

IN 2026/03

Dear Members,

We are sharing with you the FAO Administrative Circular 2026/02 dated 6 February 2026 on the 2026 Monthly Premiums Rates for BMIP/MMBP Insurance Plan.

This Administrative Circular advises staff members and retirees covered under the Basic Medical Insurance Plan (BMIP) and the voluntary Major Medical Benefits Plan (MMBP) of the updated monthly premium rates effective 1 January 2026.

In the FAO Advisory Committee on Medical Coverage (FAC/MC), on which FFOA is represented, we were informed that throughout 2025, both the BMIP and MMBP plans experienced higher claims, reflecting rising healthcare costs, some enhanced benefits and FAO-specific demographic trends.

As a result, and in accordance with the renewal clause in the contract with Cigna, the FAC/MC recommended increases in the 2026 BMIP and MMBP monthly premium rates, as well as an increase in the deductible for MMBP to EUR 340 / USD 450 to avoid larger increases in the MMBP premiums. The recommendations were approved by the Director General.

For any questions and/or clarification, please contact us at the FFOA office.

Keep healthy.

FFOA Secretariat