planet, Energy for Life* highlight the importance of healthy foods for a healthy planet. Cities from all over the world expressed interest in an Urban Food Policy Pact which will contribute to operationalizing the ICN2 recommendations.

The session will provide an updated on the prevalence and magnitude of malnutrition across Europe and Central Asia sub-regions and countries, an overview on policies of agriculture and health sectors

and country experiences in addressing malnutrition with accent on overnutrition which has a greater prominence in the region. There will be discussed policies and strategies for sustainable food production and food consumption, relationship between the food environment and dietary quality, programmes and actions on improving nutrition, as well as the roles and responsibilities of public authorities from different sectors, civil society, private sector and individuals at local, national and regional level in promoting and protecting healthy diets and lifestyles and ensuring accountability of all stakeholders. The session will discuss policies for rural and urban sustainable food systems, their interconnections and drivers that shape agricultural production. Overall the session will contribute to raise the visibility of the ICN2 outcome documents and support the implementation of the ICN2 FfA by various major actors in the food systems.

PROGRAMME

Session 5.8. Policy options for relevant sectors with implications for nutrition on addressing under- and over-nutrition

Chair:

Dr. Florence Egal

Food Security and Nutrition Expert, France

Speakers:

ICN2 Follow-up: Addressing malnutrition through nutrition-sensitive agri-food policies in Europe and Central Asia region

Dr. Eleonora Dupouy

Food Safety and Consumer protection Officer. Food and Agriculture Organization of the United Nations (FAO). Regional Office for Europe and Central Asia (REU). Budapest. Hungary.

Implementing Rome Declaration on Nutrition to prevent child obesity in Europe

Dr. Joao Breda

Programme Manager Nutrition. Physical Activity and Obesity. Division of Noncommunicable Diseases and Life-course. WHO Regional Office for Europe. Copenhagen. Denmark.

Nutrition the Nordic Way: Policy, Recommendations and Labelling for Counteracting Overweight and Obesity

Dr. Knut-Inge Klepp

Division Director, Health Directorate, Norway

The role of mayors and local authorities in ICN2 follow up: linking to the Milan Urban Food Policy Pact Process

Dr. Florence Egal

France