

CFS

COMMITTEE ON
WORLD FOOD
SECURITY

CFS 52

21-25 OCTOBER 2024

Side Event



CFS 52 SIDE EVENT

Uptake of the CFS policy recommendations on food security and nutrition (FSN) data – where do we stand?

22 October 2024 (13:30 – 14:45 CET)

Red Room and online

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Updates on the work on healthy diets to implement the CFS policy recommendations on data

Chika Hayashi

Senior Advisor, Monitoring and
Statistics

Chief, Nutrition Data Unit

Division of Data, Analytics, Planning
and Monitoring, UNICEF

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OVERVIEW

Addressing CFS Policy Recommendations

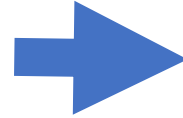
1. CREATE GREATER
AWARENESS AND DEMAND FOR
BETTER USE OF FSN DATA IN
DECISION-MAKING

2. INCREASE AND OPTIMIZE
INVESTMENT IN THE
COLLECTION, ANALYSIS AND
ENHANCEMENT OF FSN DATA

3. DEVELOP CAPACITIES,
INFRASTRUCTURE AND
TECHNOLOGIES

4. COLLABORATION ON
HARMONIZATION AND SHARING
OF FSN DATA

5. STRENGTHEN FSN DATA
GOVERNANCE FRAMEWORKS



- **Healthy Diets Monitoring Initiative**



- **Proposing a diet indicator for the
SDGs in the 2025 Comprehensive
Review**

What is the Healthy Diets Monitoring Initiative?

The Global Challenge

Unhealthy diets have a widespread impact on people living in low-, middle-, and high-income countries. Many people continue to be undernourished, at the same time more people are becoming overweight or obese.

Problems

- ❖ While progress has been made in **dietary data**, **noticeable gaps remain**.
- ❖ Existing data often **lacks crucial trend information**.
- ❖ **Consensus** on the definition of healthy diets and measurement methods **is unclear**.



What is the Healthy Diets Monitoring Initiative?

The Response

FAO, UNICEF & WHO established the **Healthy Diets Monitoring Initiative** (2022) to:

- ❖ **Synthesize evidence and understand national diet information needs**
 - **Build consensus** on properties, methods, measures, and indicators best suited for diverse monitoring purposes.
- ❖ **Develop and disseminate guidance** to countries for monitoring healthy diets
 - **Support countries** to integrate and utilize these measures and indicators within their national data systems.
- ❖ **Advocate** for the collection of dietary data and for valid healthy diet metrics in global commitment frameworks



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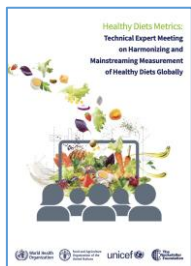
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Healthy Diets Monitoring Initiative Timeline



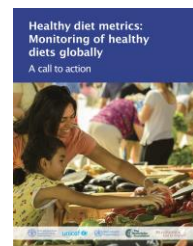
**HDMI
established**
Technical
Consultation on
Measuring Healthy
Diets

2022



Healthy Diet Metrics:
a suitability
assessment of
indicators for global
and national
monitoring purposes

2023



**Healthy Diet
Metrics:**
Monitoring of
healthy diets
globally: A call to
action



**Guidance for
monitoring
healthy diets
globally:
Version 1**

2024



Country Engagement Strategy, 2024

4 regional level consultations to co-create with countries: national statistics offices; ministries of health, agriculture and other line ministries; data experts

3 regional consultations completed



2025

**Guidance for monitoring
healthy diets globally:
Version 2**

Expert stakeholder consultation
Dissemination for supporting uptake

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Proposing a diet indicator for the SDGs

Why do we need diets reflected in SDGs?

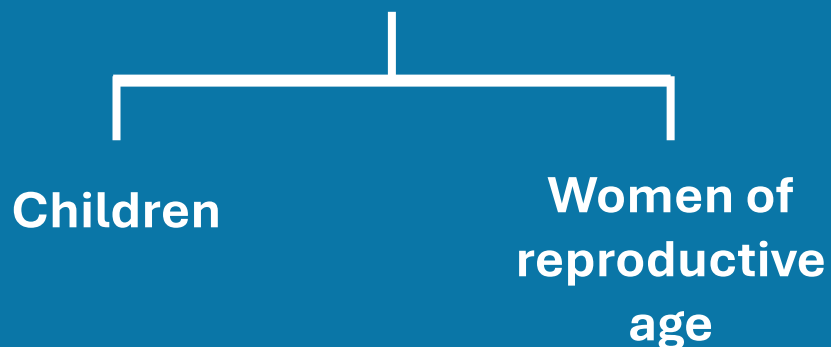
- 1 in 5 deaths globally – equivalent to 10.9 million deaths – associated with poor diets and diet-related chronic diseases.
- Healthy diets are fundamental to SDG Goal 2 – ending malnutrition in all its forms.
- Unhealthy diets – a major driver of overweight and obesity.



Yet, diets
are not
captured
by any
indicator
in the
current
SDG
framework

Indicator proposal for addition to SDGs

Minimum dietary diversity (MDD)



Indicator is well-established, validated and internationally agreed upon.

Part of monitoring and evaluation to inform policies and programs in many countries.

- Data on MDD-children available for 110 countries and MDD-women will be available for 92 countries by the end of 2024.

*Adding diet
diversity
as an SDG target
fills a critical gap
and allows
countries to
monitor their
progress on
healthy diets and
improve health
and other
outcomes.*

Proposing a diet indicator for the SDGs:

Timeline and progress

April 30, 2024

Proposal to add minimum dietary diversity as an SDG target submitted to Secretariat.

September – November 2024

At the 15th IAEG-SDG meeting, the IAEG-SDG Working Group will review the draft proposal of indicator changes to be included in the 2025 Comprehensive Review. **(Ongoing)**

July – August 2024

Proposal was open for public comment.

- ***Proposal received highest engagement.***
- ***Comments highlighted usefulness of the indicator to monitor diets of vulnerable groups.***

December 2024

The Group will prepare the final proposal for the 2025 review and submit it to the Commission for its consideration at the fifty-sixth session in **March 2025.**

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Thank You



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