



Ministry of Healthcare
Republic of Kazakhstan



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The Regional Nutrition Capacity Development and Partnership Platform

Symposium on sustainable food systems and nutrition governance
for healthy diets in Central Asia and Caucasus- through the eyes of
children and adolescents

&

the 2nd coordination meeting of the Regional Nutrition Capacity Development
and Partnership Platform, Nur-Sultan, Kazakhstan, April 24-26th2019



Regional Nutrition Capacity
Development and Partnership Platform
Central Asia & Caucasus



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INTRODUCTION

In November 2014, at the Second International Conference on Nutrition (ICN2), Member States adopted Rome Declaration on Nutrition and its Framework of Action (ICN2 FfA) and committed to eliminate malnutrition in all its forms and articulated a common vision for global action.

In September 2015, Member States adopted the 2030 Agenda for Sustainable Development and placed high priority on addressing malnutrition by committing, under Sustainable Development Goal (SDG) 2 to “End hunger, achieve food security and improved nutrition and promote sustainable agriculture” and under SDG 3 to improve health and reduce NCD burden.

In April 2016, the UN General Assembly, through its Resolution 70/259, reinforced the ICN2 call for action by endorsing the ICN2 outcomes and proclaiming 2016 to 2025 the United Nations Decade of Action on Nutrition, providing a unique opportunity for governments, academia, civil society and other stakeholders to work together for the coming ten years toward eradication and prevention of all forms of malnutrition in their countries.

In 2017, the Regional Symposium on Sustainable Food Systems for Healthy Diets in Europe and Central Asia in Budapest recommended the Central Asia and Caucasus to develop a regional mechanism to enhance the capacity of key actors engaged in nutrition. (Key messages from the Regional Symposium on Sustainable Food Systems for Healthy Diets in Europe and Central Asia held on 4-5 December 2017 in Budapest.

In July 2018, an ECOSOC resolution called the UN Task Force and its members to strengthen its capacity to provide technical and policy advice to Governments in order to implement Multisectoral strategies and enhance multi-stakeholder action. On July 20-21, 2018, multi-sectoral delegations from Armenia, Azerbaijan, Georgia, Kazakhstan, Kyrgyzstan, Tajikistan Turkmenistan and Uzbekistan and relevant academicians and development partners (UNICEF, WHO, FAO and WFP) participated in a two-day consultative meeting where they discussed the existing gaps in nutrition governance in the region and ultimately the Regional Nutrition Capacity Development and Partnership Platform and its secretariate was launched in July 2018. The National Public Health Center of Republic of Kazakhstan has been assigned to chair the regional secretariate for the period of two years. A Memorandum of Understanding has been signed with the Public Health Center of Republic of Kazakhstan which clarifies their role as the chair of the regional secretariate.

This platform is a systematic, cross-border partnership oriented mechanism to develop the capacity of 8 countries in Central Asia and Caucasus to tackle the double burden of malnutrition in the sub-region. The main aims of the platform are as it follows:

ICN2 Rome Declaration (2014) : <http://www.fao.org/3/a-ml542e.pdf>

ICN2 Framework for Action: <http://www.fao.org/3/a-mm215e.pdf>

Member States further committed, under targets 2.1 and 2.2, “By 2030, [to] end hunger and ensure access by all people, in particular the poor and people in vulnerable situations including infants, to safe, nutritious and sufficient food all year round” and “By 2030, [to] end all forms of malnutrition, including achieving by 2025 the internationally agreed targets on stunting and wasting in children under 5 years of age, and address the nutritional needs of adolescent girls, pregnant and lactating women and older persons.”

http://www.un.org/en/ga/search/view_doc.asp?symbol=A/RES/70/259

The UN Decade of Action on Nutrition is implemented by the Food and Agriculture Organization of the United Nations (FAO) and the World Health Organization (WHO) in collaboration with World Food Programme (WFP), the United Nations Children's Fund (UNICEF), the International Fund for Agricultural Development (IFAD), using coordination mechanisms such as the UN Standing Committee on Nutrition (UNSCN) and multi-stakeholder platforms such as the Committee on World Food Security (CFS).

<http://www.fao.org/europe/events/detail-events/en/c/1034293/>

<http://undocs.org/E/2018/L.16>



1. Building the leadership and governance capacity in nutrition governance
2. Strengthening the regional policy advocacy capacity for improved financing for nutrition results
3. Re-Defining and positioning upgraded nutrition services in PHC system to respond to the double-burden of malnutrition including the defining the minimum needed workforce
4. Enhancing the capacity of the nutrition workforce with the right set of knowledge, skills and competency sets (short, mid and long-term strategies)
5. Reinforce the multidisciplinary and system straightening approaches; utilizing health, food, nutrition, education, social protection, legislative and community systems;
6. Collaborate region-wide to generate applied evidence and support development of evidence-informed policy and guidelines including Regional Food Based Dietary Guidelines (BFDGs)
7. Share lessons learned and replicable good practices

This platform is building on the proceedings and the policy recommendation of the Second International Conference on Nutrition (ICN2) and the United Nations Decade of Action on Nutrition (2015-2025) to support the countries in the region to develop needed capacity in nutrition governance to address the double burden of malnutrition.

Scope of the meeting

To promote a better understanding of food system and nutrition governance in Central Asia and Caucasus countries and to advocate for higher investment on nutrition and food systems in the region, the Regional Nutrition Capacity Development and Partnership Platform (Central Asia and Caucasus) with support of UNICEF, WHO, FAO and WFP regional offices will organize a 3-day symposium on sustainable food systems for children's healthy diets, in Nur-Sultan, Kazakhstan, April 24-26th 2019. The meeting will be composed of:

- A high-level advocacy session on importance of financing and investment on child nutrition for the Ministries of Finance and Parliamentarians from the 8 countries (1 day)
- Specialized session on Sustainable food systems and nutrition governance for healthy diets in Central Asia and Caucasus- through the eyes of children and adolescents (1 day)
- And the periodic coordination meeting of the partnership platform to review the plan of action and define the priorities for 2019 and to review the progress (1 day).

Objectives of the meeting/s

The objectives of the symposium are as it follows;

1-Raising awareness/sensitize key stakeholders (Ministries of Finance, Parliamentarians and managers from food and nutrition, Health, Education and social protection sectors, Ministry of Agriculture), on the importance of investing in food systems and nutrition governance for healthy diets of the whole population and especially children and adolescents. This will result in creating a network of nutrition sensitive Finance Managers and Parliamentarians in the region. The symposium will be structured around the below pillars:

- Sustainable Food systems for healthy diets
- Conceptual framework of UNICEF on Food Systems for Children and Adolescents
- Economical returns for investment on nutrition, why to invest on child nutrition in the framework of Food systems



- Food Supply Chain
- The External Food environment
- Children's Diet
- The personal food environment
- The nutrition governance and accountability of states

2-Profiling the food systems and nutrition governance through the eyes of children and adolescent in all 8 countries of Central Asia and Caucasus as a baseline for measuring the results of Regional Nutrition Capacity Development and Partnership Platform (this will include a Consolidated Regional and country by country profiles).

3-To coordinate the Regional Nutrition Capacity Development and Partnership Platform plans, to update the member states on the progress, to review of the draft Work Plan and to agree on the immediate actions for the Q2-4 2019. This part will focus on the below pillars;

- Nutrition workforce
- Evidence based Food Based Dietary Guidelines

Partners and participants

This symposium is represented by country delegations from Armenia, Azerbaijan, Georgia, Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan and Uzbekistan. The country delegation is composed of; the Regional Nutrition Partnership Platform's focal points from 8 countries and managers and experts from; Ministries of Health, Ministries of Finance and Economics Parliamentarians members of the health and food security commissions, Ministries of Agriculture, food security and agriculture sectors and Relevant academicians UNICEF Regional Office for Europe and Central Asia has been the lead organizer with the collaboration of UN partners including; FAO Headquarters and Regional Office for Europe and Central Asia; UNSCN (United Nation Standing Committee on Nutrition), World Health Organization Offices in Moscow and World Health Organization European Regional Office, and the WHO PHC office in Almaty, WFP Regional Office and the Capacity Development Network in Nutrition in Central and Eastern Europe (CAPNUTRA) based in Serbia.



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Regional Nutrition Capacity
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Central Asia & Caucasus

SYMPOSIUM PROGRAM

Time	Presentation / Title	Presenters name/contacts
Day 1- April 24 th		
Opening session: Welcome, introductory remark, Introductory to the symposium, background to the Partnership Platform Session chaired by UNICEF, and co-chaired by secretariat for the Regional Nutrition Partnership Platform (Kazakhstan Delegation)		
8.00-8.30	Registration and networking	ALL
8.30-10.00	My healthy diet; A group of adolescents speaking up their life stories	A group of adolescents
	Opening address (10 minutes each): Regional Offices; UNICEF	Kazakhstan Government; MOH of Host country UNICEF Deputy Regional Director for Europe and Central Asia WHO/ FAO/WFP Regional Representatives
10.00-10.30	Overview of children nutrition in the region the trends and the perspective	Amirhossein Yarparvar, Regional Health and Nutrition Specialist, UNICEF Regional Office for Europe and Central Asia, Almaty Bureau, Kazakhstan
	Regional Nutrition Capacity Development and Partnership Platform and introduction to the symposium	
Sustainable food systems and Economical returns for investment on nutrition, why to invest on child nutrition in the framework of Food systems		
10.30-11.00	Global governance for nutrition: commitments, policies, impact-The UN decade of action on nutrition	Stineke Oenema, Coordinator United Nations System Standing Committee on Nutrition (UNSCN)
	Return on investment on nutrition: investment in food systems and best buys	Stineke Oenema, Coordinator United Nations System Standing Committee on Nutrition (UNSCN)
11.00- 11.15	Food systems for improved nutrition	Keigo Obara, Food Security Officer, FAO Sub-regional Office for Central Asia, Ankara



11.15-11.30	Coffee break	
11.30-12.00	Children’s Diet: Food systems for children’s nutrition	Mawuli Sablah, Nutrition Specialist, UNICEF Headquarters
	Innocenti engagement and framework on food systems for children and adolescents	Mawuli Sablah, Nutrition Specialist, UNICEF Headquarters
12.00-12.15	Nutrition governance and food system in <u>Azerbaijan</u> with focus on Cost benefit analysis of Flour fortification	Azerbaijan delegation
12.15-13.00	Q and A	
13.00-14.00	Lunch	
Food Supply Chain Session chaired by FAO and co-chaired by Armenia Delegation/ parliamentarian		
14.00-14.15	Towards nutrition-sensitive agriculture food systems in Eurasia	Anastasia Fabrichnova, Eurasian Center for Food Security (ECFS), Russian Federation
14.15-14.30	WHO Europe’s work to improve food environments	Kremlin Wickramasinghe, WHO European Office for Prevention and Control of Non-communicable Diseases
14.30-14.45	Industrial produced trans-fat in popular foods in 15 countries of the former Soviet Union: time to remove a metabolic poison from the food	Steen Stender Department of Nutrition, Exercise and Sports (NEXS), University of Copenhagen
14.45-15.00	Nutrition labeling is a main strategy for Nutrition policies. Presentation of the Global Action network on nutrition labeling	Michel CHAULIAC Program National Nutrition Santé, Ministry of Health and Social Affairs, France
15.00-15.15	Nutrition governance and food system in <u>Kazakhstan</u> - nutrition sensitive diversification of food production systems for improved access to safer, healthier and nutritious diet through the life cycle	Kazakhstan delegation
15.15-15.30	Q and A	
15.30-15.45	Coffee break	



The External Food environment

Session chaired by WHO and co-chaired by Azerbaijan Delegation/ parliamentarian

15.45-16.00	Tackling the inappropriate Marketing of Foods for Infants and Young Children: from guidance to implementation in countries	Joao Breda, Head, WHO European Office for Prevention and Control of Noncommunicable Disease
16.00-16.15	Marketing of unhealthy food for children in Europe	Bernadette Gutmann UNICEF
16.15-16.30	How to improve the preschool & school food environment: European overview and country experiences	Michel Chauliac Program National Nutrition Santé, Ministry of Health and Social Affairs ,France
16.30-16.45	Q and A	
16.45-17.15	Innovations in Nutrition and Food systems by generation unlimited (young students) Innovative project in addressing the double-burden of malnutrition; <ul style="list-style-type: none"> - Child obesity (15 min presentation) - Kokozhe project (15 min presentation) - 15 min Q and A 	Postgraduate students from IT University in Almaty - UNICEF Innovation Lab in Kazakhstan
17.15-17.30	Wrap of the day one Economically why is it important to invest on nutrition; How comprehensive framework of food systems can sustainably improve the diets of children and adolescents	Stineke Oenema, Coordinator United Nations System Standing Committee on Nutrition (UNSCN)



Day 2- April 25th 2019

Personal food environment

Session chaired by WFP and co-chaired by Georgia Delegation/ parliamentary

9.00-9.15	Nutrition governance and food system in <u>Armenia</u> with focus on the Social Protection in Improving Food Security and Nutrition in Armenia,	Armenian Delegation
9.15-9.30	Integrated approach to the projects of the Russian Federation on school nutrition system'	Anastasia Sycheva, Department for International financial relations, Ministry of Finance, Russian Federation
9.30-9.45	Evidence on the Impact of School Food and Nutrition Education	Melissa Vargas, Nutrition Education Consultant, FAO Nutrition and Food Systems Division
9.45-10.00	Supporting schools in improving their capacities for school gardening towards improved nutrition education - knowledge and practices	Aitbek Ajibekov, Agri-food expert from the Ministry of Agriculture, Food Industry and Melioration, Kyrgyzstan
10.00-10.15	Behavior change for Improved Nutrition: Lessons from the USAID Spring in the Kyrgyz Republic	Nora Madrigal, Health and Education Office Director U.S. Agency for International Development, Kyrgyz Republic
10.15-10.30	Q and A	
10.30-10.45	Coffee break	

Improving nutrition governance and accountability - Creating the enabling environment towards optimal nutrition outcomes

Session chaired by UNICEF and co-chaired by Turkmenistan delegation

10.45-11.00	The nutrition governance and accountability of states	Joao Breda, Head, WHO European Office for Prevention and Control of Noncommunicable Disease
11.00-11.30	Nutrition governance and food system and Scale Up Nutrition: - Experience from Tajikistan - Experience from Kyrgyzstan	Tajikistan and Kyrgyzstan Delegation
11.30-11.45	Nutrition governance and food system in <u>Turkmenistan</u> with focus on National nutrition strategic plans	Turkmenistan delegation
11.45-12.00	Q and A	

The nutrition governance; Data and its utilization

Session chaired by UNICEF and co-chaired by Turkmenistan delegation

12.00-12.15	Harmonized food consumption data collection- EU Menu project	Sofia Ioannidou, Scientific Officer, Evidence Management Unit (DATA), European Food Safety Authority (EFSA), Parma, Italy
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12.15-12.30	Nutrition governance and food system in <u>Uzbekistan</u> with focus on lessons learned on <u>micronutrient survey</u>	Uzbekistan Delegation
12:30-12.45	Nutrition governance and food system in <u>Georgia</u> with focus on lessons learned on national <u>nutrition surveillance system</u>	Georgia Delegation
12:45-13.00	Q and A	
13.00-13 :45	Lunch	
13.45- 14.00	Summary of the Regional overview of Food System elements in Central Asia and Caucasus Versus Central and South Eastern Europe (CSEE)	Amirhossein Yarpavar - UNICEF Regional Office for Europe and Central Asia, Almaty Bureau, Almaty, Kazakhstan Mirjana Gurinovic, Centre of Research Excellence in Nutrition and Metabolism, National Institute for Medical Research, University of Belgrade, CAPNUTRA, Belgrade, Serbia
14:00-14.15	Strengthening nutrition action at the country level	Joao Breda, Head, WHO European Office for Prevention and Control of Noncommunicable Disease
Working group; discuss about major gaps under each element to sustain healthy diets for children and adolescent in Central Asia and Caucasus Coffee break – During the working group Session chaired by Mirjana Gurinovic and co-chaired by Uzbekistan Delegation		
14.15-15.30	<input type="checkbox"/> Food Supply Chain <input type="checkbox"/> The External Food environment <input type="checkbox"/> Children's Diet <input type="checkbox"/> The personal food environment <input type="checkbox"/> The nutrition governance and accountability of states	5 groups for 5 pillars and presentation at plenary by each group
15.30-16.45	Presentation at plenary by each working group (10 minutes per group) Q and A	The rapporteur of each group
16.45.17.15	Discussion & conclusions and priority main key messages for Central Asia and Caucasus	
17.30-18.30	After session Introducing the Guidance on Integration of Nutrition in United Nations Development Assistance Framework (UNDAF) participants <input type="checkbox"/> Participants from UN agencies from 8 countries	



	<p>□ National Nutrition managers, Agriculture experts and experts from ministries of finance of 8 countries Regional UN team</p> <p>Chaired by Stineke Oenema, and Tajikistan Delegation co-chairing</p>
14:00-17:00 for children, parents and communication team	<p>Parallel session with children and adolescents</p> <p>Afternoon block of day 2 (3 hours) two simultaneous Focused Group Discussions:</p> <ol style="list-style-type: none"> 1) A group of 7-10 adolescents 2) A group of 7-10 mothers and their younger children to capture: <ol style="list-style-type: none"> a. Their definition of healthy diet b. The barriers they face at home, schools, and environment which negatively affect their healthy diet c. What are they expecting from policy makers to change to help them having a healthier diet <p>Parallel session chaired by Dinara Saliyeva, UNICEF Communication team</p>
19.00–22.00	RECEPTION FOR ALL PARTICIPANTS, PLEASE COME TO HALL SARYARKA 3 SHARP AT 19:00



Day 3 - April 26th: 2nd coordination meeting of the Regional Nutrition Capacity Development and Partnership Platform- Two-year plan of action

9.00-9.15	Updates on the Work Plan of the Platform, status and opening of two relevant panels to agree on priority areas of action for 2019	Amirhossein Yarpavar, Regional Health and Nutrition Specialist, UNICEF Regional Office for Europe and Central Asia, Almaty Bureau, Almaty, Kazakhstan
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Panel

A skilled workforce: key to delivering the Decade of Action on Nutrition- what is the minimum specialized workforce needs to address the double-burden of malnutrition in the region?

Session chaired by Juan Tello WHO European Centre for Primary Health Care, Almaty, WHO Regional Office for Europe

9.15-9.30	Primary health care policy accelerators supporting the Regional Nutrition Capacity Development and Partnership Platform	Juan Tello, WHO European Centre for Primary Health Care, Almaty, WHO Regional Office for Europe
9.30-9.45	Specialized workforce Nutrition education- minimum essential for developing countries	Barrie Margetts, University of Southampton, United Kingdom (through Skype)
9.45-10.00	Essential academic competencies and partnerships for Sustainable Food Systems for Healthy Diets	Patrick Kolsteren Department of Food Safety and Food Quality, University of Gent, Gent, Belgium
10.00-10.45	Competency based education in Nutrition	Nasrin Omidvar Department of Community Nutrition Shahid Behehshti University of Medical Sciences, Tehran, Iran
10:45-11.00	Q and A, discussion and consensus building; Nutrition education in Central Asia and Caucasus, priority actions for the RNPP	ALL
11:00-11.15	Coffee break	



Panel Evidenced based Food Based Dietary Guidelines - Towards a sub-regional evidence based FBDG in Central Asia Session chaired by Mirjana Gurinovic and Stineke Oenema, Coordinator United Nations System Standing Committee on Nutrition (UNSCN)		
11:15-11.30	Supporting countries in the development and implementation of FBDGs	Ana Islas Ramos, Nutrition Officer, FAO Nutrition and Food Systems Division (through Skype)
11:30-12.00	Evidenced based Food Based Dietary Guidelines - why and how?	Mikael Fogelholm University of Helsinki, Finland (through Skype)
12:00-12.15	Harmonization of food consumption collection and dietary intake surveys methodology for monitoring, evaluation and evidence-based nutrition policy making in Serbia and Balkan region	Mirjana Gurinovic, Centre of Research Excellence in Nutrition and Metabolism, National Institute for Medical Research, University of Belgrade, CAPNUTRA, Belgrade, Serbia
12:15-12.30	FBDG, the experience from Iran	Nasrin Omidvar Department of Community Nutrition Shahid – Behehshti University of Medical Sciences, Tehran, Iran
12:30-12:45	Discussion and consensus building; Regional Evidence Based FBDGs for Central Asia and for Caucasus? Consensus building? Priority action points? Q and A	ALL
12:45-13:45	Lunch	
13:45-14:15	Coordination of the Regional Nutrition Capacity Development and partnership Platform, Next steps Q and A	All members Session chaired by UNICEF, and secretariat for the Regional Nutrition Partnership Platform (Kazakhstan Delegation) co-chairing
14:15-14:45	Adolescents and mothers debriefing on the Focused Group Discussions Q and A	Adolescents and mothers facilitated by communication team
14:45-15:45	Closing remarks	<input type="checkbox"/> Kazakhstan Government <input type="checkbox"/> Representative of the parliamentarians from the countries <input type="checkbox"/> WHO/ FAO/WFP Regional Representatives <input type="checkbox"/> UNICEF Regional Representative



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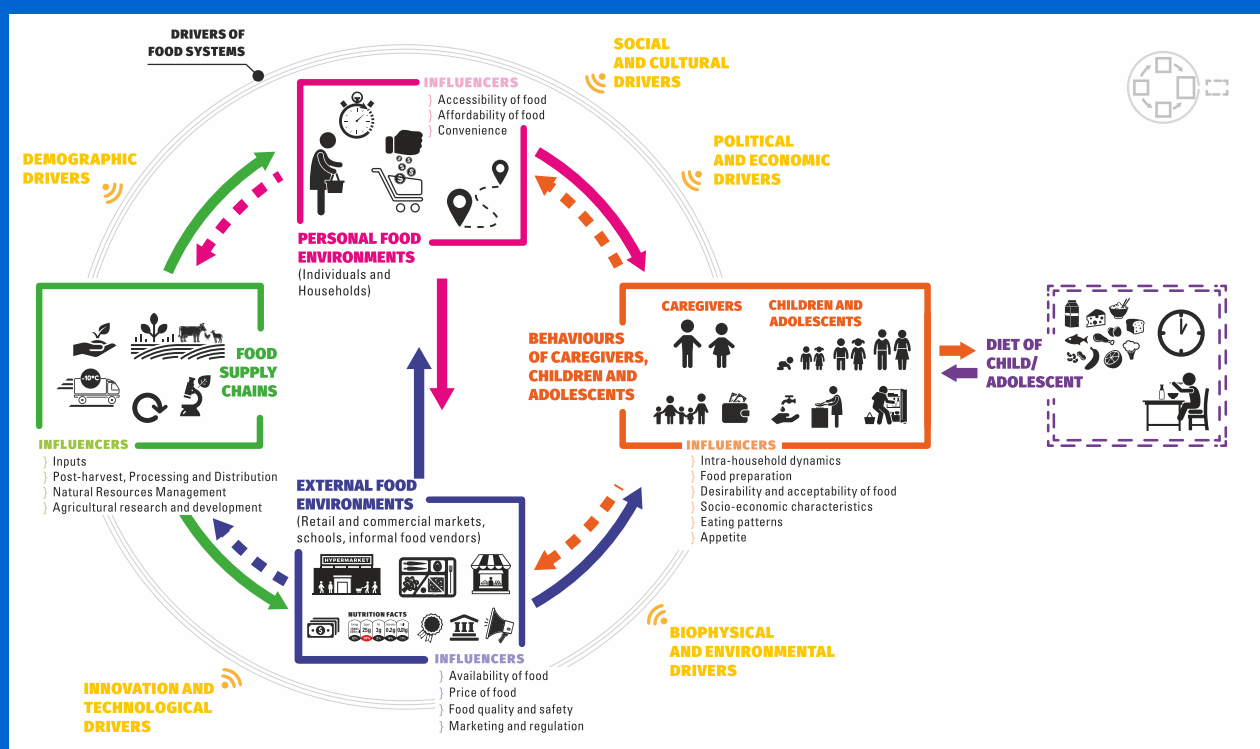
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The Innocenti Framework on Food Systems for Children and Adolescents



The Innocenti Framework on Food Systems for Children and Adolescents.²

UNITED NATIONS DECADE OF
ACTION ON NUTRITION



2016-2025