Nutrition Education in Primary Schools
A PLANNING GUIDE FOR CURRICULUM DEVELOPMENT

Vol. 2: The Activities
COMPLETE DISPLAY DIAGRAM

**PRINCIPLES, CONCEPTS, GOALS AND OBJECTIVES**

- The WHO definition of health
- Key messages
- Goals and objectives
- Nutrition literacy

**WHAT NEEDS DOING**

- The local dimension
- Objectives for the classroom curriculum
- Priority needs for the classroom curriculum
- Objectives for the school environment
- Priority needs for the school environment
- Other needs

**HOW TO DO IT**

- Change management
- Links with the family
- Family approaches
- Links with the community
- Community resources and approaches
- Classroom approaches
- Strategies for good nutrition education

**PLANS FOR ACTION**

- Classroom programme for nutrition education
- Whole-school activities on nutrition issues
- Agenda for discussion

Objectives and action plans