



Ms. Harriet Kuhnlein

Harriet Kuhnlein is a nutritionist based with the Centre for Indigenous Peoples' Nutrition and Environment (CINE) at McGill University, Montreal. Her research with Indigenous Peoples spanning more than 35 years is participatory, and includes many cultures of Indigenous Peoples in various parts of the world. Recent publications engage twelve diverse cultures of Indigenous Peoples and have the overall intent to provide evidence that biodiversity inherent in traditional food resources of Indigenous Peoples foster food security and good health. These local food systems can form the basis of health promotion actions and contribute to poverty reduction; they should be environmentally protected.